PYRIDOXINE (VITAMIN B6)

Pyridoxine is another name for Vitamin B6. Vitamin B6 is used to prevent numbing and tingling of the hands or feet sometimes caused by Isoniazid or other TB medicines.

When should I take this?
- Take this medicine at the same time every day. This will help you remember to take the medicine.

How should I take this?
- Take as directed by your doctor.

What should I do if I miss a dose?
- If you miss a dose, take that dose as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.
- You do not need to take a double dose.

Is there anything I should avoid when taking this?
- Tell your doctor and pharmacist if you are taking any other medicines, including any over-the-counter (non-prescription) products (e.g. other vitamin preparations).

What are some possible side effects?
- If you experience numbing or tingling of your hands or feet even after taking the Vitamin B6, this may mean that you require more Vitamin B6. Tell your doctor or nurse.

Where should I store this medication?
- Keep away from the reach of children
- Store at room temperature in a cool, dry place.
- Protect from light

Where do I call if I have any other questions?
Your doctor, clinic or Public Health Unit: ________________________________
Vancouver TB Services Clinic: 604-707-2692
New Westminster TB Services Clinic: 604-707-2698
BCCDC Vaccine and Pharmacy Services: 604-707-2580