Date: July 20, 2015    Administrative Circular: 2015:11

ATTN: Medical Health Officers and Branch Offices
Public Health Nursing Administrators and Assistant Administrators
Holders of Communicable Disease Control Manuals

Re: Update to Communicable Disease Control Manual,
Chapter 1 – Communicable Disease Control

Please note the following changes to the Communicable Disease Control Manual –
Chapter 1 Communicable Disease Control:

BLOOD AND BODY FLUID EXPOSURE MANAGEMENT GUIDELINE

- This guideline focuses on the possibility of transmission through blood and body fluids (BBF)
  and addresses risk assessment and management of persons exposed to BBF (i.e. hepatitis B virus (HBV),
  hepatitis C virus (HCV) and Human Immunodeficiency Virus (HIV)).

- Improvements in sensitivity of laboratory tests have prompted changes in the frequency of
  follow up testing. As a result, HIV window testing periods (Taylor et al. 2014) and new
  recommendations for post-exposure management for HBV in health care personnel (CDC
  MMWR 2013) have been published.

BLOOD AND BODY FLUID EXPOSURE MANAGEMENT TOOL

- The Blood and Body Fluid Exposure Management Tool is a new document developed to
  provide a summarized version of the revised Blood and Body Fluid Management Exposure
  Guideline.

Please remove the following from the Communicable Disease Control Manual – Chapter 1
Communicable Disease Control:

- Blood and Body Fluid Exposure Management – dated March 2010
Please *insert* the following into the Communicable Disease Control Manual – Chapter 1 Communicable Disease Control:

- **Blood and Body Fluid Exposure Management** – dated July 2015 - pages 1–26
- **Blood and Body Fluid Exposure Management Tool** – dated July 2015 – pages 1-12

This document will be posted on the BCCDC website at: [http://www.bccdc.ca/dis-cond/comm-manual/CDManualChap1.htm](http://www.bccdc.ca/dis-cond/comm-manual/CDManualChap1.htm)

If you have any questions regarding these practice changes, please contact Cheryl Prescott, Senior Practice Leader at 604-707-5651 or [Cheryl.Prescott@bccdc.ca](mailto:Cheryl.Prescott@bccdc.ca).

Sincerely,

Mark Tyndall, MD, ScD, FRCPC
Executive Medical Director
BC Centre for Disease Control

**pc:**
- BC Ministry of Health:
  - Dr. Perry Kendall
  - Provincial Health Officer
- Dr. Bonnie Henry
  - Deputy Provincial Health Officer
- Dr. Bob Fisk
  - Medical Consultant
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- Craig Thompson
  - Director of Immunization
  - Healthy Populations and Development Branch
- Warren O’Brian
  - Executive Director,
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