

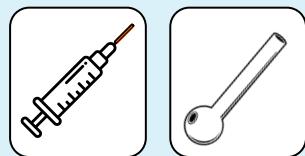
Supporting Safer Substance Use

How to offer observed consumption

ASK WHAT THEY NEED • OFFER SUPPORT • FOLLOW THEIR LEAD

BEFORE

Gather harm reduction supplies.



Needles

Pipe



Naloxone kit

Say hi and ask:

How can I support?

Ask questions to find out what support they need.



Talk about the process and what you can and can't do.

I can help find a lower risk spot to inject.

Use health and safety practices.



Gloves



Change your body position regularly. Take breaks.



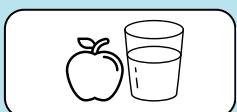
Sharps container



Hand sanitizer

DURING

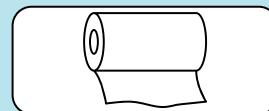
Offer comfort and support items.



Food & water



Hot cloth



Paper towel

Offer safer substance use education and coaching.

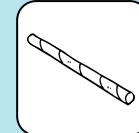
Can I help with safer smoking info?

Can I offer safer injection tips?

Offer harm reduction supplies.



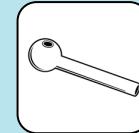
Alcohol swabs



Push sticks



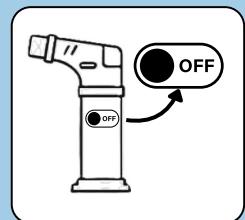
Screens



Pipe

AFTER

Support the person's safety.

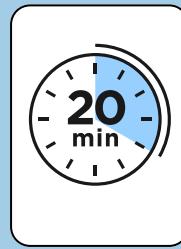


Turn torch lighter off



Put sharps in sharps container

Monitor for drug poisoning for 20 minutes to 2 hours.



Offer supports and referrals.

- To-go harm reduction supplies, including a naloxone kit
- Refer to health and social services
- Connect to cultural supports

For more harm reduction information visit: www.towardtheheart.com

For BC mental health and substance use supports visit: helpstartshere.gov.bc.ca