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## 1.0 Introduction

### 1.1 Overview

These guidelines were first developed in 2016/17 by a multi-disciplinary group composed of epidemiologists, physicians, environmental health officers, infection control practitioners, microbiologists, engineers and industrial hygienists. A review of the published literature and a jurisdictional scan for other guidelines were conducted. Expert opinion and group consensus were used when evidence and practice standards were not available.

The goal is to provide evidence-based guidelines for the epidemiological, environmental and microbiological investigation and management of single cases and outbreaks of legionellosis in British Columbia (BC). While these guidelines are intended for use by public health professionals, they may also be useful to others.

### 1.2 Pathogen and Disease

#### 1.2.1 Clinical Illness

Infection with *Legionella* bacteria causes a disease known as legionellosis, which presents as Legionnaires' disease (LD), Pontiac fever or as an asymptomatic infection. It is unclear if legionellosis is a spectrum of illness or if it only presents in these 3 forms (1).

Legionnaires' disease manifests as pneumonia which cannot be clinically differentiated from other causes of pneumonia, characterized by fever, dry cough, dyspnea, chest pain, headache, malaise and myalgia (1, 2). The respiratory infection is often severe and can progress to respiratory and multi-organ failure. Gastro-intestinal symptoms are common with diarrhea occurring in 20-40% of patients (1). Rarely, extrapulmonary infection can occur, including cellulitis, septic arthritis and endocarditis (1). Infection is treated with macrolide or fluoroquinolone antibiotics (1). Mortality is 11-25% (3-5).

Individuals at increased risk of Legionnaire's disease include older adults, males, smokers, and those with underlying conditions including immunosuppression, chronic lung disease, diabetes and cancer (1, 4).



Pontiac Fever is characterized by fever, fatigue, myalgia, headache and malaise with or without cough (5-7). Patients recover within 2-5 days without treatment. Because of its mild nature, Pontiac fever is usually identified in outbreak settings.

### 1.2.2 Incubation Period

Legionnaires' Disease has an average incubation period of 5-6 days (5) with a range of 1-19 days (3, 8). Pontiac Fever has an incubation period of 5-72h (5).

### 1.2.3 Organism

Gram negative bacilli bacteria from the genus *Legionella* consist of over 50 species, further divided into approximately 70 serogroups with associated sub-types. *Legionella pneumophila* serogroup 1 causes about 70% of human disease. Other species associated with human disease include *L. longbeachae*, *L. micdadei*, *L. bozemanii*, *L. feeleii*, *L. gomanii* and *L. anisa*. Appendix 1 includes the distribution of *Legionella* strains by water sources.

## 1.3 Epidemiology

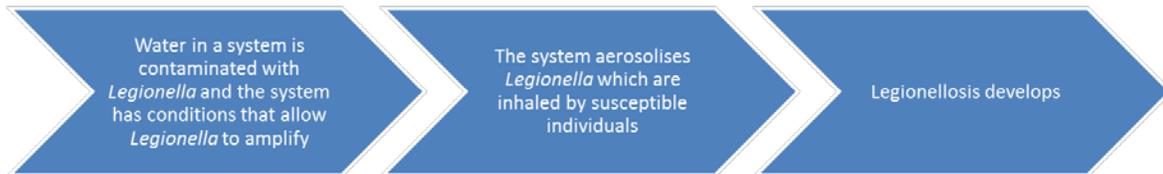
### 1.3.1 Reservoir

*Legionella* bacteria occur naturally and are ubiquitous in freshwater, including groundwater, and soil. They become a human health risk when allowed to multiply rapidly due to warm water temperatures between 25 and 45° Celsius and are a particular hazard in manufactured environments where aerosolization may occur. Other factors, such as biofilm formation (micro-organism and polysaccharide matrix) and associated protozoa, water stagnation (e.g. periods of low useage, dead legs) and the presence of essential nutrient sources (sludge, scale, rust & algae), may also contribute to bacterial growth. Bacterial nutrient supply may be influenced by plumbing materials (e.g. rubber gaskets provide a nutrient rich substrate for bacterial growth and pipe corrosion may supply iron)(9).

### 1.3.2 Modes of Transmission

Infection with *L. pneumophila* occurs through inhalation of aerosolized particles generated from manufactured freshwater systems; infection with *L. longbeachae* occurs through contact (direct contact or via aerosolized material) with contaminated soil or compost. There is generally no person to person spread of *Legionella*, however, a highly likely single case of person-to-person spread has recently been described (10). Transmission is illustrated in Figure 1 (11).

**Figure 1: Transmission of *Legionella* via aerosolised water**



### 1.3.3 Environmental Exposures

#### **Community**

Sources of infection include devices and systems that aerosolise water (e.g. cooling towers, evaporative condensers, hot tubs, shower heads, fountains, humidifiers, ice machines, emergency eye wash stations) and compost and potting soil (Appendix 2). Certain occupations may present a particular risk to legionellosis. For example, *L. longbeachae* infections have been associated with occupations associated with soil processing and packaging, composting and recycling of vegetable matter (12).

#### **Nosocomial**

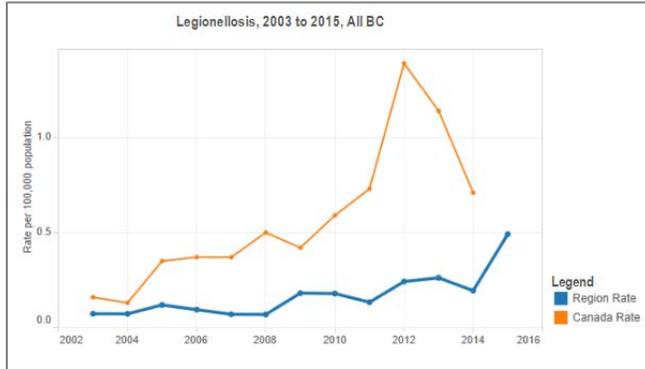
Transmission in institutions, such as hospitals and long-term care facilities, can result from a combination of inadequate design and/or maintenance of building infrastructure and risk factors present in the residents or patients (13). Water distribution systems, long pipe runs, poor water temperature control, and low water flow rates can facilitate growth of *Legionella* bacteria. Underlying medical conditions of residents, in combination with use of respiratory therapy devices (e.g. nebulizers and ventilators), nasogastric tubes, aspiration or recent surgery, can increase their risk of infection. Construction adjacent to facilities, which can lead to soil disruption is an additional risk factor particularly when it occurs close to air intakes for ventilation systems.

### 1.3.4 BC Epidemiology

Rates of legionellosis in BC have increased from 0.1 per 100,000 in 2006 to 0.5 cases per 100,000 in 2015 (14). Rates in BC are lower than Canadian rates (Figure 2). Rates are likely higher than reported as a result of under-diagnosis. This is in part because clinical presentation of LD is not distinct from pneumonias caused by more common bacteria and, in most jurisdictions, diagnostic screening is not routinely conducted for *Legionella* in community-acquired pneumonia.



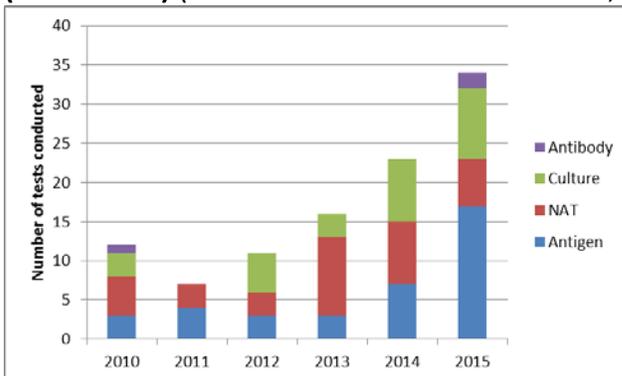
**Figure 2: Legionellosis rates in Canada and BC by year, 2003-2015 (14, 15)**



In BC, legionellosis has a seasonal pattern with half of the cases occurring between July and October. The annual number of cases ranges from 3 – 21. Most (96%) cases are over 40 years of age. The number of cases is higher in males than in females. Fraser Health Authority reports half of the cases in BC. This may be due to their larger population and higher use of urine antigen test (Figure 3).

An outbreak in Quebec accounts for the peak in Canada in 2012. Increasing rates of legionellosis over time in BC and Canada may be due to an increasing use of the urinary antigen detection test for diagnosis rather than a true increase in rates (Figure 3). The proportion of BC legionellosis cases having received a urine antigen test has increased from 38% in 2010 to 81% of cases in 2015. The use of culture has remained low and stable.

**Figure 3. *Legionella* diagnosis tests used by year for reported cases, BC, 2010-2015 (N=65 cases) (source: BCCDC Public Health Lab, 2016)**

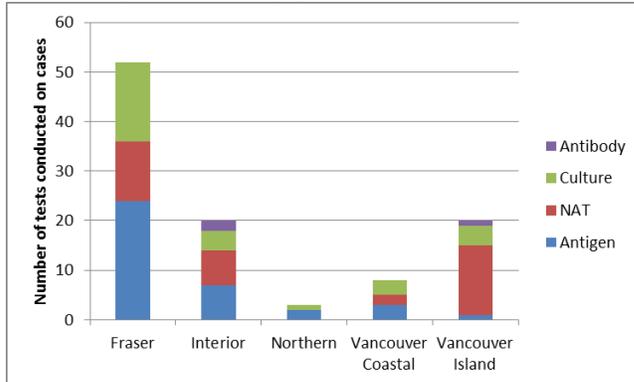


NAT=nucleic acid test



The number and proportion of cases receiving different tests varies by Health Authority (Figure 4). Fraser Health is more likely to use the urine antigen test whereas Island Health is more likely to use a nucleic acid test (NAT) (Table 2).

