

Is your child starting kindergarten?

Vaccines help keep your child healthy and safe.

### Why vaccinate

- Vaccines protect your child from serious diseases that can cause long-term health problems or even death.
- By vaccinating, you help protect your entire community—including those who can't be vaccinated—by reducing the spread of disease.
- If someone at your child's school gets a vaccine-preventable disease and your child isn't vaccinated, your child may need to stay home until it's safe to return. This could mean missing several days or even weeks of school. Staying home helps keep your child and others safe.
- Vaccines are a safe and effective way to protect your child and your community.

## Make the experience easier

Help your child feel more comfortable during vaccinations. Find tips at healthlinkbc.ca/ immunizations

#### Vaccines for your child

Starting at age 4 (kindergarten entry), it's recommended that your child gets 2 vaccines:

- **Tdap-IPV vaccine:** Protects against tetanus, diphtheria, pertussis (whooping cough), and polio.
- MMRV vaccine: Protects against measles, mumps, rubella, and varicella (chickenpox).



If your child has missed any vaccines, now's a great time to catch up. You can find the full immunization schedule at healthlinkbc.ca/immunizations

Routine vaccines are free.

#### When and where to get vaccinated

Kindergarten vaccine clinics may be offered before school starts or during the school year, depending on where you live.

For information on clinics in your area, contact your local:

- Public health unit
- Community health centre
- Primary care clinic
- Nursing station



Get the contact details for these locations at <a href="https://healthlinkbc.ca/find-care/find-health-services">healthlinkbc.ca/find-care/find-health-services</a>

Some family doctors, nurse practitioners, and pharmacists also provide vaccines.





#### Keep your child's immunization record up to date



Make sure your child's immunization record is current in the provincial registry. You can access it at <a href="https://healthgateway.gov.bc.ca">healthgateway.gov.bc.ca</a>



If their record is missing or not up to date, you can submit the updated information online at immunizationrecord.gov.bc.ca

# Where to learn more

Visit <a href="healthlinkbc.ca/immunizations">healthlinkbc.ca/immunizations</a> or contact:

- Your local health unit, community health centre, primary care clinic, or nursing station to speak with a nurse
- Your family doctor or nurse practitioner
- HealthLinkBC by calling 8-1-1





Find vaccine information in multiple languages at healthlinkbc.ca/translated-resources

简体中文 (Simplified Chinese), 繁體中文 (Traditional Chinese), فارسى (Farsi), 한국어 (Korean), ਪੰਜਾਬੀ (Punjabi), and more.