

# Do you have measles?

Measles is very contagious and spreads easily.  
You may experience the following symptoms:



Fever or chills



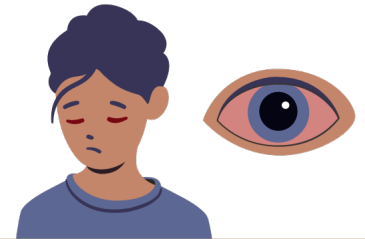
Runny nose



Cough



Rash



Sore red eyes

## If you or a family member **becomes ill**:

- Please stay home and avoid contact with others.
- Consult a health care provider as testing may be needed.
- If you need to visit a health care provider, please call in advance so they can take the necessary steps to ensure you do not pass on the infection to others.

## If you or a family member has **been exposed**:

- Monitor for the above symptoms for three weeks.
- Visit BCCDC's [Measles Exposures and Self-Assessment Tool](#)



**The measles vaccine is a safe and effective way to protect you and your loved ones.**

If you have more questions, call HealthLink BC at 8-1-1.

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