

# Supporting Safer Substance Use

## How to offer observed consumption

### ASK WHAT THEY NEED • OFFER SUPPORT • FOLLOW THEIR LEAD BEFORE

Gather harm reduction supplies.



Needles



Pipe



Naloxone kit

Say hi and ask:

How can I support?

Ask questions to find out what support they need.



Get consent before you do anything.

Talk about the process and what you can and can't do.

I can help find a lower risk spot to inject.

Use health and safety practices.



Gloves



Change your body position regularly. Take breaks.



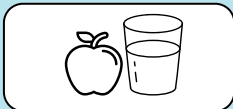
Sharps container



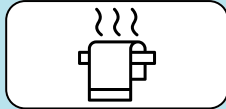
Hand sanitizer

### DURING

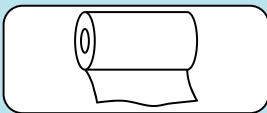
Offer comfort and support items.



Food & water



Hot cloth



Paper towel

Offer safer substance use education and coaching.

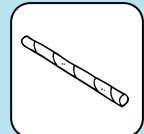
Can I help with safer smoking info?

Can I offer safer injection tips?

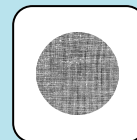
Offer harm reduction supplies.



Alcohol swabs



Push sticks



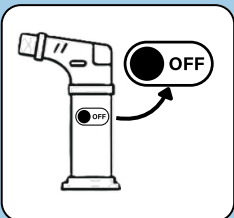
Screens



Pipe

### AFTER

Support the person's safety.

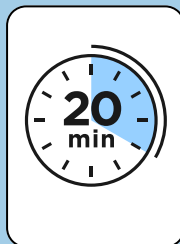


Turn torch lighter off



Put sharps in sharps container

Monitor for drug poisoning for 20 minutes to 2 hours.



Offer supports and referrals.

- ✓ To-go harm reduction supplies, including a naloxone kit
- ✓ Refer to health and social services
- ✓ Connect to cultural supports