# Island Health 2021 BC Harm Reduction Client Survey

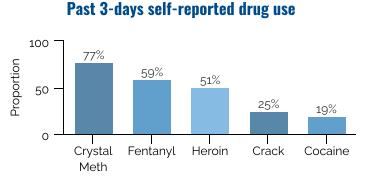
The B.C. Harm Reduction Program administered a survey to harm reduction supply distribution site clients across BC from March 2021 to January 2022 to assess regional differences in drug use and inform harm reduction planning and service quality improvement. Key findings from the survey are presented here. The total number of respondents for each question may differ.

# Who took part on the Island?



#### **Drug use**

More than half of respondents (59%) identified SMOKING or INHALATION as the preferred method of drug use, while 15% preferred injection, and 6% preferred snorting.



#### **Potential harms**

Of 97 people that used glass pipes to smoke drugs in the past 6 months:

- 24% used a second-hand pipe
- 10% injected instead when they couldn't find unused smoking equipment

Of 56 people that injected drugs in the past 6 months:

- 7% had trouble getting unused needles
- 7% had fixed with a needle used by someone else

Nearly half of participants (45%) reported using drugs alone often or always.

#### Self-identified gender



### Overdose

**240/0** experienced an OPIOID OVERDOSE in the past six months

8%

experienced a STIMULANT OVERDOSE in the past six months

**59%** witnessed an OPIOID OVERDOSE in the past six months

## Keeping safe and harm reduction



82% of participants owned a Take Home Naloxone kit, while 60% owned a cell phone.



Of those that injected drugs, 54% had used drugs at an Overdose Prevention Services site in the past 6 months.

Of 65 people that had tried to access opioid agonist therapy (OAT) in the past six months, 28% since discontinued its use, reporting difficulties that include:

- **P**<sub>X</sub>
- unable to access pharmacy during working hours
- unable to make clinic appointment time
- OAT treatment wasn't effective
- OAT dose was too low



Health Santé Canada Canada

