

Urethritis Treatment

Why has urethritis treatment changed?

Urethritis can be caused by different types of infections, pressure or trauma to the urethra from another source, or by irritants such as soaps. When the cause of urethritis is not yet known, it is important to test and wait for the results so that you are given the correct medicine. If you take antibiotic medicine when it is not needed, or if you take the wrong type of antibiotics, it can lead to antibiotic resistance.

What is antibiotic resistance?

Antibiotics are a type of medicine that can kill bacteria and are used to treat infections that are caused by bacteria. Antibiotics do not work on infections that are caused by viruses. Over time bacteria can change and evolve so that certain medicine no longer works to treat the infection. This is called antibiotic resistance.



Waiting for the test results before treatment is a way to help keep us all safer in the future.



You can expect to receive your test results and instructions in ____ days. If you have questions please follow up with your care provider.

How can I stay healthy?

- Use safer sex practices to keep you and your partner(s) healthy
- Get tested regularly and stay informed on sexually transmitted infections
- Talk with your partner(s) about activities that you are both comfortable with
- Stay up to date with vaccinations- ask a care provider or check [HealthLinkBC](#) or [Smart Sex](#) for information
- Never take medicine that was prescribed to someone else, or old medication you didn't finish before, even if you think you have the same symptoms.
- Always follow all the instructions from the health care provider.
- Get rid of old medications safely- bring them to any pharmacy for safe disposal, never flush them in the toilet or put in the garbage.



Learn more at smartsexresource.ca

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antibiotic
wise.ca

Speak to a health care provider to discuss your specific questions or concerns.