

PREVENT MEASLES



Measles cases are rising worldwide.



Check your immunization records and make sure your family is protected against measles, especially if travelling.

Children need 2 doses of the measles, mumps, rubella (MMR) vaccine:

- **1st dose: 12 months** • **2nd dose: 4-6 years**

Babies and young children may need their 1st or 2nd dose early if travelling to areas where measles is spreading.



Anyone born in 1970 or later should make sure they've had 2 doses of the measles vaccine.



For more information:

- Talk to your health care provider
- Visit healthlinkbc.ca/mmr vaccine



BC Centre for Disease Control
Provincial Health Services Authority