**Figure 4. *Legionella* diagnosis tests used by Health Authority for reported cases, BC, 2010-15 (N=65 cases)** (source: BCCDC Public Health Lab and Panorama, 2016)



*L. pneumophila* is responsible for the majority of reported cases in BC (Table 1).

**Table 1: BC Legionella cases by species, 2010-2015**

Species	Number (%)
<i>Pneumophila</i>	53 (80%)
<i>Longbeachae</i>	7 (11%)
<i>Micdadei</i>	3 (5%)
<i>Wadsworthii</i>	1 (2%)
Unknown	2 (3%)
Total	66 (100%)

Two outbreaks caused by *L. pneumophila* were identified in BC between 2005 and 2016; one in the spring of 2005 (5 cases) associated with a casino cooling tower and one in the fall of 2014 (3 cases) where the source was not confirmed, but possibly associated with a dishwasher in a food service establishment.

The source of illness for the majority of sporadic cases in BC was not identified. In terms of risk factors, 19.1% (9/47) of BC cases occurring between 2010 and 2015 were attributed to travel. Underlying medical conditions were identified in 38% of cases and 83% of cases currently and/or previously smoked cigarettes. The majority of cases (29/40, 73%) were admitted to the Intensive Care Unit. This may in part be due to a diagnostic bias.



### 1.4 Diagnosis

A wide range of laboratory tests are available for diagnosis of *Legionella* infections (see Table 2). Testing is also available for environmental samples to support public health investigations (see Section 3.2.4).

**Table 2. *Legionella* tests used in clinical diagnosis**

Test type	Samples*	Advantages	Disadvantages
Culture	Sputum, Bronchial Washings, Tracheal Aspirates, Lung Tissues, Fluid (pleural, pericardial, etc.)	-Produces an isolate which can be subtyped for comparison between strains -Detects all <i>Legionella</i> species	-Long turnaround time (7-10d) -May be negative once antibiotics started
Nucleic acid test (NAT) as part of respiratory panel <sup>1</sup>	Same as above	-Fast and sensitive -Detects all <i>L. pneumophila</i> serogroups	-Unable to differentiate live from dead cells -Unable to detect non- <i>L. pneumophila</i> species -Unable to subtype and compare between strains
Urine Antigen	Urine (for acute stage of the disease), 5-10 mL	-Fast and simple -Remains positive for several months	-Only detects <i>L. pneumophila</i> sg 1
Antibody (serology) <sup>2</sup>	Blood (acute and convalescent taken 2-4 wks apart)	-Can be used for patients on antibiotics -Detects all <i>L. pneumophila</i> serogroups	-Unable to detect non- <i>L. pneumophila</i> species -Unable to subtype and compare between strains

\*When collecting clinical samples for *Legionella*, use sterile, non-bacteriostatic water rather than saline as saline may be inhibitory

<sup>1</sup> As of November 2016, the BCCDC PHL performs a pan-respiratory pathogen NAT testing panel that includes *L. pneumophila* for certain patient populations. Please indicate *Legionella* NAT on requisition to ensure respiratory panel is conducted as the first line test.

<sup>2</sup> This test is conducted by the Ontario Public Health Laboratory on behalf of the BCCDC PHL.



Appropriate diagnostic tests should be ordered for patients with clinical presentations consistent with Legionnaires’ disease (see Table 3). For hospitalized patients, the British Columbia Centre for Disease Control (BCCDC) Public Health Laboratory (PHL) recommends the submission of urine for antigen testing and a lower respiratory sample (e.g., broncho-alveolar lavage) for culture and nucleic acid testing (NAT). This results in rapid and sensitive results. For community patients, the PHL recommends a NAT or urine antigen. For patients deemed to be part of an outbreak, the PHL recommends ordering a culture and NAT to obtain specimens for subtyping.

**Table 3. Diagnostic tests recommended by BCCDC PHL by type of patient/case**

Type of patient/case	First line tests	Second line tests
Hospitalised and/or critically ill patient	Culture, NAT <sup>1</sup> and urine antigen	Antibody if illness resolved <sup>3</sup>
Single community patient	NAT <sup>1</sup> or urine antigen	Antibody if illness resolved <sup>3</sup>
Patient in an outbreak 1. Clinical case 2. Lab-confirmed case	1. Culture and NAT <sup>1</sup> 2. Not applicable (already diagnosed)	1. Antibody if illness resolved <sup>3</sup> 2. Culture if not already done to enable subtyping

Culture is required to perform *Legionella* subtyping to assist in the identification and solving of outbreaks. To facilitate this, if a patient tests positive for urine antigen, the PHL report includes a comment to obtain respiratory samples for culture. All NAT positive samples are set up for culture at the BCCDC PHL or frontline laboratory. All positive cultures are submitted to the National Microbiology Laboratory for serotyping and multilocus sequence typing (MLST) which allows comparison between clinical isolates and, if applicable, with environmental isolates.

Health professionals can refer to the BCCDC PHL Guide to Programs and Services for specimen and collection system details ([http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Forms/Labs/PHAD\\_060\\_00PR\\_Ver\\_62\\_GuidetoProgramServicesApril2014doc.pdf](http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Forms/Labs/PHAD_060_00PR_Ver_62_GuidetoProgramServicesApril2014doc.pdf) or <http://www.elabhandbook.info/PHSA/Default.aspx>). Please consult with the Program Head, BCCDC PHL Bacteriology and Mycology Laboratory at 604-707-2618 or the BCCDC

<sup>3</sup> As single antibody titre may be useful for patient diagnosis and care. To meet the case definition (Section 2.1), a person requires acute and convalescent serology.



PHL Medical Microbiologist on-call at 604-661-7033 for further information on clinical or environmental testing.

## 2.0 Case management

### 2.1 BC Case Definition

A confirmed case of legionellosis is defined as a clinical illness\* with laboratory confirmation of infection:

- isolation of *Legionella* sp. from respiratory secretions, lung tissue, pleural fluid, or other normally sterile fluids **OR**
- a significant (e.g. fourfold or greater) rise in *Legionella* sp. IgG titre between acute and convalescent sera **OR**
- seroconversion from non-reactive to IgG or IgM reactive or from IgM reactive to IgG reactive
- demonstration of *L. pneumophila* antigen in urine **OR**
- demonstration of *Legionella* spp. DNA by NAT from respiratory secretions, lung tissue, pleural fluid, or other normally sterile fluids.

\*Clinical illness is defined as two distinct illnesses: Legionnaires' disease, characterized by fever, myalgia, cough and pneumonia, and Pontiac fever, a milder illness without pneumonia (16).

### 2.2 Case Investigation

All confirmed cases of legionellosis should be interviewed by Regional Health Authority public health staff using the BCCDC Case Report Form ([http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Forms/EH/Legionellosis%20Case%20Report%20Form/Legionella\\_Dec2014.pdf](http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Forms/EH/Legionellosis%20Case%20Report%20Form/Legionella_Dec2014.pdf)). The interview is an opportunity 1) to gather information on potential exposures to identify common sources and 2) to provide education on further prevention. An attempt to interview should be made within 3 business days of case notification.

Wherever possible, assess whether cases are community-acquired, occupationally acquired, healthcare facility/residential care-related, or travel-related to determine



further notifications and actions. Cases which cannot be classified may be classified later if other cases with similar characteristics occur. Most sporadic cases (single cases occurring without a known link to other cases) do not require further investigation beyond the initial interview.<sup>4</sup>

- **Healthcare facility/residential care<sup>5</sup>-related cases:** These include residents and staff of such facilities. Inform Infection Control Practitioner or Director of Care. Review patient movement and exposure details and facility-based risk factors, with further investigation at the Medical Health Officer's (MHO) discretion. The MHO may consider case finding amongst other residents/patients with recent respiratory illnesses.
- **Travel-related cases:** If a case traveled outside BC during the incubation period, obtain travel details including names of hotels, room number, sites visited, possible high risk exposures (e.g. air conditioning, spas, fountains) travel dates and modes of travel including tour operators. If travel is outside region of residence, inform BCCDC for further notifications.
- **Community-acquired, occupational and other cases:** Community and occupationally-acquired cases are defined as those exposed to a high risk source in the community or at their workplace. Further investigation is not usually necessary, unless the case is clearly or possibly linked to a water system that requires intervention to protect public health. If a case is believed to be occupationally-acquired, inform WorkSafe BC (WSBC) for their investigation.

See Appendix 3 for a flowchart on the investigation of a single case of legionellosis.

