



BC Centre for Disease Control
An agency of the Provincial Health Services Authority

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Dear Health Care Provider:

We have received a *Confidential Notification of Sexually Transmitted Infection* report from your office indicating a non-standard treatment regime or dosage for treatment of a reportable sexually transmitted infection in a patient under your care. For your reference, please note the following standard treatment protocols for sexually transmitted infections in the province of British Columbia. In some cases, BCCDC's treatment recommendations differ from the Canadian STI guidelines, and are based on ongoing provincial surveillance data.

Sexually Transmitted Infection**	Recommended Treatment**
Chlamydia, uncomplicated	<i>Either:</i> Doxycycline 100mg PO bid x 7 days <i>or</i> Azithromycin 1gram PO in a single dose
Gonorrhea, uncomplicated (all sites)	<u>Preferred treatment options:</u> <i>Either:</i> Ceftriaxone 250mg IM in a single dose <i>or</i> Cefixime 800mg PO in a single dose PLUS Azithromycin 1 gram PO in a single dose <i>or</i> Doxycycline 100mg PO bid x 7 days <u>Alternate treatment:</u> Azithromycin 2 gram PO in a single dose
Cervicitis, mucopurulent	Treat as per 'Gonorrhea, uncomplicated' unless gonorrhea is ruled out.
Urethritis NYD	Treat as per 'Gonorrhea, uncomplicated' unless gonorrhea is ruled out.
Urethritis, non gonococcal (NGU)	<i>Either:</i> Doxycycline 100mg PO bid x 7 days <i>or</i> Azithromycin 1 gram PO in a single dose
Outpatient pelvic inflammatory disease (PID)	<i>Either:</i> Cefixime 800mg PO in a single dose <i>or</i> Ceftriaxone 250mg IM in a single dose PLUS Doxycycline 100mg PO bid x 10 days <i>or</i> Azithromycin 1 gram PO in a single dose; repeat in 1 week WITH Metronidazole 500mg PO bid x 10-14 days (optional)
Epididymitis <i>Note: Chlamydia and gonorrhea account for most of the epididymal infections in men <35 years of age.</i>	<i>Either:</i> Cefixime 800mg PO in a single dose <i>or</i> Ceftriaxone 250mg IM in a single dose PLUS Doxycycline 100mg PO bid x 10-14 days

****For doses in pregnancy/lactation, allergies, other conditions or drug options, please see the STI guidelines.**

Further details can be found in the *British Columbia Treatment Guidelines for Sexually Transmitted Infections in Adolescents and Adults 2014*, the *Canadian Guidelines on Sexually Transmitted Infections*, or the CRNBC (nursing) STI certified practice decision support tools (DSTs) online: http://www.bccdc.ca/dis-cond/comm-manual/CDManual_Chap5.htm.

Sincerely,

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A research and teaching centre affiliated with UBC