

Personal Protective Equipment



BC Centre for Disease Control
Provincial Health Services Authority

Put on Personal Protective Equipment (PPE) in this order

If a specific type of Personal Protective Equipment (PPE) will not be used, skip to the next step.

Make sure there is no damage on PPE (e.g., rips and tears).

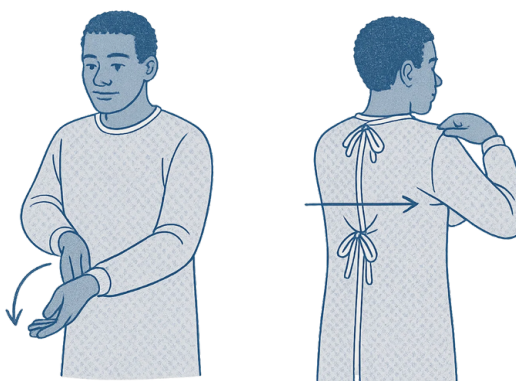
1. Clean your hands

Use hand sanitizer or soap and water



2. Put on the gown

Pull on the gown from the front and tie the ties.



3. Put on the mask

Pull the mask down under your chin. Press down the metal nose bridge.



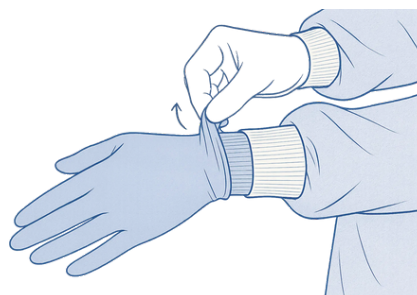
4. Put on eye protection

Use the straps to put on face-shield or goggles over your eyes.



5. Put on the gloves

Extend gloves to cover the cuffs of the gown.



Personal Protective Equipment

Take off Personal Protective Equipment (PPE) in this order

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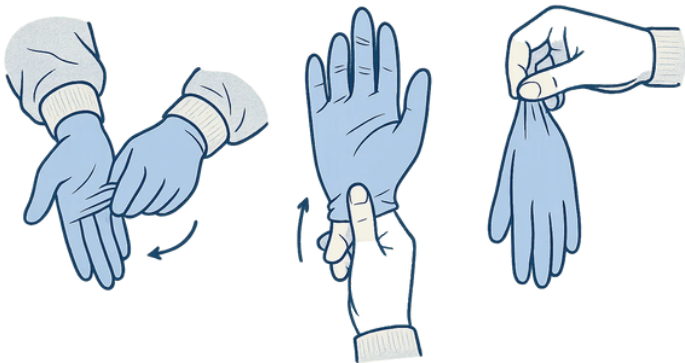
Clean your hands after each step

Use hand sanitizer or soap and water



1. Take off gloves

- 1st glove: Pinch the glove and peel away from the hand.
- 2nd glove: Insert one or two fingers under the cuff. Peel away from the inside out.
- Throw in bin.
- Clean your hands.



2. Take off gown

- Undo neck ties, undo back or waist ties.
- Touching only the inside of the gown, pull gown away from neck and shoulders.
- Turn gown inside out and roll into a bundle.
- Launder (if reusable) or discard (if disposable).
- Clean your hands.



3. Take off eye protection

- Grasp the straps slightly upwards and then away from head and face.
- Clean your hands.



4. Take off mask

- Without touching the front, gently remove the mask from behind by holding both ear loops or ties.
- Throw in bin
- Clean your hands.