### 2.3 Reporting Requirements

Legionellosis is a reportable disease under the BC Public Health Act, Communicable Disease Regulation. Physicians and laboratories must report cases to the MHO. The

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<sup>4</sup> Sporadic cases do not usually require further investigation into the source of infection because it is usually very difficult to link single cases to a potential source due to insufficient epidemiological evidence. Microbiological investigation of several potential sources is expensive. In addition, microbiological investigation has limitations as colonization of *Legionella* within a source is common but sporadic; several strains may co-colonize the same system, with the predominant strains periodically changing. Considered together with the difficulty of eradicating *Legionella* entirely from the system makes sporadic case environmental investigation of questionable value.

<sup>5</sup> Includes licensed and non-licensed facilities.



MHO must report cases to the Provincial Health Officer (PHO) (via its delegate, the BCCDC). Cases should be entered into the electronic public health information system, along with the BC Communicable Disease Policy Advisory approved minimum dataset.

If a case could be occupationally-related, please inform WorkSafeBC to support their investigations.

### 3.0 Outbreak Management

The objective of the outbreak investigation is to identify and control the source of the outbreak. Epidemiological, environmental and microbiological investigations are necessary.

Due to the underdiagnosis of legionellosis, lack of adequate specimens for genotyping (see Section 1.4) and difficulty in defining community outbreaks, few legionellosis outbreaks are identified and only 4% of legionellosis cases have been associated with outbreaks (17).

If a legionellosis outbreak is identified, the investigation is often challenging due to lack of sufficient epidemiological, environmental or microbiological data. The environmental source is identified in less than 50% of outbreaks (18). The following are required for a successful investigation:

- Substantial detailed epidemiological information on cases' movements and exposures.
- Thorough understanding of existing environmental sources, their location and their risk of *Legionella* contamination.
- Adequate samples from possible environmental sources.
- Genotyping of clinical and environmental specimens.

During an investigation a communication plan is required to ensure partners and the public is informed.

#### 3.1 Epidemiological Investigation

Investigation of a legionellosis outbreak should follow the same steps as any outbreak (see outbreak investigation flow chart in Appendix 4). The steps are iterative; for example during the attempt to describe the outbreak or hypothesize a source it may become necessary to collect additional data, new clinical or environmental samples, or adapt the outbreak definition.



### 1) Determine that an outbreak exists

Two outbreak definitions were developed by consensus by the BC *Legionella* Guidelines Working Group in 2016:

**Cluster requiring further investigation:** Two or more cases infected by the same *Legionella* species residing, working or spending a significant amount of time within a defined temporal and geographic area<sup>6 7</sup>

**Outbreak:** Two or more cases infected by the same *Legionella* species with epidemiological<sup>8</sup> or microbiological evidence of a common source

### 2) Confirm the diagnosis

### 3) Develop an outbreak case definition

Establish an outbreak-specific case definition<sup>9</sup>, which may include clinical, epidemiological and microbiological elements.

### 4) Establish an outbreak team (11)

The team should be scalable based on the size and complexity of the outbreak. At a minimum, it should consist of the local MHO and Environmental Health Officer (EHO), as well as an epidemiologist and microbiologist with experience in *Legionella*. If the outbreak is occupationally-related, the team should include a WSBC physician and Occupational Hygiene Officer. See Table 4 for roles of the various team members.

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<sup>6</sup> A review of legionellosis outbreaks from 1994-2013 found that cooling tower-related outbreak cases occur within 11km (usually within 3km) of the source and outbreaks last 2 weeks to 5 months (usually 1-2 months). Legionellosis outbreak cases associated with other sources all have been at or very near the source and outbreaks last 1 week to 4 months (usually <1 month) (19).

<sup>7</sup> The *Legionella* cluster space and time parameters in use in BC can be obtained from the BCCDC at 604-707-2558.

<sup>8</sup> Epidemiological links include visiting or residing in the same facility or the same accommodation or using or being close to the same device or system (e.g. hot tub, cooling tower).

<sup>9</sup> Examples of case definitions can be found here <https://legionnaires.ecdc.europa.eu/?pid=207>



**Table 4. *Legionella* outbreak team members**

Profession	Role
Medical Health Officer	Leads regional investigation including declaring the start and end of an outbreak and taking action to control the outbreak
Environmental Health Officer	Interviews cases and leads environmental investigation including inspection and environmental sample collection
Epidemiologist	Conducts data management and epidemiological analyses
Public health laboratory microbiologist	Conducts and interprets clinical and environmental sample testing
Infection Control Practitioner (ICP) or Officer	Identifies hospitalised cases, collects data on cases, provides liaison between public health authorities and facility staff, assists with facility investigation
Mechanical/Plumbing Engineer	Designs and assesses ventilation and plumbing systems in buildings
Public health (water) engineer	Assesses water systems in buildings and the community
Occupational health physician	Assesses likelihood of occupational exposure
Industrial hygienist	May conduct on-site workplace water system assessments, advise on sample collection and recommend control measures to prevent health risks
Facilities manager	Provides liaison between the outbreak team and the facility, including technical facility staff (e.g. water treatment specialist, engineer, industrial hygienist)
Medical Geographer	Provides assistance in mapping cases, use of GIS, access to spatial and climate data

Other specialists may be helpful such as hydrologists (assist in assessing ground water quality) and meteorologists (assist in accessing and analyzing meteorological data).

In an outbreak affecting a single Health Authority, the local MHO leads the investigation; if multiple Health Authorities are affected, BCCDC leads the investigation.

### 5) Case finding

Active case finding should be considered to inform the source investigation and increase the ability to solve the outbreak. If more than one case resides in a health care facility,



active case finding is recommended for other residents/patients and staff of the facility (11).

## 6) Data collection

Collect environmental, epidemiological and microbiological data.

**Epidemiological data** is collected through case interviews. The Case Report Form may be sufficient to identify a common exposure. If not, a focused or open-ended questionnaire can be developed to ask questions related to a suspected source or to generate a hypothesis, respectively.<sup>10</sup> Some considerations include daily diaries of places visited, routes and journeys taken and a description of frequent potential exposure locations (19-21).

**Environmental data** such as the location and type of at-risk water systems are collected through site inspections and through manufacturer information, often found online (see Section 3.2). **Microbiological data** on cases and the environment are collected through sample collection and testing (see Section 3.2). Consult the BCCDC Public Health Laboratory for advice on appropriate sampling and interpretation of results. Molecular typing (e.g. MLST) of isolates from cases and environmental sources can confirm the link between cases and sources.

In cooling tower-associated outbreaks, meteorological data can inform the dispersal of aerosols contaminated with *Legionella*. Temperature, humidity, atmospheric stability, wind speed and direction may influence dispersal (22, 23). Meteorological data is available at: <http://climate.weather.gc.ca/>

## 7) Describe the outbreak by person, place and time

Descriptive epidemiology may be sufficient to establish a hypothesis as to the source of the outbreak. An epidemiological curve can help assess whether the outbreak was due to a single release over a short time period or an ongoing source. Consider mapping locations visited during the incubation period using a map or geographic information system (GIS) to visualize overlap between cases and potential environmental sources, such as cooling towers (21). It may be necessary to map travel routes and cooling towers in the vicinity of cases. Assistance can be requested from BCCDC for mapping and/or using GIS.

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<sup>10</sup> A template for a trawling questionnaire is available at:  
<https://legionnaires.ecdc.europa.eu/?pid=215>



### 8) Develop a hypothesis as to the environmental source of the outbreak

The environmental source of the outbreak may be a specific device or location or a general area and will guide the inspection and specimen collection within that area.

### 9) Test the hypothesis

Ideally, the descriptive epidemiology combined with site inspections and microbiological data will confirm the source. This is particularly true if the same *Legionella* genotype is found in cases and plausible environmental sources.

Analytical studies may be needed but are expensive and time-consuming. They should only be used when descriptive epidemiology combined with environmental and microbiological data are insufficient to confirm the hypothesis and there is a specific hypothesis to test using statistical methods. Case-control studies have most often been used when cooling towers were the source (24-26).<sup>11</sup> When accurate location information is available, GIS can be used in advanced analytical studies such as buffer analysis and dispersion modeling. BCCDC has developed a summary of available tools which is available upon request. GIS expertise is also available upon request at the BCCDC.

## 3.2 Environmental Investigation Including Microbiological Sampling

The environmental investigation should be performed in an iterative manner as depicted in Appendix 4, starting with identification of the potential epicentre through epidemiological assessment, followed by identification of high risk sources within the site, inspection of these sources and subsequent sampling. Findings from the environmental investigation may require enhancement of the epidemiological investigation.

### 3.2.1 Investigative Approach

Initiation of an environmental investigation should occur within 24 hours of identification of a suspected source or potential at-risk site, depending on the case context. The environmental investigation includes:

- Site assessment and system inspection
- Environmental sampling
- Microbiological testing

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<sup>11</sup> Examples of study types used in legionellosis outbreaks: <https://legionnaires.ecdc.europa.eu/?pid=426> and <https://legionnaires.ecdc.europa.eu/?pid=418>



The environmental investigation will usually be coordinated by an EHO in consultation with the facility manager, the ICP, engineers and industrial hygienists, depending on the scope of the investigation (see Table 3). If the setting is occupational, WSBC should be involved. The site assessment and sampling strategy should be developed collaboratively with the outbreak team to ensure an understanding of the sampling context and accurate interpretation of the results.

