Equity in EPH Framework exercise

GOAL: Identify actions individuals and departments or organizations can take to support health equity.

This exercise can be an individual reflection or small group exercise. If the whole group is 10 people or less, this could be done collectively.

**Framework:** <http://www.ncceh.ca/sites/default/files/Health_Equity_PHIs-Framework_Sept_2016.pdf>

**User guide:** <http://www.ncceh.ca/sites/default/files/Health_Equity_PHIs-User_Guide_Sept_2016.pdf>

activity

* Review the Framework with the group.
* Each person or small group chooses one of the action points (numbers 2 through 9).
* Individuals or small groups answer the questions as best they can in the moment. Allow 10-15 minutes for consideration of the Framework questions.
* Each person or small group considers how they could find out or do more to build on how they have answered the questions.
* Each person or small group identifies one action they can take right away, ideally with a personal commitment to take that action. (They can be small actions like committing to learning more or asking questions.)
* If done individually, ask for volunteers to share their actions or a key new learning with the wider group. If done in groups, ask each group to share one key point or action they identified.