# 2022 BC Harm Reduction Client Survey

The B.C. Harm Reduction Program administered a survey to its distribution site clients across BC from November 2022 to January 2023 to assess regional differences in drug use and inform harm reduction planning and service quality improvement.

# Fraser Health

# Who took part?



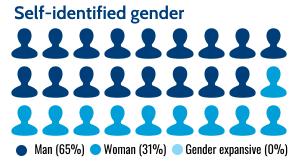
Sites



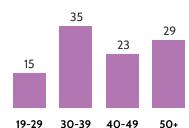
**Participants** 

💙 Chilliwack 🔛 Coquitlam Abbotsford

Mission New Westminster







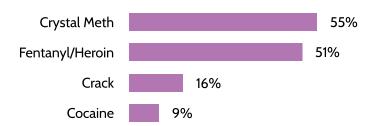
Inhalation

Injection

Other

### Substance Use Patterns

### Reported substance use in the past 3 days



# Frequency of use



96%

Fentanyl/Heroin

14%



93%

Method of use in the past 3 days, by substance

Crystal Meth

23%

27%

8% experienced a **STIMULANT OVERDOSE** in the past six months

witnessed an **OPIOID OVERDOSE** in the **78**% past six months

#### Potential harms



Of 72 people that have smoked/inhaled in the past 6 months and used a bowl/straight pipe:

- 29% used a second-hand pipe
- 13% injected instead when they couldn't get new bowl/straight pipes

Participants reported difficulty picking up harm reduction supplies due to:

- site not being open when needed (12%)
- site was too far (9%)

# Keeping safe and harm reduction



74% of participants owned a Take Home Naloxone kit, while 52% owned a cell phone and 80% had access to the internet.



In the past 6 months, 52% had used drugs at an overdose prevention site or supervised consumption site.

Participation was limited to people who access harm reduction sites, and results are therefore not representative of all people who use substances in BC. As of 2022, this project is made possible with funding from the Ministry of Mental Health and Addictions