#### *Safety* [8]

Investigators should liaise with the facility manager to identify potential hazards which may be encountered during an investigation. These hazards will dictate the steps necessary to mitigate the risk of exposure to aerosolized contaminated water which would necessitate system shut down and/or respiratory protective equipment. Investigators must comply with Occupational Health and Safety Regulations, including Exposure Control Plans and Respiratory Protection Programs. Personnel at increased risk of *Legionella* infection due to underlying conditions or immunosuppression should not be involved in onsite environmental investigation.

### **3.2.2 Site Assessment**

The initial investigation should begin with the site implicated by the epidemiological investigation (e.g. building, water system/feature). If a single site has not been identified, define an initial area (e.g. neighbourhood) for investigation based on the environmental context. If no source is identified following sampling, the area under investigation should be expanded.<sup>12</sup>

Within the site or area, identify all systems using water and potentially generating aerosols and consider the following (27, 28):

- temperature range between 25 to 50°C
- sites with stagnant or non-flowing water
- piping system dead legs or reservoirs for amplification
- infrequently used outlets/fixtures, such as sink faucets
- sites at risk of aerosol release, such as shower heads, hot tubs, water features and fountains
- sites with pH in range of 5.5 to 9.2
- sites with sediment, scale, deposits or biofilms
- systems that have been disrupted by construction or maintenance or have had flow stopped and started again

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<sup>12</sup> Aerosolized transmission from cooling towers has been reported up to 12 km from the source (20).



Review existing documents to provide background information: Site Water Management Plans, logs of routine sampling and inspection protocols. This coupled with a walk-through can facilitate familiarity with the complexities of the water system which is essential to the collection of representative samples to profile potential operational risks.

Investigations of internal piped water systems should include rooms (e.g. hospital or hotel) used by cases and may need to expand to the entire system (11). Special consideration should be given to high risk sources of *Legionella* outlined in Appendix 1. If the cluster under investigation is associated with *L. longbeachae*, sites where individuals may come into direct contact with soil or compost should be identified (11).

Investigators should also consider whether there have been any recent changes to routine maintenance practices (e.g. activities causing pipe re-pressurisation, disinfection practices or products), personnel or renovation/construction activities that may have led to system disruption or affected the environment immediately around the system/building. Focus should be on conditions that fall within the incubation period prior to the onset of the first cases associated with the outbreak.

#### *System Inspection*

Each at-risk system identified through the site assessment should be thoroughly inspected, with documentation of findings. Investigators should consider system details that may increase risk of *Legionella* colonization, as listed in Appendix 5.

### **3.2.3 Sampling**

Sampling helps confirm the link between an environmental source and cases. Samples should be collected by a qualified professional (e.g. EHO or industrial hygienist or water technician) from sites identified through the site assessment (see Table 5). These samples should be collected prior to any precautionary disinfection or system flushing of potential sources, unless disinfection cannot be delayed. Investigators should collect samples in consultation with personnel with expertise in the site water system (e.g. maintenance technicians) to ensure the appropriate samples are obtained and collection is representative of both circulating water and possible dead legs. Please consult the BCCDC PHL Environmental Microbiology Laboratory at 604-707-2620 prior to sampling for guidance on sample collection.

#### *Sampling equipment (29)*

- Personal protective equipment (impervious gloves, fitted air purifying respirator and disposable coveralls, as determined by risk assessment)



- Sterile DNA/RNA free water bottles containing sodium thiosulfate (2x1L bottles or 10x200mL bottles)
- BCCDC PHL Water Microbiology Requisition Forms (<http://www.elabhandbook.info/PHSA>)
- Environmental swabs to collect biofilm samples (order from <http://www.elabhandbook.info/PHSA>)
- Chlorine/halogen/residual oxidant test kit, turbidity meter
- Flashlight
- pH test kit to help identify sampling sites
- Calibrated thermometer
- Camera
- Sterile plastic bags for collecting solid material
- Field data sheets and camera to record site investigation details

#### *Sampling assessment*

Sampling sites within the area should be chosen based on suitability for *Legionella* colonization and growth, as determined through the system assessment (see table 4).<sup>13</sup> The sampling approach and number of samples required will depend on the nature of the site, past testing results, maintenance quality control and the characteristics of the outbreak, including the species of *Legionella* implicated (*L. longbeacheae* vs *L. pneumophila*). Please consult the BCCDC PHL Environmental Microbiology Laboratory at 604-707-2620 prior to sampling for guidance on which sites to sample and how many samples to collect.

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<sup>13</sup> Avoid taking a sample directly downstream from the water treatment system as this will likely produce inaccurate results.



**Table 5. Potential sampling sites and environmental samples to collect from at-risk systems (29-32)**

System	Potential sampling sites	Samples to collect
Cooling towers, evaporative condensers <sup>14 15</sup>	<ul style="list-style-type: none"><li>• Make-up water or lines passing over areas where they may become heated to 25-50<sup>0</sup>C</li><li>• Collection basin</li><li>• Sump (where water is pumped back from collection basin)</li><li>• Return service near heat source</li></ul>	<ul style="list-style-type: none"><li>• Water (2L)</li><li>• Biofilm swab</li></ul>
Potable water systems	<ul style="list-style-type: none"><li>• Incoming service connection</li><li>• Water softener</li><li>• Tanks and cisterns</li><li>• Water heater, at inflow, outflow and flush spigot</li><li>• Expansion vessel</li><li>• Shower heads, faucets (pre-flush), aerators</li></ul>	<ul style="list-style-type: none"><li>• Water (2L)</li><li>• Water swab and/or biofilm swab</li></ul>
Small aerosol-producing devices	<ul style="list-style-type: none"><li>• Fountains – reservoir, trough and foam</li><li>• Humidifiers</li><li>• Ice machines (in heat exchange area)</li><li>• Irrigation equipment</li><li>• Power washers</li><li>• Medical equipment (e.g. medication jet nebulizer used in respiratory therapy)</li><li>• Hot tubs, whirlpools, spas<ul style="list-style-type: none"><li>○ Pool water, filter housing and balance tank</li><li>○ Filter material and biofilm from inside air jets, hoses, taps, shower heads and pipes</li><li>○ Biofilm above water line</li></ul></li></ul>	<ul style="list-style-type: none"><li>• Water (2L)</li><li>• Water swab and/or biofilm swab</li></ul>

<sup>14</sup> See Appendix 6 for diagrams of a cooling tower and an evaporative condenser.

<sup>15</sup> Apply caution when inspecting and sampling. Do not remove the hatch/door or enter without a good understanding of how to do so safely. Consult the site manager for safe entry.



### *Water sample collection and submission*

Water samples should be collected and submitted using the following protocol:

- Collect in sterile DNA/RNA free water bottles containing Sodium Thiosulfate. Routine 200mL drinking water sample bottles can be used for this purpose (order from BCCDC PHL at 604-707-2620).
- Collect at least 2 litres (1L for culture and 1L for PCR) of implicated water using sterile techniques (consult the eLab Handbook at <http://www.elabhandbook.info/PHSA>).
- Label each water bottle with clear sample identifiers.
- Measure chlorine level for each water sample and record on requisition.
- Complete a BCCDC PHL Water Bacteriology requisition form (<http://www.elabhandbook.info/PHSA>) and write “*Legionella* testing” under the section “Test Information”.
- Place requisition in a ziploc bag and shipped with water samples.
- Keep samples at ambient temperature during storage and transportation. Samples should not be frozen and extreme cold and extreme warm temperature should be avoided.
- Ship sample within 24 hours of collection.
- Submit samples to:

**BCCDC Public Health Laboratory  
Environmental Microbiology**  
655 West 12<sup>th</sup> Avenue  
Vancouver, BC  
V5Z 4R4

### *Biofilm/solid sample collection*

If samples other than water are being considered for testing (ie. biofilms, swabs, soil, compost or other), contact the BCCDC PHL Environmental Microbiology Laboratory at 604-707-2620 for additional instructions.

### **3.2.4 Testing**

Submitters should use the BCCDC PHL for testing of environmental samples associated with an outbreak and private labs for testing of environmental samples used in monitoring.<sup>16</sup>

The BCCDC PHL Environmental Microbiology Laboratory conducts a NAT (PCR) screen which identifies all *Legionella sp.* If positive, the sample is cultured and *Legionella* are

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<sup>16</sup> Ensure private labs are ISO certified and participate in external proficiency testing.



enumerated. Then, a second NAT (PCR) is conducted to identify *L. pneumophila*. The final specimen is sent to NML for typing using MLST.

It is ideal to recover an isolate from environmental samples to compare genetically to isolates recovered from clinical cases but this may not always be possible due to method limitations including:

- *Legionella* may enter viable but not culturable forms when stressed, such as at low temperatures, and may be difficult to recover by culture
- Other organisms found in water may compete with and kill-off *Legionella* in culture
- NAT tests may be inhibited by compounds found in water
- NAT tests cannot differentiate between live and dead cells, which is an important consideration in disinfected water supplies

## 4.0 Outbreak Control

The purpose of this section is to describe the actions required to control a *Legionella* outbreak once a source has been identified.

Occasionally, an outbreak source is not identified with certainty. However, in the course of an investigation, potential *Legionella* sources may be identified. These may include systems or devices with inadequate treatment or maintenance and/or with positive testing results which identify a different *Legionella* strain. Additional steps to remediate such potential sources may be required. These will be based on the opinion of the MHO and applicable legislation and regulations, depending on the extent of the hazard and the population exposed.

According to the hierarchy of controls, the most effective controls are implemented preferentially, wherever possible (31). Namely, elimination of the outbreak source should be considered followed by substitution of the contaminated device or medium, engineering controls, administrative controls and personal protective equipment.

### 4.1 Mandate

The MHO has the legislative authority to require actions be taken to control an outbreak.



The owner of the device, system or facility identified as the outbreak source is responsible for:

- Developing a remediation plan to be reviewed and approved by the MHO; and
- Implementing and paying for the control measures

If needed, the owner can obtain assistance from public health authorities or contracted technical experts to develop the remediation plan and/or implement control measures. The plan should take into account the relevant regulations associated with the outbreak source.

Based on a risk assessment, professionals working on or near a *Legionella* source should take the precautions necessary to limit their own risk, such as wearing personal protective equipment (PPE). Occupational health should be consulted and the Occupational Health and Safety Regulation must be followed.

## 4.2 Control Methods

The main control steps involve water treatment and disinfection. This includes physical cleaning, an initial shock treatment to remove contamination followed by adequate ongoing treatment (see Table 6). Depending on system type, disinfection can be done by thermal or chemical means or both. Combined disinfection (e.g. combined thermal and chlorine disinfection) is most effective. Wherever possible, physical cleaning needs to occur prior to chemical disinfection since chemicals do not penetrate biofilms or solids. Although thermal disinfection eradicates bacteria found in solids, physical removal of the solids should be done to prevent re-contamination.

Next, address all the features of the system that may have contributed to the outbreak. These include, but are not limited to, identifying and eliminating dead legs in the piping, maintaining the appropriate temperatures and disinfectant residuals to avoid *Legionella* growth, verifying the effective use of in line filters, identifying infrequently used circulation pumps which may contribute to water stagnation and minimising misting.

Finally, conduct a review of operation and maintenance procedures to ensure they are appropriate and adjust them when necessary (e.g. frequency and scope of inspections and cleaning, adequacy of chemical treatment systems).



**Table 6. Disinfection for *Legionella*** (see Appendix 7 for more details)

Types	Steps	Considerations
Thermal disinfection	Flush the entire system at >70°C for at least 30min <sup>17</sup> (29)	<ul style="list-style-type: none"><li>• Only applicable to hot water systems.</li><li>• Ensure that the device or system can withstand high temperatures.</li><li>• High water temperatures can cause scalding. Minimise potential for aerosolization and other contact.</li><li>• Best done when few people are onsite or few people need the water.</li><li>• Some hot water systems may have insufficient supply or pressure to support thermal disinfection.</li><li>• Dead legs or blind ends cannot be effectively flushed and will cause recontamination of water system; attempt to remove or close off.</li></ul>
Chemical disinfection (31, 33, 34) <sup>18</sup>	<ul style="list-style-type: none"><li>• Remove sediment, sludge, scale and biofilms with physical cleaning before chemical disinfection</li><li>• Flush the system with a chemical disinfectant</li><li>• Chlorination is most often used. It is available in gas, liquid and pill forms.</li><li>• In potable water systems, use at 50ppm for a minimum contact time of 1h with a residual of 30ppm. Flush the system with clean water to reach 0.5-1.0ppm (29, 30).</li><li>• In cooling towers, during shock treatment, maintain a pH&lt;7 and a residual of &gt;5ppm for ≥6h or 15ppm for ≥2h (35).</li></ul>	<ul style="list-style-type: none"><li>• Ensure the device or system can withstand the chemical.</li><li>• Address the risk that chemicals and their by-products may contaminate the system.</li><li>• Ensure chemicals are compatible with each other (i.e. do not neutralise)</li><li>• Chlorination targets a range of pathogens, can be used in hospital systems, but can be corrosive to pipes.</li></ul>

<sup>17</sup> The time it takes for this procedure depends on the water temperature when it reaches the outlets (31).

<sup>18</sup> Other treatments (e.g. monochloramine, chlorine dioxide, silver stabilised hydrogen peroxide, copper silver ionisation) exist but are either experimental or used mainly in industrial settings (31, 34).



Below are specific steps to consider for different sources.<sup>19</sup>

**Small aerosol-producing devices** (e.g. hot tubs, showers, fountains, humidifiers, sprinklers, emergency eye showers) (36, 37)<sup>20</sup>

1. Discontinue use and close access
2. Shut off the implicated system
3. Drain all water; dispose to waste or as directed by local by-laws
4. Scrub surfaces with a chemical disinfectant, where applicable
5. Rinse with clean water
6. Disinfect with thermal or chemical disinfection or both, where applicable (Table 6)
7. Remove and replace any defective components or components that cannot be disinfected
8. Flush with clean water

**Potable water system** (e.g. hospital or other facility water system) (20, 29, 32, 38, 39)<sup>21</sup>

1. Consider shutting off affected part of the system, if possible
2. Disinfect with thermal or chemical disinfection or both (Table 6)
3. Drain and clean water tanks (including descaling if necessary) after thermal disinfection
4. Remove and replace any damaged or at risk components or components that cannot be disinfected

**Cooling systems (including cooling tower, evaporative condenser, HVAC and other components)** (35, 38, 40, 41)

Different agencies recommend slightly different sequences or series of steps. The following proposed steps were modeled on Public Works and Government Services Canada recommendations (35). As there are thousands of patented Cooling Tower and Evaporative Condenser designs on the market, the steps must be tailored to each machine brand/model.

1. Shut system down
2. Conduct physical cleaning

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<sup>19</sup> It is assumed at this point that environmental samples have already been collected. If they have not, attempt to collect them prior to the system shut down or shortly thereafter.

<sup>20</sup> Specific guidance for hot tubs can be found here: <http://www.cdc.gov/legionella/downloads/hot-tub-disinfection.pdf>

<sup>21</sup> The recommendations for remediation of hospital water systems vary by jurisdiction. See (20) for a review of these recommendations.



3. Conduct chemical disinfection by shock chlorination (Table 6)
  - a. Maintain free chlorine residual of  $\geq 5$ ppm for  $\geq 6$ h or  $\geq 15$ ppm for  $\geq 2$ h
4. Resume water treatment program with scale and rust inhibitors and biocides

### 4.3 Testing and Restarting a Remediated Outbreak Source

The water at the source of a *Legionella* outbreak should be retested before the device or system is restarted or placed on line (in full operation). Disinfection may have been inadequate or physical cleaning may have dislodged additional bacteria. The Medical Health Officer's requirement can include a requirement to show proof that the remediation treatment was effective. In household and/or small water systems, testing may not be needed but a risk assessment should be conducted to assess ongoing risk, including assessment of adequate treatment.

In a drinking water system or aerosol-producing device, *Legionella* should be absent. If *Legionella* is still present, reassess and repeat the disinfection steps. If *Legionella* is absent, consider ongoing testing as per the water management plan.

In a cooling system, even after disinfection, there may still be some *Legionella* present. If the concentration is low, the risk of an outbreak is low. If the concentration is moderate or high ( $L_p$  tot is  $\geq 10,000$ cfu/L) then repeat the disinfection steps (35).

Once a system has tested satisfactorily, there may be a need to continue testing for a period of time. The frequency and duration of retesting should be determined by the outbreak team, depending on the source of the outbreak and the risk to the public, and included in the remediation plan. There is no evidence-based post-outbreak sampling and testing protocol. Several US and Canadian documents recommend sampling every 2 weeks for 3 months and every month for 3 months but the evidence and justification for this is not available (29, 32, 36, 39).

## 5.0 Prevention of *Legionella* Cases and Outbreaks

Once an outbreak has been controlled, efforts should be aimed at the prevention of future outbreaks. In addition, preventive measures should always be in place for systems and devices at risk of *Legionella* contamination and aerosolisation.



The purpose of this section is to provide public health professionals with the information necessary to ensure system and device owners are implementing best practices to prevent the contamination, growth and dissemination of *Legionella*.

The owner of a facility is responsible for preventive maintenance of at risk devices and systems (BC Occupational Health and Safety Regulation and Canada Occupational Health and Safety Regulations). In the case of a drinking water system in a healthcare facility or large building and of a cooling system, this should be documented in the form of a water safety plan/program, a facilities management plan or a preventive maintenance program (42).<sup>22</sup> Industry standards should be followed in all cases (31, 35, 43, 44).

## 5.1 Risk Minimisation

*Legionella* risk minimisation can be accomplished by (11):

- Appropriate design and installation (applicable to new systems and repairs)
  - Minimise stagnation and dead legs which lead to biofilm formation, sediments and deposits
  - Select materials that do not act as substrates or provide nutrients for biofilm formation
  - Ensure access to water sources for maintenance activities
  - Ensure location of cooling towers provides adequate distance from building air intakes and sources of bio-matter (e.g. trees, kitchen exhausts)
  - Ensure location of humidifiers in ducts allow for absorption of water mist
  - Ensure drain pans can drain properly
- Proper operation of equipment
  - Prevent low flow rates and stagnation of water
  - Be aware of, and address risks associated with, flushing (aerosolisation), restarting (dislodging of biofilms), and construction (contamination of exposed water systems)
  - Conduct regular inspections and regular cleaning
- Temperature control
  - Where possible, keep the temperature outside the range for *Legionella* growth (25-45°C)
    - Maintain cold water <20°C

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<sup>22</sup> Guidance for the development of a Water Management Program can be found here: <http://www.cdc.gov/legionella/downloads/toolkit.pdf> (42).



- Maintain circulating hot water at >50°C (>60°C in hot water tank) (45)
  - This may not be possible in cooling towers and potable water systems
    - Maintain water temperature at the limits of the *Legionella* growth range
    - Conduct periodic flushing at 50-60°C
- Regular disinfection to control biofilm formation and protozoal and *Legionella* growth
  - Regular use of disinfectants (e.g. chlorine), biocides (e.g. bromine) including oxidizers and pH adjusters

## 5.2 Monitoring Control Measures

A monitoring plan should be included in the overall plan or program. This involves:

- Ensuring preventive measures are being conducted,
- Conducting visual inspections, and
- Testing routine parameters (e.g. water temperature, pH, chemical residuals, total bacterial count).

Consideration can be given to including microbiological testing of *Legionella* bacteria in water systems as part of the overall monitoring plan (30-32, 39, 43). Periodic *Legionella* testing can help validate the effectiveness of preventive controls and lead to system adjustments.

The decision to test should be based on an overall risk assessment. Higher risk systems that may warrant this include, but are not limited to, the following:

- Water systems where appropriate controls are difficult to maintain
- High-risk populations (e.g., transplant units)
- Water systems previously colonized or suspected to be colonized with *Legionella*
- Routine parameter testing has detected a problem

Table 7 contains recommendations provided by other agencies and jurisdictions. If a threshold is met, preventive steps should be taken to mitigate the risk.



**Table 7. Monitoring Considerations for *Legionella***

System	Monitoring	Threshold for action	Comments
Potable water in healthcare facilities with transplant patient units (30, 32, 39, 46)	Regular <i>Legionella</i> testing	Any detection or >100CFU/L (29, 30)	Based on public health guidelines (29, 30)
Potable water in healthcare facilities with immunocompromised patients or patients at higher risk of legionellosis (31, 43)	Regular <i>Legionella</i> testing	Any detection or >100CFU/L (29, 30) <sup>23</sup>	Based on engineering and industrial hygiene guidelines
Potable water in healthcare facilities with no high risk patients (31, 32)	Wide variety of recommendations <sup>24</sup>	Wide variety <sup>23</sup>	
Potable water in other facilities	No standard recommendation	None given	
Cooling systems in any setting	Regular heterotrophic plate count and <i>Legionella</i> testing (11)  Weekly dipslide testing for total bacteria count, and monthly <i>Legionella</i> testing (35)  <i>Legionella</i> testing at spring start, after disinfecting and monthly during usage (47)	Lptot>10,000 CFU/L (35, 47)	<i>Legionella</i> may be regularly found in cooling towers since they are open to the environment. Single measurements may not accurately reflect risk but regular monitoring will provide trends.
Small aerosol-producing devices	To evaluate effectiveness of control measures (31)	>1000 CFU/L (31)	
At-risk system	As needed <i>Legionella</i> testing (31)	Depends on system type	Applies to systems having difficulty maintaining controls, with known risk features, undergoing construction, or previously implicated in a <i>Legionella</i> outbreak

<sup>23</sup> The suggested threshold for action from the AIHA is higher than this. The BC *Legionella* Guidelines WG suggests it should instead be the same as for healthcare facilities with transplant units.

<sup>24</sup> A review of hospital guidelines shows a wide variety of *Legionella* monitoring recommendations, from no sampling to sampling only under certain conditions (high risk patients exist, to monitor high risk systems, to assess effectiveness of control measures) to regular sampling (20).



A review of US guidelines for the primary prevention of legionellosis identified a variety of monitoring recommendations (17). Several national, state and local guidelines recommend monitoring water for *Legionella* in certain healthcare facilities/units. The types/location of water samples, the frequency of testing and the threshold for action all vary. An Institut National de Santé Publique du Quebec literature review and expert consultation concluded that routine healthcare facility testing of *Legionella* may not be feasible or useful for primary prevention (48). Although the risk of legionellosis is higher when the concentration of *Legionella* in the water system is higher, the infectious dose for *Legionella* is not known and therefore the threshold for action cannot be set with certainty (48). This same document recommends preventive measures, particularly water temperature control, to control *Legionella* in healthcare facility water systems (see Section 5.1).

A few health authorities have implemented cooling system registration programs and regular testing for, and reporting of, *Legionella*. Registration facilitates localization of cooling towers during an outbreak and allows oversight of monitoring practices and results. Following the 2012 legionellosis outbreak in Quebec City, the province of Quebec legislated in 2014 that all cooling towers must be registered and tested for *Legionella* on a regular basis (20). If the result shows >1,000,000CFU/L (>1000CFU/ml) of *L. pneumophila*, the owner has to inform the authorities and take corrective measures. New York State also legislated similar requirements in 2016, following two cooling tower outbreaks in NYC in 2015 (49). In Europe, several countries require cooling towers to be registered with local authorities and monitored for *Legionella* regularly (45).

### 5.3 Novel Water Uses and Technologies

#### *Reclaimed water*

There is increasing interest and use of reclaimed/recycled water such as rainwater and greywater (e.g. water from showers, bath, laundry) in non-potable applications such as household ([www.cmhc-schl.gc.ca/en/inpr/su/waho/waho\\_001.cfm](http://www.cmhc-schl.gc.ca/en/inpr/su/waho/waho_001.cfm)), community (e.g. living walls) and industrial uses. No *Legionella* outbreaks associated with reclaimed water have been reported to date but as with other water sources, it may contain *Legionella* (<http://www.wateronline.com/doc/how-prevalent-is-legionella-in-recycled-water-0001>). The risk of *Legionella* growth increases when water is stagnant, warm and contains nutrients (see section 1.C). The risk of *Legionella* transmission is present if the water may be aerosolised. These factors should be assessed when reviewing or approving water reuse projects.



### *New technologies*

Devices that use water and create mist or aerosols are at risk of transmitting *Legionella*. Any new technologies/devices should follow the manufacturer's instructions to disinfect and prevent contamination.

In 2016, heater-cooler units used in cardiac surgery were linked to legionellosis in Washington State (<http://www.seattletimes.com/seattle-news/health/operating-room-machines-test-positive-for-legionella-at-uwmc/>). In 2011, an outbreak of legionellosis occurred in a paper shredding plant ([www.promed.org](http://www.promed.org), posting 20110826.2604). The source was believed to be the shredder which used water for cooling and lubrication purposes. There have been several case reports of neonatal legionellosis associated with water births ([www.promed.org](http://www.promed.org), posting 20170608.5093537). Devices/processes should be used according to the Manufacturer's Instructions for Use. If they create mists and aerosols, they should be used with caution with high risk individuals and be considered a potential source during an outbreak investigation.

New processes such as composting on a large scale may also increase legionellosis risks (50). In 2015, a case of *L. longbeachae* occurred in a compost worker in BC.

## **5.4 Education**

Awareness and understanding of *Legionella* disease, epidemiology and risk factors is necessary to enable rapid identification, investigation and control of outbreaks as well as to implement and monitor preventive actions.

Professionals in public health, laboratories, infection control, industrial hygiene and building engineering should have this knowledge.



