

Treatment of Yeast and Fungal Infections

Medications for the treatment of yeast and fungal infections are available "over-the-counter" and by prescription. For over the counter medications it is important to follow the instructions on the package. Ask the pharmacist for assistance if you have any questions.

WOMEN:

Vaginal yeast infections:

Over the Counter:

Intravaginal Creams:

- Clotrimazole (Canesten®) or Miconazole (Monistat®, Micatin®) vaginal inserts or cream 3 to 6 nights Price range: \$13 - \$20

Oral Treatment:

- Fluconazole 150 mg oral tablet x once only Price range: \$20 - \$23.

Prescription for Intravaginal Cream:

- Butoconazole 2% (Gynazole®) x 1 application Price range: \$30 - \$35

MEN AND WOMEN:

External yeast or fungal rashes:

Over the Counter Topical Creams:

- Clotrimazole (Canesten®) or Miconazole (Monistat®, Micatin®) or Clotrimaderm topical cream applied twice daily for 2 weeks.
Price range: Trade name products - \$9 - \$19 for 15grams
Clotrimaderm (generic) - \$10 for 30grams

Note: External fungal infections are generally treated with "over the counter" topical creams. If yeast or fungal symptoms are not resolved within 2 weeks, see your health care provider for reassessment.

If you have any questions or need further information, please contact your health care provider, health unit or see contact information below.

Revised: May 31, 2012

