Doffing Assistant (DA)

Donning Instructions

The Doffing Assistant (DA) must don PPE following checklist instructions by Trained Observer (TO). DA PPE donning is completed in cold zone.

The required PPE for Doffing Assistant includes:

□ Fluid Impervious Gown	□ Knee High Leg Coverings	□ Face shield
□ Two pair of extended gloves	□ Procedure Mask	□ Surgical / Bouffant cap (if needed)

Before donning PPE:

1. Remove lanyards, watches, jewellery and other personal items. (Personal eyeglasses and own shoes may be worn). Securely tie back hair if applicable.
2. Change into disposable or hospital scrubs.
3. Do hand hygiene with alcohol-based hand rub (ABHR). Always allow hands to dry before moving to the next step.
4. Inspect skin integrity of hands and arms and cover any broken skin.
5. Inspect PPE prior to donning. Replace PPE if defects are found.
6. Engage the trained observer, and repeat instructions back before performing each step

High Threat Pathogen – PPE Donning and Doffing Poster

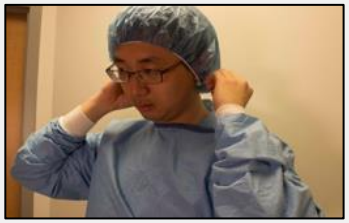
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1. Put on knee-high covering over own shoes



1A. Perform hand hygiene with hand sanitizer



2. Optional don surgical or bouffant cap



3. Put on gown of sufficient length to reach mid-calf. Do not tie inside of gown



4. Don procedure mask



5. Don full face shield



6. Perform hand hygiene with hand sanitizer



7. Don pair of extended cuff gloves **under** the cuff of gown sleeve



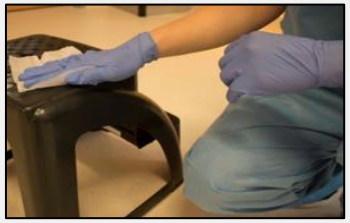
8. Don pair of extended cuff gloves **over** the cuff of gown sleeve



9. You and the trained observer must agree that PPE is on correctly, with no gaps exposing skin

Doffing Instructions

			
1. Inspect PPE, wipe any visible contamination with a disinfectant wipe	**2.** Inspect outer gloves for visible contamination, cuts or tears. If an outer glove is cut or torn, notify the trained observer. This is a breach	**3.** Wipe outer gloved hands with one disinfectant wipe per hand, and wait **1 minute**	**4.** Doff outer gloves using glove-to-glove technique. Dispose in the infectious waste bin
			
5. Inspect inner gloves for visible contamination, cuts or tears. If an inner glove is cut or torn, notify the trained observer. This is a breach	**6.** Wipe inner gloved hands with one disinfectant wipe per hand, and wait **1 minute**	**7.** Doff face shield by tilting your head forward pulling it over the head by the **rear strap**. Allow face shield to fall forward and discard in the infectious waste container	**8.** Wipe inner gloved hands with one disinfectant wipe per hand, and wait **1 minute**

			
9. Untie the side strap of gown	**9A.** Grasp the outside of the gown at the back of the shoulders and pull it down over the shoulders	**9B.** Continue pulling gown away from the body, rolling inside out (like a burrito), touching only inside of the gown. Discard in the infectious waste container	**10.** Wipe inner-gloved hands with one disinfectant wipe per hand, and wait **1 minute**
			
11. Doff knee-high coverings while sitting on a designated stool. Place each foot off the absorbent pad and onto cleaner area of warm zone as each covering is removed	**12.** Wipe the stool with disinfectant wipes and wipe the inner gloves with one disinfectant wipe per hand and wait **1 minute**	**13.** Doff gloves using **glove-to-glove** technique taking care not to contaminate bare hands during removal	**13A.** Carefully do hand hygiene with hand sanitizer



14. Doff procedure mask by straps. Do not touch the front of mask. Discard in the infectious waste container



15. Perform hand hygiene with hand sanitizer



16. Remove surgical/bouffant cap and discard in the infectious waste container



17. Perform hand hygiene with soap and water or hand sanitizer up to elbows



18. Inspect scrubs for any contamination. If contamination or a tear is identified, follow breach protocol. Exit the warm zone

After leaving Warm Zone:

- The DA may change scrubs
- Perform hand hygiene up to elbows with soap and water

BREACH	HOT Zone	WARM Zone
Outer glove is torn	Wipe with disinfectant wipe, initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Inner glove is torn	NA	• Wipe gloves with disinfectant wipe • Initiate **doffing** process • After exiting **warm zone** and changing scrubs, wash area with soap and water • **Do not squeeze or milk finger** • Follow regular BBF Exposure process per your health authority
Gown/ Coverall is torn	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Gown / Coverall has **visible contamination** that is unable to wipe off	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Glove is separated and **skin is exposed**	Initiate **doffing** process as per **checklist**	Continue with **doffing** as per **checklist**
Needlestick or puncture of skin – Possible BBF Exposure	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per **checklist** • **Do not squeeze or milk finger**	• Wipe gloves with disinfectant wipe • Initiate **doffing** process as per **checklist** • Prior to exiting **warm zone** wash with soap and water up to elbows • After exiting **warm zone** change scrubs, shower • **Do not squeeze or milk finger** • Follow regular BBF Exposure process per your health authority
After doffing, there is **visible contamination** of BBF on **scrubs.**	NA	After doffing, but before exiting **warm zone**: • Remove contaminated scrubs (use scissors to cut off a top if that is contaminated) • Wash with soap and water or if not available use ABHR to wipe affected area • Don clean gown • Exit warm zone • Shower • Put on new scrubs • Follow regular BBF Exposure process per your health authority

Video – *Demonstration of the Doffing Assistant: Donning PPE*

QR Code: