Health Care Worker in PAPR & Gown

Donning Instructions

The Health Care Worker (HCW) must don PPE following checklist instructions by Trained Observer (TO). HCW PPE donning is completed in cold zone. The required PPE for HCW caring for a person suspect or confirmed High Threat Pathogen (HTP) includes:

□ Fluid Impervious Gown	□ Knee High Leg Coverings	□ PAPR and Hood
□ Two pair of extended cuff gloves	□ Apron	□ Surgical / bouffant cap (hair control if needed)

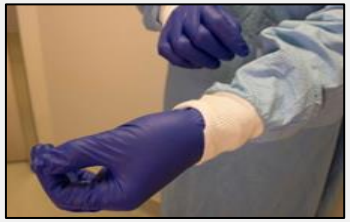
Before donning any PPE:

1. Inspect PPE prior to donning. Replace PPE if defects are found
2. Remove lanyards, watches, jewellery and other personal items. (Personal eyeglasses and own shoes may be worn). Securely tie back hair if applicable
3. Verify that PAPR check has been performed as per Initial PAPR check instructions document.
4. Size harness and insert into gray hood
5. Change into hospital scrubs
6. Do hand hygiene with alcohol-based hand rub (ABHR). Always allow hands to dry before moving to the next step
7. Inspect skin integrity of hands and arms and cover any broken skin
8. Engage the trained observer and repeat instructions back before performing each step

High Threat Pathogen – PPE Donning and Doffing Poster

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1. Put on knee-high fluid impervious leg and foot coverings over own shoes	**2.** Perform hand hygiene with ABHR	**3.** Don optional surgical or bouffant cap	**4**. Put on PAPR against the small of your back, and secure loose ends of the belt with clips
			
5. Reaching behind you, grab the breathing tube and insert into the hole on the hood until you hear a click	**6.** Turn on the PAPR and don PAPR hood	**7.** Don fluid-impervious, long sleeved disposable gown of sufficient length to reach mid-calf	**8.** Perform hand hygiene with hand sanitizer

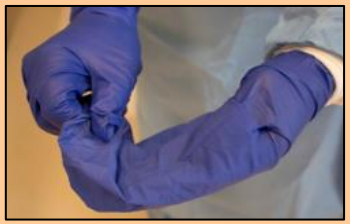
			
9. Don extended cuff inner gloves **under** the cuff of the gown sleeve.	**10**. Don extended cuff outer gloves, pull each glove completely **over** the cuff of the gown sleeve.	**11.** Don apron. Write name and designation on tape to place on front of apron. Don task gloves if needed for patient care	**12.** Confirm with the trained observer that the PPE is on correctly with no gaps that expose skin prior to entering Hot Zone.

Doffing Instructions

HOT ZONE

			
1. Remove apron and 3rd pair of gloves if applicable. Roll apron tightly, dirty side in	**2.** Inspect outer gloves for visible contamination, cuts or tears. If outer glove is cut or torn, notify the **trained observer.** This is a breach	**3.** Wipe outer gloves with one disinfectant wipe per hand, and wait **1 minute**	**4.** Wipe door handle with a new disinfectant wipe and exit the hot zone onto an absorbent mat in the **warm zone**

WARM ZONE

			
1. Step onto absorbent mat with disinfectant (e.g. Accel Intervention)	Doff outer gloves using glove-to-glove technique	**2.** Inspect inner gloves for visible contamination, cuts, or tears. If inner glove is visibly soiled, cut or torn, notify the trained observer. This is a breach	Wipe inner gloves with one disinfectant wipe per hand, and wait **1 minute**

			
3. Doff Gown - **DA** to assist. Untie the side strap, and release the Velcro snap	**DA to Assist**: release the Velcro snap and roll gown forward for the **HCW**.	Continue by pulling gown away from the body, rolling inside out (like a burrito), touching only the inside of the gown. Discard in the infectious waste container	**4. HCW** and **DA** to wipe gloves with one disinfectant wipe per hand, and wait **1 minute**
			
5. Doff PAPR – DA may assist Turn off the PAPR and disconnect the breathing tube from hood	Unbuckle the PAPR belt. The **DA** will place the blower unit in a dirty bin for further reprocessing	**6.** Doff PAPR Hood **DA** to assist hood removal. **HCW** lean forward, eyes closed. **DA** will pull the hood forward into waste container. **HCW do not touch face or hair**	**7.** Removal of knee-high foot covers. **HCW** sit on stool. **DA** pull down avoid contaminating **HCW** scrubs
			

HCW place foot off absorbent pad towards exit	**8. DA** - Wipe inner gloves with one disinfectant wipe per hand, and wait **1 minute**	**9. HCW** doff inner gloves using glove to glove avoiding contamination of bare skin	Perform hand hygiene using hand sanitizer
			
10. Remove bouffant/surgical cap. **Do not touch hair or face**	**11.** Perform hand hygiene using hand sanitizer or soap and water up to elbows	**12.** Perform a final inspection for BBF contamination on hospital scrubs or body	

After leaving Warm Zone:
- HCW may change scrubs
- Perform hand hygiene up to elbows with soap and water up to elbows.

BREACH	HOT Zone	WARM Zone
Outer glove is torn	Wipe with disinfectant wipe, initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Inner glove is torn	NA	• Wipe with disinfectant wipe up to elbows • Doff gloves, perform hand hygiene with ABHR or soap & water (if available) and replace with new gloves • Continue **doffing** process per **checklist**
Gown/ Coverall is torn	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Gown / Coverall has **visible contamination** that is unable to wipe off	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Glove is separated and **skin is exposed**	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Needlestick or puncture of skin – Possible BBF Exposure	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per checklist • **Do not squeeze or milk finger**	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per **checklist** • After exiting **warm zone** and changing scrubs, wash area with soap and water **Do NOT squeeze or milk finger** • Follow regular BBF Exposure process per your health authority
After doffing, there is **visible contamination** of BBF on **scrubs**.	NA	After doffing, but before exiting **warm zone**: • Remove contaminated scrubs (use scissors to cut off a top if that is contaminated) • Wash with soap and water or if not available use ABHR to wipe affected area • Don clean gown • Exit **warm** zone • Shower • Put on new scrubs

Video – *Steps to Don PPE (with PAPR)*	Video – *Steps to Doff PPE (with PAPR)*
QR Code:	QR Code: