

British Columbia Tuberculosis Strategic Plan 5-Year Refresh

DECEMBER 5^{TH} AND 6^{TH} , 2017

Updated March 15, 2018
This is a working report based on the original workshop summary submitted by Ideaspace on January 2, 2018.



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1 | OVERVIEW

a. Summary and Objectives

The British Columbia Tuberculosis Strategic Plan Committee (TBSC) held two all-day meetings on December 5th and 6th, 2017 at the Vancouver Airport Radisson Hotel with the objective of developing a refreshed work plan for the next five years related to Tuberculosis (TB) care and services in British Columbia.

The goals of these meetings were to:

- Re-prioritize and streamline the 2012 TB Strategic Plan in order to facilitate implementation around specific areas of focus;
- Clarify work areas by assigning key persons/groups to priorities and putting practical strategies and actions into place, where applicable;
- Create a manageable workload within current resources, with clear strategies to identify and address gaps in service due to current allocation of resources; and
- Identify working groups/leads to move activities forward

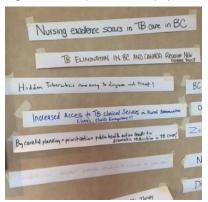
2 | MEETING PROCESS

a. Visioning Session

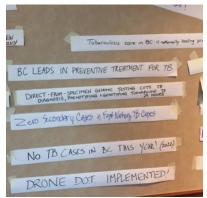
To kick off the session, working group members were asked to look ahead five years in the future and create a newspaper headline that they would like to see about TB (see Figure 1).

Participants envisioned a future with an elimination of, or major reduction in TB cases in BC. Other themes included improvements in TB screening and treatment for vulnerable populations (First Nations and newcomers); provincial leadership and excellence in TB elimination strategies; implementation of better strategies to support treatment, including innovative approaches to DOT; Direct-from-Specimen Genomic Testing; and expanded access to new generation Interferon-Gamma Release Assays (IGRAs); excellent quality of care; and funding successes.

Figure 1: Examples of Newspaper Headlines Composed by Working Group Members







b. Discussion Areas

Across the two days, six areas from the Strategic Plan framed the discussion:

#1: Contact Evaluation

#2: TB Screening

#3: Treatment of Active TB and LTBI

#4: Labs

#5: Service Provision

#6: Arising Topics: TB Literacy, Annual TB Strategic Plan Report

For each discussion area, a short presentation was provided by one or more group members, followed by a plenary discussion to identify successes, challenges and a plan for action over the next five years. The discussion area presentations are provided as Appendix A. A summary of the action items, leads and suggested timeline for completion is provided in Section 3.

c. Identifying Top Priority Actions

Working group members identified the following top priority actions for each area to be completed within the next six to twelve months:

| PRIORITY AREA | QUICK WINS IN THE NEXT 6 TO 12 MONTHS | Action led by: |
|-----------------------|--|--|
| Contact Evaluation | Within the first 6 months: Oevelop a common framework — a draft cascade that approximates the most important steps and includes measurable indicators within those steps. Pilot a completed shared cascade of care | Emily Newhouse Aamir Bharmal Tori Cook Jason Wong (TB Surveillance WG) |
| TB Screening | Revise screening recommendations for entrance to detox and treatment programs | Silvina Mema Shaila Jiwa |
| Active TB & LTBI | Document known social supports and resources for clients with active TB or LTBI (eg. housing, transportation, peer navigator, incentives/enablers) and collate information across the HAs. Meet with OakTree Clinic to review clinic set up as it relates to social work, peer navigators etc | Tori Cook Katie Fenn Cheryl Giffin Shaila Jiwa |

| PRIORITY AREA | QUICK WINS IN THE NEXT 6 TO 12 MONTHS | Action led by: |
|----------------------|---|-----------------------------|
| Labs | Assemble formal working group within 3 months and a briefing note for CD Policy within 6 months to support evidence – based expansion of IGRA testing | Inna Sekirov |
| Service Provision | Improve patient voice for patient-centred care In 6 months, explore greater involvement of patients in care planning Develop relationship algorithms and roles and responsibilities revisions | Katie Fenn |
| TB Literacy | Developa needs assessment for both clients/caregivers, as well as health care providers that identifies where the learning and literacy gaps are so that the appropriate tools/resources can be developed and/or shared: | Shaila Jiwa MPH student? |

3 | DISCUSSION AREAS

This section describes the strategic action items identified for each discussion area, the timeframe for completion, and the people or groups identified as leads.

a. Discussion Area #1: Contact Evaluation

YEAR 1 ACTION ITEMS:

| Action Item | Action to be Led by: |
|--|--|
| Complete a BC-specific MIRU clustering report, review report with the TBSC, and then determine a process for prospective sharing of actionable findings | Jennifer Gardy, Jason Wong and David Roth Tori Cook |
| Convene a working group in the spring of 2018 to look at genomic outcomes and interventions | Jennifer Gardy |
| Develop a common framework - a draft cascade that approximates the most important steps and includes measurable indicators within those steps. Pilot a shared contact cascade of care | Aamir Bharmal, Emily Newhouse, Jason Wong (TB Surveillance WG), Tori Cook |
| Assess what resources/tools the HAs use for contact tracing and consider whether pooling of this information across health authorities would be useful. | Shaila Jiwa |

YEAR 2-3 ACTION ITEMS:

| Action Item | Action to be Led by: |
|--|----------------------|
| Evaluate contact tracing (ie. Cascade, Genotyping, | Aamir Bharmal, |
| Genomics) | Emily Newhouse, |
| | Jason Wong (TB |
| | Surveillance WG), |
| | Tori Cook |

YEAR 5 ACTION ITEMS:

| Action Item | Action to be Led by: |
|--|----------------------|
| Create a shared clinical management contact database | Carl with supports |

b. Discussion Area #2: TB Screening

YEAR 1 ACTION ITEMS:

| Action Iter | n | Action to be Led by: |
|--------------------|---|--|
| | vise screening recommendations for entrance to detox | Silvina Mema Shaila Jiwa |
| • Imp | prove TB screening communications by: | |
| | steering language away from stigma and ethnicity; | Tori Cook – I will bring the WHO document to share with |
| | review WHO document on non-stigmatizing language | TBSC members |
| | ensuring that notification of testing from BCCDC and IRCC is supportive and instructive | Katie Fenn and Carolin Hoskins |
| | o empowering people to make informed treatment decisions by developing communications and materials that meet their needs (i.e. letters, patient journey maps). | Katie Fenn Carolin Hoskins Shaila Jiwa |
| cor | serve how 4-month treatment is received in mparison to 9-month treatment and build on comes | Tori Cook and Jay Johnston – will have the results of INH9 vs RIF4 study and can ask McGill for BC data specifically to share; could consider a survey of patients around LTBI treatment after completion? |

YEAR 2-3 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|---|
| Complete and disseminate report to strategic committee evaluating TB screening in Chronic Kidney Disease (CKD) program and identify strategies for improvement and expansion if appropriate | Jay Johnston and others |
| Develop a risk score, and acquire funding to put together a risk score toolkit | Silvina, Carl, Jay, with supports from Mark |
| Engage with high-risk groups as a pilot project to learn how they understand risk, and what informs the decision to take up or refuse treatment. | |

YEAR 3-4 ACTION ITEMS:

| Action Item | Action to be Led by: |
|--|----------------------|
| Discuss outcomes of the high-risk groups pilot | |
| project and applications for immigration | |

c. Discussion Area #3: Treatment of Active TB and LTBI

YEAR 1 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|--|
| Complete a resource assessment of social supports available to TB patients and link with Oaktree Document case studies of catastrophic costs related to TB | Katie Fenn Tori Cook All |
| Create a sheet of patient/client resources at the provincial level that can be adapted by the regional health authorities for the purposes of applying a more local context | Shaila – resource sheet Cheryl Giffin |
| Develop options within the TB continuum of care (Video Directly Observed Therapy (VDOT), Short Messaging Services (SMS) | Tori Cook and others |

YEAR 2 ACTION ITEMS:

| Action Item | Action to be Led by: |
|--|----------------------|
| Explore options to pilot VDOT and SMS for TB/LTBI treatment outside of the Provincial TB Clinics | Tori Cook and others |

d. Discussion Area #4: Labs

YEAR 1 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|---|
| Provide access to testing in the north, remote communities and where high incidences of TB | Inna Sekirov and Rob Parker |
| | Inna Sekirov |
| Perform a cost effectiveness analysis from a client- centred perspective to determine how much it would cost for all indirect/direct testing vs doing IGRA | Inna Sekirov Student project – probably more 2-3 yrs? |
| Determine the window of time from infection to results for IGRA with contact tracing | Muhammad, Jay and Inna |
| Improve transport between labs to reduce delays of sample delivery – start by reviewing different hospitals and health authorities to determine bottlenecks | Inna and Silvina |

YEAR 2 ACTION ITEMS:

| Actio | n Item | Action to be Led by: |
|-------|--|--|
| • | Prevent the need for repeated biopsies to obtain specimens solely for TB culture: | |
| • | creating and distributing a biopsy kit with a checklist; | Inna and Tori; |
| • | developing a new fact sheet to go with the biopsy kit; | Silvina could distribute memo/communication |
| • | reaching out to heath authorities via TBSC to determine the right people to be added to discussions or working groups. | |

e. Discussion Area #5: Service Provision

YEAR 1 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|----------------------|
| Move away from Service Level Agreement (SLA) to algorithms for each Health Authority to document roles and responsibilities | Katie Fenn |
| Make CD Policy the central point of contact for resource questions and requests | |
| Move toward a sustainable, integrated model by involving more communities and organizations beyond the medical field | |
| Conduct an environmental scan to identify what is currently in place | Carl and Katie |

YEAR 2 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|----------------------|
| Determine how to integrate lived experience | |
| and patient input into strategic planning | |

f. Discussion Area #6: TB Literacy

i. TB Literacy for Patients and Health Care Workers

YEAR 1 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|----------------------|
| Needs assessment: Secure resource to support (MPH) Define project plan and scope | Shaila Jiwa |
| Conduct a needs assessment to determine what kind of education materials are helpful for patients and Health Care Providers and where they are best located | |
| Determine a clear message for raising TB awareness, and use World TB Day as an entry point to speak to the community | |
| Invite communications person from BC Centre for Disease Control to attend TB Strategic Plan Working Group meetings to have conversations about messaging and outreach | |
| Ensure public health nurses have the appropriate TB information materials to use and distribute at education programs for immigrant groups | Health Authorities |

YEAR 2 ACTION ITEMS:

| Action Item | Action to be Led by: |
|---|----------------------|
| Launch a long-term research project to identify | Jennifer |
| audiences and opportunities for behaviour change | |

ii. Annual TB Strategic Plan Report

The report will be streamlined into a status report document that stems from the working agenda that is the source of minutes, key decisions and action items. The format could be a table that looks like this:

| Action | Status | Responsible | Contact |
|--------|--------|-------------|---------|
| | | | |

4 | APPENDIX A

a. Presentations

Presentations on each discussion area have been linked below. All links below work once you have logged in to your partnernet account. If you do not have a partnernet account, please go to http://www.bccdc.org/login.php and fill in the account request form.

Day One

Facilitation Presentation

Discussion Area #1: Contact Evaluation – <u>Presentation 1</u>, <u>Presentation 2</u> and <u>Presentation 3</u>

Drs. Emily Newhouse, Aamir Bharmal, Tori Cook and Jennifer Gardy

Discussion Area #2: TB Screening

Dr. Jay Johnston

Discussion Area #3: Treatment of Active TB and LTBI – <u>Presentation 1</u> and <u>Presentation 2</u>

Dr. Jay Johnston (Active TB); Dr. Tori Cook (LTBI)

Progress Update – Research

Progress Update – Surveillance

Progress Update - Work Plan

Day Two

Facilitation Presentation

Discussion Area #4: Labs

Dr. Inna Sekirov

Discussion Area #5: Service Provision

Carl Swanson, Isa Wolf and Katie Fenn

Discussion Area #6: Arising Topics: TB Literacy

Shaila Jiwa

b. Attendee List

Members of the TB Strategic Plan Working Group in attendance included:

| Sherry Baidwan | Elisabeth Hansen | Muhammad Morshed | Craig Thompson |
|---------------------|--------------------|------------------|----------------|
| Aamir Bharmal | Noorjean Hassam | Emily Newhouse | Nina Tomas |
| Victoria Cook | Althea Hayden | Robert Parker | William Turner |
| Christina Demarinis | Carolin Hoskins | Jasmine Pawa | Isa Wolf |
| Katie Fenn | Shaila Jiwa | Mabel Rodrigues | Jason Wong |
| Jennifer Gardy | James Johnston | David Roth | Cheryl Yates |
| Cheryl Giffin | Danielle Jorgensen | Inna Sekirov | Kelly Yu |
| Mark Gilbert | Jannie Leung | Wendy Stark | |
| Marion Guenther | Silvina Mema | Carl Swanson | |

