

Respiratory virus activity in BC:

Weekly summary – October 8, 2026

Reporting period: September 27 – October 3, 2026 (Epi-week 39)

Current respiratory activity is measured in consideration of recent past respiratory seasons.

Influenza activity is moderate; COVID-19 is low-to-moderate; RSV remains low.

Influenza

Influenza test positivity has increased to moderate levels in recent weeks. Wastewater levels have increased in some sites.

Respiratory syncytial virus (RSV)

RSV test positivity remains low. Wastewater levels are stable and low.

COVID-19

SARS-CoV-2 test positivity has increased to low-to-moderate levels in recent weeks. Wastewater levels continue to increase in many sites and are at moderate levels. Hospital admissions have increased but remain low.

Health care visits

The proportions of emergency department and primary care visits for respiratory illness continue to increase but are at low levels.

National and international context

Influenza

- In Canada, indicators of influenza activity were low and either increasing or stable in the most recent reporting week.¹
- In the USA, seasonal influenza activity is low but is increasing.²
- In the European Union/European Economic Area (EU/EEA), influenza activity is at baseline levels overall, with only a few countries reporting detections in primary or secondary care.³

RSV

- In Canada, indicators of RSV activity were stable at inter-seasonal levels in the most recent reporting week.¹

¹ Canadian Respiratory Virus Surveillance Report, <https://health-infobase.canada.ca/respiratory-virus-surveillance/>. Last updated on October 2, 2026.

² Respiratory Illnesses Data Channel, <https://www.cdc.gov/respiratory-viruses/data/index.html>. Last updated on October 2, 2026.

³ European Respiratory Virus Surveillance Summary (ERVISS), <https://erviss.org/>. Accessed on October 7, 2026.

- In the USA, RSV activity is very low in most areas of the country.²
- In the EU/EEA, RSV activity is low and at expected inter-seasonal levels.³

COVID-19

- In Canada, indicators of COVID-19 activity are low and either increasing or stable.¹
- In the USA, COVID-19 activity remains elevated in some regions but is declining nationally.²
- In the EU/EEA, SARS-CoV-2 activity is increasing slightly in primary care and has also increased in secondary care in comparison to last week.³

¹ Canadian Respiratory Virus Surveillance Report, <https://health-infobase.canada.ca/respiratory-virus-surveillance/>. Last updated on October 2, 2026.

² Respiratory Illnesses Data Channel, <https://www.cdc.gov/respiratory-viruses/data/index.html>. Last updated on October 2, 2026.

³ European Respiratory Virus Surveillance Summary (ERVISS), <https://erviss.org/>. Accessed on October 7, 2026.