Healthy neighbourhood design is facilitated by land use decisions which prioritize complete, compact and connected communities.

Accessibility and affordability of healthy foods can be supported through land use planning and design.

Community planning which preserves and connects the surrounding natural environment can have significant health and well-being impacts.

Healthy transportation networks prioritize and support active transportation modalities.

The design, quality, and affordability of diverse housing options has a critical influence on health and well-being.
A Framework for Healthy Built Environment

**Neighbourhood Design**
1. Create complete neighbourhoods through mixed land use
2. Build compact neighbourhoods through efficient planning
3. Enhance connectivity with efficient and safe networks
4. Prioritize new developments within or beside existing communities

**Transportation Networks**
1. Use street designs which prioritize active transportation
2. Make active transportation networks safe and accessible for all ages and abilities
3. Design connected routes for active transportation and support multiple modalities
4. Consider the aesthetics of road, rail and waterway networks

**Natural Environments**
1. Preserve and connect environmentally sensitive areas
2. Maximize opportunities for everyone to access natural environments
3. Reduce urban air pollution by expanding natural elements across the landscape
4. Mitigate urban heat islands by expanding natural elements across the landscape

**Food Systems**
1. Increase equitable access to and affordability of healthy food options
2. Protect agricultural land and increase the capacity of local food systems
3. Support community-based food programs

**Housing**
1. Prioritize affordable housing options through diverse housing forms and tenure types
2. Ensure adequate housing quality for everyone
3. Provide specialized housing options to support the needs of marginalized populations
4. Site and zone housing developments to minimize exposure to environmental hazards

**Social Well-Being**

**Economic Co-Benefits**

**Small & Medium Sized Communities**