The meeting was facilitated by Diana Bulley, President, Ideaspace.

c. Meeting Agenda

DAY ONE - December 5th, 2017

| DAT ONL - December 3 , 2017 | | | | |
|----------------------------------|---|--|--|--|
| TIME | ACTIVITY | PRESENTERS | | |
| 8:00 | Coffee served | | | |
| 8:30 | Meeting opens: Welcome and Introduction | Diana Bulley | | |
| 8:35 | Working Group Opening Remarks | Dr. Tori Cook and Dr. Emily | | |
| 8:50 | Review two-day agenda | Diana Bulley | | |
| 9:00 | Vision for the future | Diana Bulley | | |
| 9:30 | Progress 1. Work Plan – Dr. Tori Cook 2. Surveillance – David Roth, Dr. Jason Wong 3. Research – Dr. Jay Johnston & Dr. Jennifer Gardy 4. NTM – Dr. Jasmine Pawa, Dr. Tori Cook | Various | | |
| 10:30 | BREAK | , | | |
| 10:40 | Overview of Discussion Areas | Diana Bulley | | |
| | Discussion Area #1: Contact Evaluation | | | |
| 10:45 | Present topic and current status | Drs. Emily Newhouse, Aamir Bharmal, Tori Cook and Jennifer Gardy | | |
| 11:15 | Group discussion | Diana Bulley | | |
| 12:30 | LUNCH | | | |
| Discussion Area #2: TB Screening | | | | |
| 1:00 | Present topic and current status | Dr. Jay Johnston | | |
| 1:10 | Group discussion | Diana Bulley | | |
| 2:45 | BREAK | | | |
| | Discussion Area #3: Treatment of Active TB a | nd LTBI | | |
| 3:00 | Present topic and current status | Dr. Jay Johnston (Active TB); Dr. Tori | | |
| 3:10 | Group discussion | Diana Bulley | | |
| 4:15 | Check in – Is the session working for you? | Diana Bulley | | |
| 4:25 | Review Day Two Agenda | Diana Bulley | | |
| 4:30 | Meeting closes | | | |

c. Meeting Agenda (continued)

DAY TWO - December 6th, 2017

| | - December 6 , 2017 | |
|--|---|--|
| TIME | ACTIVITY | PRESENTERS |
| 8:00 | Coffee served | |
| 8:30 | Meeting opens: Welcome | Diana Bulley |
| 8:50 | Recap Day One: 1. Highlights 2. Game Plan | Diana Bulley |
| 9:00 | Warm up exercise | Diana Bulley |
| | Discussion Area #4: Labs | |
| 9:30 | Present topic and current status | Dr. Inna Sekirov |
| 9:40 | Group discussion | |
| 10:45 | BREAK | |
| | Discussion Area #5: Service Provisio | n |
| 11:00 | Present topic and current status | Carl Swanson, Isa Wolf and Katie Fenn |
| 11:10 | Group discussion | Diana Bulley |
| 12:15 | LUNCH | |
| Discussion Area #6: Arising Topics – TB Literacy | | |
| 1:00 | Present topic and current status | Shaila Jiwa |
| 1:10 | Group discussion | Diana Bulley |
| 2:15 | BREAK | |
| Discus | ssion Area #6: Arising Topics – Top Priority Action | s – Table Discussions |
| 2:30 | Present topic and current status | TBD |
| 2:40 | Group discussion | |
| 3:40 | Review Game Plan for All 1. Confirm any action items 2. Review "food for thought" sheet | |
| 4:10 | Participant check in – current mood Review headlines – moving toward success? | Diana Bulley |
| 4:25 | Closing Remarks | Dr. Tori Cook; Dr. Emily Newhouse |
| 4:30 | Meeting closes | |
| | | · |