## 6.0 Appendices

### Appendix 1: Risk Factors for *Legionella* Infection by Source (Source: WHO) (11)

	Cooling water systems	Hot and cold-water systems	Hot tubs Natural spa pools Thermal springs	Humidifiers Respiratory equipment	Potting mixes Compost
<b>Commonly implicated <i>Legionella</i> species</b>	Predominantly <i>L. pneumophila</i> sg 1	<i>L. pneumophila</i> sg 1, 2, 4, 6, 12, <i>L. micdadei</i> , <i>L. bozemanii</i> , <i>L. feeleii</i> and others	<i>L. pneumophila</i> sg 1, <i>L. micdadei</i> , <i>L. gormanii</i> , <i>L. anisa</i>	<i>L. pneumophila</i> sg 1,3 and others	Exclusively <i>L. longbeachae</i>
<b>Modes of transmission</b>	Inhalation of aerosol	Inhalation of aerosol, aspiration	Inhalation of aerosol, possible aspiration	Inhalation of aerosol	Direct contact or inhalation of aerosols
<b>Disease outbreaks</b>	Rapid onset over wide area, resolve within incubation period	Low numbers of cases over prolonged periods	Rapid onset confined to users and those in close proximity	Low numbers over prolonged periods. Rapid onset confined to users and those in close proximity	Low numbers of cases over prolonged periods
<b>Risk factors (environmental)</b>	Proximity of population, seasonal/climatic conditions, intermittent use, poor maintenance, poor design	Complex water systems, long pipe runs, poor temperature control, low flow rates/stagnation	Poor maintenance, stagnant areas in system	Use of non-sterile water, poor maintenance / cleaning, operation at temperatures conducive to <i>Legionella</i> growth	Seasonal (spring and autumn), use of potting mixes/compost gardening

sg = serogroup

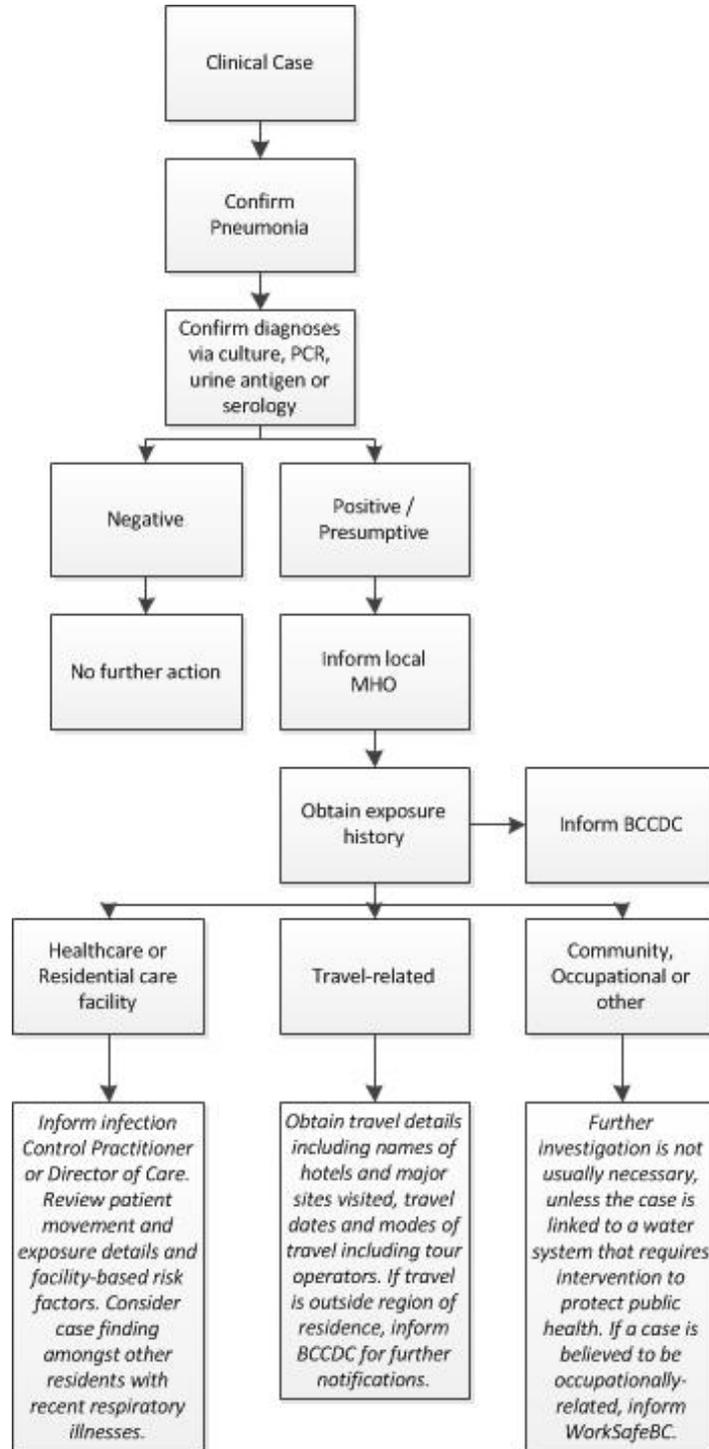


**Appendix 2: Potential *Legionella* Sources in Installations** (Adapted from Irish Health Protection Surveillance Centre) (19)

High Risk Sources	Other Risk Sources
Cooling towers/evaporative condensers/air conditioning systems and hybrid systems – associated with major community outbreaks	High pressure hosing/cleansing
Potable hot water systems (particularly in hospitals, hotels, leisure facilities and care homes to a lesser extent) – often related to shower-heads	Car/train wash
Whirlpools/spa baths (both ‘display’ and leisure)/birthing pools	Industrial water systems (for example concrete batching plants, aqueous tunnel washers)
	Plant and machinery cooling systems (which are open)
	Fountains
	Commercial irrigation system (e.g. used in sports venues)
	Sewage plants
	Ship water pump repair
	Growing media / composted green waste (specific species: <i>L. longbeachae</i> )
	Garden sprinkling water systems (both from indoor and outdoor taps)
	‘Respiratory therapy devices’ which generate aerosols; ‘Aerosolising’ devices
	Contaminated hospital equipment
	Hot spring bath water
	Public bath water
	Ice machines
	Dental equipment
	Food display humidifiers
Air humidifiers	

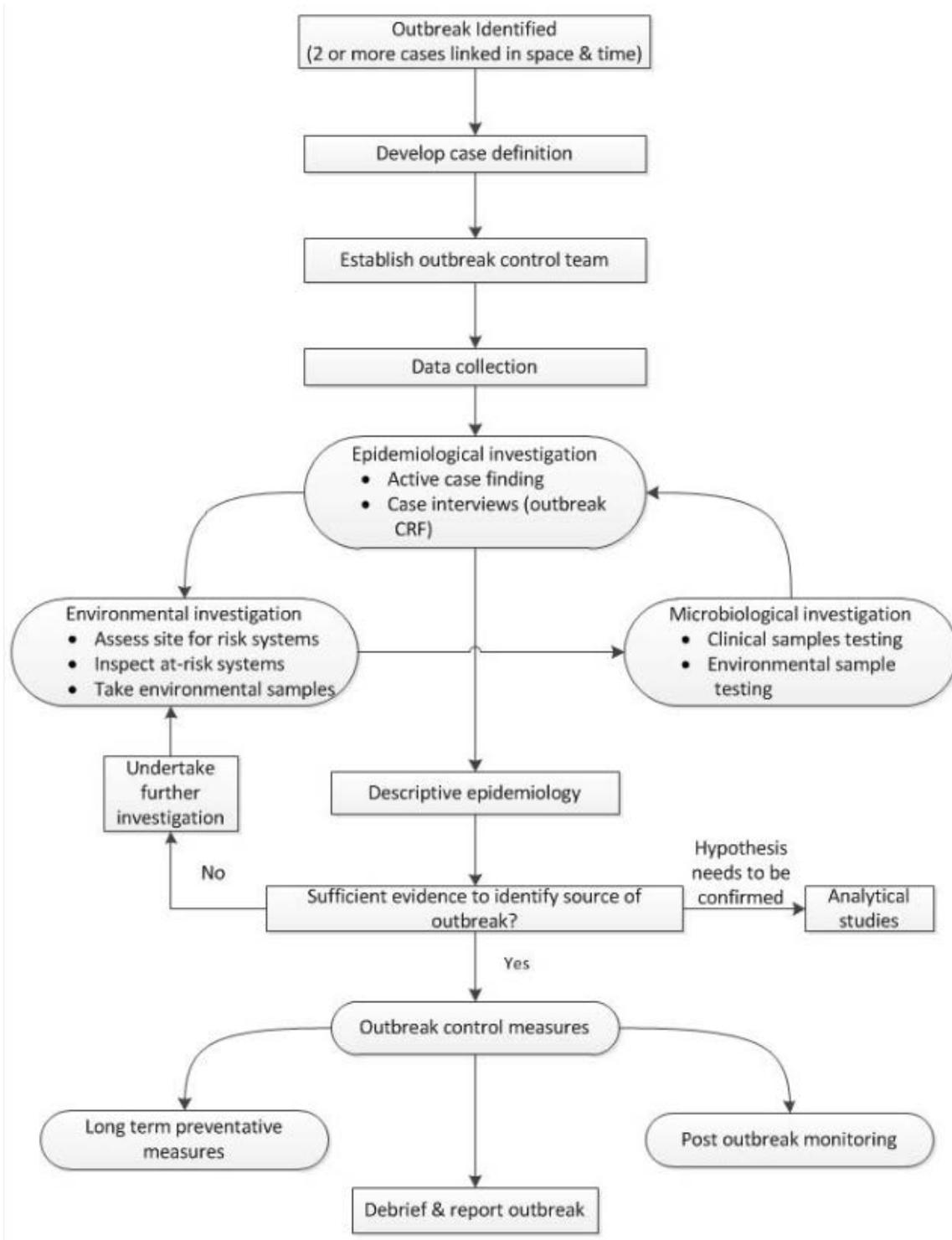


Appendix 3. *Legionella* Single Case Investigation Flowchart (see Section 2.2) (51)





Appendix 4. *Legionella* Outbreak Investigation Flow Chart (see Section 3.1 for details)





