

Session 1 - Recipe Components Activity

Steps:

1. Print and cut out recipe steps
2. Mix up recipe steps and hand out to 7 participants
3. Have participants communicate and order themselves in a line-up from start to finish of recipes steps
(Read recipe from start to finish, gather ingredients/gather cooking equipment, chop, measure, cook + enjoy!)

READ RECIPE FROM START TO FINISH

GATHER INGREDIENTS

GATHER COOKING EQUIPMENT

CHOP

MEASURE

COOK

ENJOY!