

Core Nursing Practice Competencies for Dispensing Prophylactic Medications Post Sexual Assault

KNOWLEDGE of:	SKILL in:	JUDGMENT:	ATTITUDE that:
<ul style="list-style-type: none"> • cultural safety • client centered-care in the context of dispensing prophylactic medications after sexual assault • gender and sexual diversity • trauma and violence informed care • socio-economic determinants of health and barriers that impact client care • factors that impact the transmission of STI/HIV • sexual assault health care services and available community, resources to assist in client care, follow-up, and referral • prophylactic STI/HIV treatment recommendations post sexual assault • pharmacology, common side effects, adverse events, and contraindications related to medications • education, counselling, prevention and harm reduction measures • documentation, reporting and partner notification requirements for sexual assault and STI/HIV • criteria for consultation and/or referral to sexual assault services, physician, or nurse practitioner 	<ul style="list-style-type: none"> • engaging in a highly sensitive manner with clients who have experienced sexual assault in ways that allow for client-directed care • obtaining a relevant sexual assault history • assessing the level of potential risk for acquiring an STI/HIV in relation to the type of exposure • assessing possibility of pregnancy and performing urine pregnancy test • performing relevant STI physical assessment, specimen collection, and testing • providing appropriate education, support and resources • administering and dispensing medication • assessing mental health status • potential referral or support post sexual assault 	<ul style="list-style-type: none"> • referring for HIV post-exposure prophylaxis (PEP) • determining appropriate strategies, and the need for, providing client care and follow-up • maintaining client confidentiality • appropriate STI screening 	<ul style="list-style-type: none"> • demonstrates self-awareness of own beliefs, values and practice limitations • demonstrates sensitivity regarding; <ul style="list-style-type: none"> ○ the impact of sexual assault ○ potential STI diagnosis ○ obtaining history of a client who has experienced a sexual assault ○ use of considerate language when working with Trans and Gender Diverse clients • reflects compassionate care for clients experiencing anxiety regarding risk of STI/HIV acquisition • respects client choices, values and beliefs regarding assessment, taking medications, and/or accessing follow-up care • fosters open communication • advocates for reducing barriers to care