Health Care Worker in PAPR & Coveralls

Donning Instructions

The Health Care Worker (HCW) must don PPE following checklist instructions by Trained Observer (TO). HCW PPE donning is completed in cold zone. The required PPE for HCW caring for a person suspect or confirmed High Threat Pathogen (HTP) includes:

□ Coveralls	□ Rubber Boots	□ PAPR and Hood
□ Two pair of extended cuff gloves	□ Apron	□ Surgical / bouffant cap (hair control if needed)

Before donning any PPE:

1. Inspect PPE prior to donning. Replace PPE if defects are found.
2. Verify that PAPR check has been performed as per Initial PAPR check instructions document.
3. Size harness and insert into gray hood.
4. Remove lanyards, watches, jewellery and other personal items. Personal eyeglasses may beworn. Securely tie back hair if applicable.
5. Change into hospital scrubs.
6. Do hand hygiene with alcohol-based hand rub (ABHR). Always allow hands to dry beforemoving to the next step.
7. Inspect skin integrity of hands and arms and cover any broken skin.
8. Engage the trained observer and repeat instructions back before performing each step.

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1. Remove own shoes and put on coveralls up to the waist	**2.** Put on boots with coveralls overtop boots	**3.** Put on the top portion of the coverall and zip up	**4.** Remove the adhesive strip backing starting at the bottom portion of the coveralls
			
5. Seal the coveralls completely	**6.** Seal zipper flap with chemical tape, top to bottom and create a tab at the top	**7**. Ensure belt is snug and the blower unit is secure against the small of your back. Using the clip, secure the loose end of the belt	**8.** Slide the belt of the PAPR through the clasp and secure

			
9. Reaching behind you, grasp the loose end of the breathing tube. Insert fully into the hole on the hood until you hear a click	**10.** Turn on PAPR	**11**. Don PAPR hood ensuring it fully drapes down over shoulders	**12.** Secure grey PAPR hood ties on both left and right side by tying into a bow
			
13. Perform hand hygiene using hand sanitizer	**14.** Put on a pair of inner gloves. They must be **under** the cuff of the sleeve	**15**. Put on outer gloves, pulling each glove **over** top of the cuff of the coverall sleeve	**16**. With **assistance**, wrap chemical tape **1.5 times** around the cuff of outer glove to the coverall cuff and form a tab on the end

		
17. Don 3rd pair of **gloves** and don **apron**. Write name and designation on tape to place on front of apron and back of PAPR hood	**18.** Confirm with the **trained observer** that the PPE is on correctly with no gaps that expose skin or mucous membranes	

Doffing Instructions

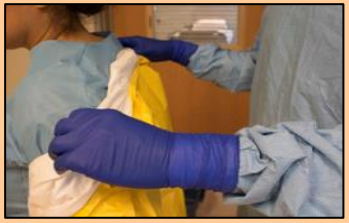
HOT ZONE

			
1. Remove apron and 3rd pair of gloves if applicable. Roll apron tightly, dirty side in	**2.** Inspect outer gloves for visible contamination, cuts or tears. If outer glove is cut or torn, notify the **trained observer**. This is a breach	**3.** Wipe outer gloves and chemical tape with one disinfectant wipe per hand, and wait for **1 minute**	**4.** Clean door handle with a disinfectant wipe and step into **warm zone**

WARM ZONE

			
Step into the shuffle pit with disinfectant (e.g. Accel Intervention and wait **1 minute**	**1.** Step out of the shuffle pit onto the absorbent mat	**2**. Remove tape slowly from cuff of outer gloves, small section at a time. Dispose in the infectious waste container	**3.** Remove outer set of gloves using the glove- to-glove technique. Dispose in the infectious waste container

			
4. Inspect inner gloves for visible contamination, cuts or tears. If inner glove is visibly soiled, cut or torn, notify the trained observer. **This is a breach**	**5.** If no visible contamination, cuts or tears are identified on the inner gloves, wipe with one disinfectant wipe per hand, and wait **1 minute**	**6. DA to assis**t - Untie both left and right PAPR hood ties if present	**7.** Turn off PAPR
			
Disconnect breathing tube from hood.	**8.** Doff PAPR hood - **DA** assist hood removal. **HCW** lean forward, eyes closed.	**DA** will pull the hood forward and off the HCW. **HCW do not touch face or hair.**	**DA** place the hood in the infectious waste container. **DA** must do hand hygiene after touching **HCW** PPE.

		N/A	
9. HCW unbuckle PAPR belt. The **DA** to place the blower unit and hose in a dirty bin.	**10. HCW** and **DA** wipe gloves with one disinfectant wipe per hand, and wait **1 minute.**	**11. Inspect** coveralls for visible contamination cuts or tears. This is a breach.	**12.** Fold chemical tape in small sections from top to bottom. Discard in infectious waste container. Then remove the zipper flap cover in small sections top to bottom.
N/A			
13. Wipe gloves with one disinfectant wipe per hand, and wait **1 minute.**	**14. HCW** unzip and slowly remove the coverall by only touching the outside. Avoid contact of scrubs with outer surface of the coverall.	**DA** may only touch the inside of the coveralls. Roll coverall downward dirty side avoiding outside contacting scrubs.	**DA** roll the coveralls downward and away from you (inside out) until it is below the top of the boot.



15. Step out of the coveralls and boots onto the floor towards the doffing area exit.



16. DA and **HCW** wipe gloves with one disinfectant wipe per hand, and wait **1 minute**



17. HCW remove inner gloves using the glove-to-glove technique and taking care not to contaminate bare hands



Dispose in the infectious waste container



Perform hand hygiene with hand sanitizer or wash hands with soap and water up to elbows



18. Do a final inspection for any contamination of the hospital scrubs or on the body

After leaving Warm Zone:

- HCW may change scrubs
- Perform hand hygiene up to elbows with soap and water up to elbows.

BREACH	HOT Zone	WARM Zone
Outer glove is torn	Wipe with disinfectant wipe, initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Inner glove is torn	NA	• Wipe with disinfectant wipe up to elbows • Doff gloves, perform hand hygiene with ABHR or soap & water (if available) and replace with new gloves • Continue **doffing** process per **checklist**
Gown/ Coverall is torn	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Gown / Coverall has **visible contamination** that is unable to wipe off	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Glove is separated and **skin is exposed**	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Needlestick or puncture of skin – Possible BBF Exposure	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per checklist • **Do not squeeze or milk finger**	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per **checklist** • After exiting **warm zone** and changing scrubs, wash area with soap and water **Do NOT squeeze or milk finger** • Follow regular BBF Exposure process per your health authority
After doffing, there is **visible contamination** of BBF on **scrubs**.	NA	After doffing, but before exiting **warm zone**: • Remove contaminated scrubs (use scissors to cut off a top if that is contaminated) • Wash with soap and water or if not available use ABHR to wipe affected area • Don clean gown • Exit **warm** zone • Shower • Put on new scrubs

Video – *Steps to Don PPE (with PAPR and coveralls)*	Video – *Steps to Doff PPE (with PAPR and coveralls)*
QR Code:	QR Code:
	