

STI/HIV Services Clinical Prevention Services 655 West 12th Avenue Vancouver, BC V5Z 4R4 604.707.5600 604.707.5604 bccdc.ca SmartSexResource.com

METRONIDAZOLE

Metronidazole is an antibiotic taken by mouth for the treatment of bacterial vaginosis (BV) or certain sexually transmitted infections (STI) e.g. trichomoniasis.

Allergies

• Tell your healthcare provider if you have an allergy to metronidazole (Flagyl[®]) or other antifungals.

Pregnancy and Breast/Chest Feeding

- Metronidazole may be used during the first trimester (first three months) of pregnancy only after discussing this with your healthcare provider, and during the second and third trimesters of pregnancy.
- Breast/Chest feeding should be paused during metronidazole treatment. To restart breast/chest feeding, pump and discard milk for 24 hours after your last dose to allow the medication to leave your body.

CAUTION

- Notify healthcare provider if you have any hypothyroidism, liver, blood, heart/arrhythmia, neurological disorders, or Cockayne syndrome, a rare genetic disorder.
- Concurrent use with alcohol may increase the risk of adverse side effects (flushing, headache, nausea, vomiting, cramps, very fast or uneven heartbeat, fainting). Current evidence is inconclusive for this reaction. Individuals may wish to avoid alcohol and alcohol-containing medications (e.g., Nyquil[®]) for 12 hours prior to initiating treatment, during treatment, and for 24-48 hours after treatment completion as a means to limit the risk of possible adverse side effects.
- **Drug Interactions:** Please note that individual drug interactions are no longer listed in this document. If you are taking any prescription, non-prescription, herbal, or recreational products, please discuss with your healthcare provider.

Side Effects

• You may experience headache, dizziness, diarrhea, nausea, abdominal pain, vomiting, indigestion, unpleasant metallic taste in the mouth, and darkened urine.

- If you experience any neurological disorders such as seizures, confusion, weakness, numbness or pain in your extremities, or transient visual problems, contact your healthcare provider immediately and do not drive or operate machinery.
- If you experience any allergic or skin reactions such as rash or itchiness, contact your healthcare provider immediately.

Instructions for Taking

- Metronidazole may be taken with food to reduce stomach upset.
- If you miss a dose, take it as soon as you remember. However, if it is close to your next dose, skip the dose and resume your usual dosing time. Do not take a double dose.

Storage Instructions

- Store at room temperature between 15°C and 30°C.
- Protect from light, heat, and moisture.
- Do not use medications beyond the printed expiry date.
- Keep away from the reach of children.

Special Instructions

Treatment of Bacterial Vaginosis (BV)

• If you are a female with female partners, it is recommended that your partner(s) be tested for bacterial vaginosis and treated if positive.

Treatment of Trichomoniasis

- Do not have sex until:
 - One week after your one-dose treatment, or until you have completed your 7-day treatment, AND
 - Your sex partner(s) have also been treated, and one week has passed since the start of their treatment, even if their test results are negative.
- You will need retreatment if you have sex with an untreated partner, or you have sex before either you or your partner(s) treatment is complete. Please discuss with your healthcare provider.

If you have any questions or need further information, please visit <u>http://www.smartsexresource.com</u> or contact your healthcare provider.