Respiratory virus activity in BC:

Weekly summary – November 5, 2026

BC Centre for Disease Control
Provincial Health Services Authority

Reporting period: October 25-31, 2026 (Epi-week 43)

Current respiratory activity is measured in consideration of recent past respiratory seasons.

Influenza activity is moderate; COVID-19 is low-to-moderate; RSV remains low.

Influenza	Respiratory syncytial virus (RSV)
Influenza test positivity is at moderate levels. Wastewater levels are low-to-moderate.	RSV test positivity remains low. Wastewater levels are stable and low.
COVID-19	**Health care visits**
SARS-CoV-2 test positivity is at low-to-moderate levels. Wastewater levels at moderate-to-high levels for most sites. Hospital admissions have remained low.	The proportions of emergency department and primary care visits for respiratory illness remain at low levels.

National and international context

Influenza

- In Canada, indicators of influenza activity remain low but were increasing in the most recent reporting week.[1]
- In the USA, seasonal influenza activity remains low nationally but is increasing in many parts of the country.[2]
- In the European Union/European Economic Area (EU/EEA), influenza activity is at baseline or low levels overall. Countries are reporting detections in primary and secondary care, with most secondary care detections among adults aged over 65 years.[3]

RSV

- In Canada, indicators of RSV activity are stable at very low levels in the most recent reporting week.[1]

[1] Canadian Respiratory Virus Surveillance Report, https://health-infobase.canada.ca/respiratory-virus-surveillance/. Last updated on October 30, 2026.
[2] Respiratory Illnesses Data Channel, https://www.cdc.gov/respiratory-viruses/data/index.html. Last updated on October 30, 2026.
[3] European Respiratory Virus Surveillance Summary (ERVISS), https://erviss.org/. Accessed on November 4, 2026.

- In the USA, RSV activity is low in most areas of the country.[2]
- In the EU/EEA, RSV activity is very low.[3]

COVID-19

- In Canada, indicators of COVID-19 activity were low and increasing in the most recent reporting week.[1]
- In the USA, COVID-19 activity is declining nationally.[2]
- In the EU/EEA, several countries reported SARS-CoV-2 test positivity above 5% (mostly primary care, but a couple from secondary care) and there have been increases in the number of detections.[3]

[1] Canadian Respiratory Virus Surveillance Report, https://health-infobase.canada.ca/respiratory-virus-surveillance/. Last updated on October 30, 2026.
[2] Respiratory Illnesses Data Channel, https://www.cdc.gov/respiratory-viruses/data/index.html. Last updated on October 30, 2026.
[3] European Respiratory Virus Surveillance Summary (ERVISS), https://erviss.org/. Accessed on November 4, 2026.