



Why vaccinate

- Vaccines protect your baby from many serious diseases like measles, polio, and pertussis (whooping cough). These diseases can cause long-term health problems or even death.
- Vaccinating also helps protect your whole community, including people who can't be vaccinated, by reducing the spread of disease.
- Vaccines are a safe and effective way to protect your baby and your community.



Keep track of immunizations

Store your baby's records in a safe place. You can also access it online at: healthgateway.gov.bc.ca



Get the facts

For reliable vaccine information, visit trusted sources like healthlinkbc.ca or speak with your doctor or nurse.



Where to learn more

Visit healthlinkbc.ca/immunizations or contact:

- Your local health unit, community health centre, primary care clinic, or nursing station to speak with a nurse
- Your family doctor or nurse practitioner
- HealthLinkBC by calling 8-1-1



Planning to travel?

Your child may need additional vaccines. Talk to your health care provider or visit a travel clinic before you go.



Find vaccine information in multiple languages at healthlinkbc.ca/translated-resources

简体中文 (Simplified Chinese),
繁體中文 (Traditional Chinese), فارسی (Farsi),
한국어 (Korean), ਪੰਜਾਬੀ (Punjabi), and more.

Vaccines for your baby



Vaccines are the best way to protect your baby from many serious diseases and help them stay healthy.



BC Centre for Disease Control
Provincial Health Services Authority

When to vaccinate

Your baby will be offered routine vaccines at:

- ✓ 2 months
- ✓ 4 months
- ✓ 6 months
- ✓ 12 months
- ✓ 18 months

Starting at 6 months, your baby also needs an influenza (flu) vaccine every year.

They will get additional vaccines between 4–6 years and later in school.

For the full immunization schedule, visit healthlinkbc.ca/immunizations



Routine vaccines are **free**

Book your baby's appointment today!

Nurses provide routine vaccines to babies and children at:

- Public health units
- Community health centres
- Primary care clinics
- Nursing stations



Get the contact details for these locations at:
[healthlinkbc.ca/find-care/
find-health-services](https://healthlinkbc.ca/find-care/find-health-services)

Some family doctors and nurse practitioners also provide vaccines.

Why it's important to follow the schedule

- The immunization schedule is designed by experts to be safe and effective.
- Vaccines are given early to protect your baby when they're most at risk and before they're exposed to serious diseases.
- Delaying or skipping vaccines leaves your baby unprotected when they need it the most.
- Following the schedule helps protect your baby and others.



Have a positive experience

There are many things you can do to make the immunization experience easier for you and your baby. Find helpful tips at healthlinkbc.ca/immunizations