



# Vaccines during pregnancy

Vaccination during pregnancy helps keep both you and your baby healthy and safe.

## How vaccines protect you and your baby

Getting vaccinated during pregnancy helps protect you from serious diseases like influenza (flu) and COVID-19. Pregnant people are more likely to get very sick and need hospitalization from these diseases compared to those who are not pregnant.

Vaccination also helps protect your baby after birth. The antibodies your body makes in response to the vaccine pass to your baby, helping protect them from serious diseases like the flu, COVID-19, pertussis (whooping cough), and RSV (respiratory syncytial virus) during the first months of life when they are most at risk.

### Vaccine safety

The Tdap, inactivated flu, COVID-19, and RSV (ABRYSV0™) vaccines are safe to receive during pregnancy.

## Vaccines for pregnant people

If you're pregnant, it's recommended that you get the **Tdap** (tetanus, diphtheria, pertussis), **flu**, and **COVID-19** vaccines. Talk to your health care provider about **RSV** immunization and any other vaccines you might need.

### Tdap vaccine

The Tdap vaccine protects your baby from pertussis, which can be dangerous and even life-threatening for newborns. It's recommended during every pregnancy, ideally between 27 and 32 weeks.

### Flu vaccine

The flu can cause serious illness in both pregnant people and babies. The inactivated flu vaccine helps protect you and your baby during pregnancy and after birth. It's safe at any point during pregnancy, but it's best to get it as soon as it's available.

### COVID-19 vaccine

COVID-19 can cause severe illness in both pregnant people and babies. The COVID-19 vaccine helps protect you and your baby during pregnancy and after birth. It's safe at any point during pregnancy. Talk to your health care provider about the best timing.

### RSV immunization

RSV can cause serious illness in babies. Two products help protect them: the RSV vaccine (ABRYSV0™), given between 32 weeks and the end of 36 weeks of pregnancy, and an RSV antibody (Nirsevimab), given directly to babies by injection. Both are given just before or during RSV season. Talk to your health care provider for more information.

### Other vaccines

Talk to your health care provider to find out if you need other vaccines based on your health, travel plans, or other factors.



### Did you know?

When you get vaccinated during pregnancy, you pass protective antibodies to your baby that help protect them from those diseases after birth.



## Your baby's vaccines

Your baby's first vaccines are given at 2 months. Getting all the recommended vaccines on time gives your baby the best protection against many serious diseases.



Visit [healthlinkbc.ca/immunizations](https://healthlinkbc.ca/immunizations) to see the immunization schedule for infants and young children.

## Household vaccinations matter

Make sure everyone in your household is up to date on vaccines. This helps prevent the spread of disease and helps protect you and your baby.

## Where to get vaccinated



### Flu and COVID-19 vaccines:

Book online at [getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca). These vaccines are free.

### Tdap vaccine:

Available for free at pharmacies and other immunization providers.

### RSV immunization:

The pregnancy vaccine (ABRYSV0™) and the antibody for babies (Nirsevimab) are available for purchase at select pharmacies. Nirsevimab is free for some babies at high risk.



## Find your immunization record



Visit Health Gateway:  
[healthgateway.gov.bc.ca](https://healthgateway.gov.bc.ca)



## For more information

- Talk to your health care provider
- Visit [healthlinkbc.ca/immunizations](https://healthlinkbc.ca/immunizations)
- Visit [vaccinesinpregnancycanada.ca](https://vaccinesinpregnancycanada.ca)



BC Centre for Disease Control  
Provincial Health Services Authority

Find vaccine information in multiple languages at  
[healthlinkbc.ca/translated-resources](https://healthlinkbc.ca/translated-resources)

简体中文 (Simplified Chinese),  
繁體中文 (Traditional Chinese), فارسی (Farsi),  
한국어 (Korean), ਪੰਜਾਬੀ (Punjabi), and more.