More pieces and layers of PPE doesn’t mean more protection

Wearing extra PPE may affect the fit and complicates the doffing process which may increase the risk of self-contamination.

Evidence-based guidance from international experts* does NOT recommend double gloving, using double or combinations of masks/respirators, head, neck or shoe covers for COVID-19 protection.

If you wear items such as ear savers, barrettes, hooks, etc. make sure you know how to remove them without contaminating yourself

Exceptions:

- Areas requiring routine use of hair or shoe coverings (e.g., operating rooms, medical device reprocessing, food service areas).
- Exceptions made by institutional Infection Prevention and Control and Workplace Health and Safety teams.

* World Health Organization, Public Health Agency of Canada, Center for Disease Control and Prevention, Public Health England, and Department of Health Australia