9 Steps to Doff (Take Off)
Personal Protective Equipment (PPE)
For Droplet and Contact Precautions

1. Gloves
   - The outside of gloves are contaminated.
   - Grasp palm area of one gloved hand and peel off first glove. Slide fingers of hand under other glove at wrist and peel off. Discard in regular waste bin.

2. Perform Hand Hygiene
   - Clean all surfaces of hands and wrists.

3. Gown
   - Unfasten ties, pull gown away from neck and shoulders, touching ONLY the inside of the gown. Turn gown inside out and roll into a bundle. Place in soiled laundry hamper (if reusable) or in regular waste bin (if disposable).

4. Perform Hand Hygiene
   - Clean all surfaces of hands and wrists.

5. Goggles or Face Shield
   - Do NOT touch the front of the eye wear. Place in receptacle for reprocessing (if reusable) or in regular waste bin (if disposable).

6. Perform Hand Hygiene
   - Clean all surfaces of hands and wrists.

7. Surgical or Procedure Mask
   - Grasp ties or elastics at back and remove WITHOUT touching the front. Place in receptacle for reprocessing or in regular waste bin.

8. Perform Hand Hygiene
   - Clean all surfaces of hands and wrists.

9. Exit Room
   - Exit room and perform hand hygiene.

If you are NOT 2 meters away from the patient, exit room now, perform hand hygiene, and finish the remaining steps.