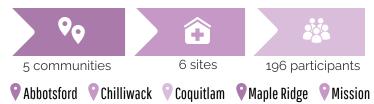
Fraser Health

2019 BC Harm Reduction Client Survey

The B.C. Harm Reduction Program administered a survey to harm reduction supply distribution site clients across BC from October to December 2019 to assess regional differences in drug use and inform harm reduction planning and service quality improvement. Key findings from the survey are presented here. The total number of respondents for each question may differ.

Who took part in Fraser?



Overdose

Self-identified genderMan: 67% \

22% experienced an OPIOID OVERDOSE in the past six months

Woman: 33%

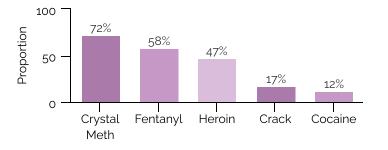
experienced a STIMULANT OVERDOSE in the past six months

58% witnessed an OPIOID OVERDOSE in the past six months

Drug use

63% of respondents identified SMOKING or INHALATION as the preferred method of drug use, while 29% preferred injection, and 4% preferred snorting.

Past 3-days self-reported drug use



Potential harms



Of 139 people that used glass pipes to smoke drugs in the past 6 months:

- 35% used a second-hand pipe
- 22% injected instead when they couldn't find unused smoking equipment



Of 80 people that injected drugs in the past month:

- 12% had trouble getting unused needles
- 5% had fixed with a needle used by someone else

More than half of participants (55%) reported using drugs alone often or always. Reasons for using drugs alone included:

- convenience and comfort;
- not wanting to share drugs;
- not having anyone else around; and,
- not wanting others to know.

Keeping safe and harm reduction



65% of participants owned a Take Home Naloxone kit, but less than half (49%) owned a cell phone.



Of those that injected drugs, 39% had used drugs at an Overdose Prevention Services site in the past 6 months.



Of 97 people that tried to access opioid agonist therapy (OAT) in the past six months, 87% did not report difficulties while 13% reported difficulties including:

- unable to find prescribing physician
- prescription stopped due to positive urine test
- clinic fees were too high