**Appendix 5. System characteristics to consider during inspection (27, 31, 35, 43, 52)**

<b>System</b>	<b>Characteristic</b>	<b>Interpretation</b>
Cooling towers, evaporative condensers	Proximity to air intake/outlet	To assess proximity to case locations and to sources of debris (e.g. trees, exhaust)
	Location of device	
	Type of cooling tower	e.g. Natural Draft Spray, Induced Draft, Counter Flow Induced Draft, or Cross Flow Induced Draft Tower and evaporative condensers in conjunction with HVAC systems
	Use of drift eliminator, location of demister, presence of dead legs	To assess whether mechanical devices reduce amount of water droplets and mist
	Visible condition	To determine physical damage, presence of leaks in cooling tower, into air exchange or building HVAC and the presence of visible bacterial growth or biofilm and debris
	Use of algaecide or biocide	To determine use of these treatment chemicals (e.g. halogen, residual oxidants) in recommended concentrations and log of routine testing regimen
	Date of installation	To assess age of system, construction material, risk of sediment, rust and other deposits, biofilms, stagnancy/dead legs, past control measures, potential risk factors, whether recent cleaning or intermittent operation
	Water management plan, operation record	
	Routine maintenance, service records, repair history, preventive work records	
	Service company contact information	To obtain further information on past control measures and potential risk factors
	Connections to potable water system	To assess quality of feed water, risk to others and water treatment in use
	Water temperature	Growth range between 25 to 50°C
Backflow prevention (BFP)	High risk areas should have BFPs to ensure not contaminating facility	



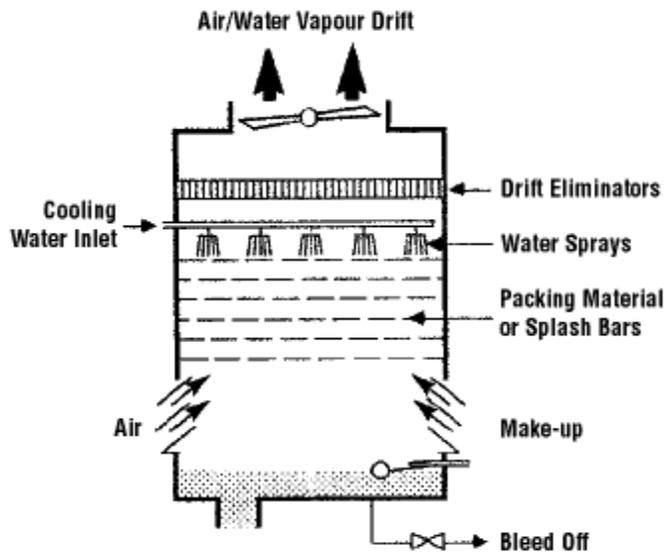
System	Characteristic	Interpretation
Domestic water systems	Area served	To assess proximity to case locations and vulnerable populations
	Date of installation	To assess risk of sediment, deposits, biofilms, stagnancy and whether recent cleaning or intermittent use
	Supplier	
	Chlorine residual	To characterize water in the system and loss of residual at different points in system; within appropriate range?
	Temperature at proximal and distal locations	To determine if adequate for prevention of <i>Legionella</i> growth
	Water recirculation	To determine if dead zones or stagnant areas; if recirculation is continuous or scheduled
	Backflow prevention (BFP)	High risk areas should have BFPs to ensure not contaminating facility
	Water heaters or break tanks	Assess settings to determine if temperature suitable for <i>Legionella</i> growth
	Tank design	Side heaters (as opposed to bottom heaters) increase <i>Legionella</i> growth risk
	Dead legs in plumbing designs	Assess increase risk of low-flow or stagnant water in pipes
	Shower heads and point of use (near, mid, distal)-design and locations	Determine proximity to cases, if used regularly, ability to create aerosols, potential reservoir for biological growth, presence of aerators
	Maintenance records	Cleaning schedule and adequacy
	Supplemental disinfection system for control of <i>Legionella</i> or other microorganisms	To assess that adequate Quality Assurance/Quality Control measures used to ensure necessary disinfection
Humidifiers, fountains, misters, irrigation systems (e.g. water picks),	Indoor vs. outdoor	Useful for determination of pathway for exposure, temperature variations
	Visible condition	Visible bacterial or fungal growth on



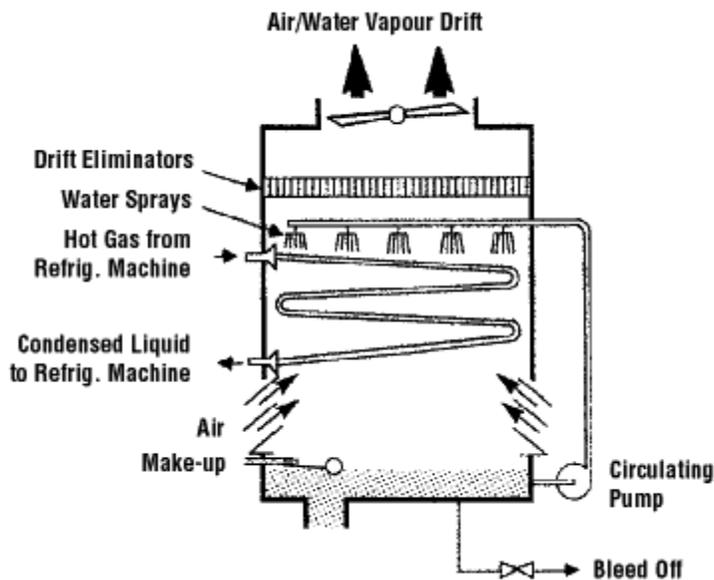
<b>System</b>	<b>Characteristic</b>	<b>Interpretation</b>
emergency equipment (e.g. eye wash/showers), fire suppression systems and other water features		surface walls and unclear water indicate presence of biofilms
	Use of algacide or biocide	Assess if in use and in sufficient concentrations to prohibit growth
	Water supply	To assess feed water purity (eg., residual chlorine/halogenation)
	Filtration	Type and maintenance of filter, assess as source of biofilm growth
Spas, whirlpools, hot tubs	Indoor vs. outdoor	Useful for determination of exposure routes, temperature etc.
	Visible condition	To assess visible debris, dead legs, aerosol generation
	Chlorine/bromine concentration	Determine if within required range
	pH	Growth range between pH 5.5 to 9.2
	Cyanuric acid level	Determine if within required range
	Type of filters	Assess maintenance practices
	Date last backwashed	Assess maintenance practices
	Date last drained and scrubbed	Assess maintenance practices
	Temperature	Growth range between 25 to 50°C
	Visible biofilm layer (check skimmer baskets too)	Biofilms can be sites for legionella colonization
	Fill water supply	Should be from approved source with backflow preventer; Assess levels of chlorination and sediment/opacity
	Review and obtain copy of maintenance records	To assess residual sampling (chemicals & biological culture tests including surrogate bacterial indicators – Heterotrophic Plate Counts, Total Coliforms, fecal coliforms), cleaning, water changes, etc.
	Adequate ventilation	Air flow supply rates from the local air handling system

**Appendix 6: Diagram of a cooling tower (a) and evaporative condenser (b)** (Source: Canadian Centre for Occupational Health and Safety)

A. Cooling tower



B. Evaporative condenser





**Appendix 7: Water Treatment and Disinfection Options against *Legionella* (11, 43, 44)**

Treatment	Method of Action/ Disinfection	Pros	Cons
<b>Thermal</b>	<ul style="list-style-type: none"><li>- Kills via heat</li><li>- Damages cell wall/envelope</li><li>- Denatures vital proteins</li></ul>	<ul style="list-style-type: none"><li>- Effective against range of organisms</li><li>- Not corrosive to piping</li><li>- Readily available for emergency use</li><li>- Current infrastructure</li><li>- Typically doesn't require vendors</li><li>- Inexpensive</li></ul>	<ul style="list-style-type: none"><li>- Difficult to achieve adequate temperature</li><li>- No residual action</li><li>- Not very effective against biofilm</li><li>- Likely re-colonization if no further action</li><li>- Scalding risk</li><li>- Potential damage to temperature sensitive equipment</li><li>- Time consuming if large system</li></ul>
<b>Chlorination</b> <sup>25</sup>	<ul style="list-style-type: none"><li>- Oxidation</li><li>- Sodium hypochlorite or chlorine gas</li></ul>	<ul style="list-style-type: none"><li>- Targets range of pathogens</li><li>- Recommended for use in hospital water treatment (CDC, 2003)</li><li>- Adequate residual concentration</li><li>- Various forms: gas, solution, tablets, powder, etc.</li><li>- Wide range of pH</li><li>- Inexpensive</li></ul>	<ul style="list-style-type: none"><li>- Powerful oxidant, corrosive to pipes</li><li>- Efficacy impacted by temperature, pH</li><li>- Gas is toxic at low levels</li><li>- Biofilm penetration limited</li><li>- Aesthetic properties (odor)</li><li>- Contains regulated disinfection by-products (e.g., trihalomethanes, haloacetic acid)</li><li>- Introducing chlorine into a plumbing system can cause backflow issues.</li><li>- Chlorine is a toxic process gas; stringent isolation controls are required in BC</li></ul>

<sup>25</sup> Other chemical disinfectants also exist. Consult references (11, 43, 44)



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