

## Food Skills for Families Programs

CITY	PROGRAM	HOST ORGANIZATION	SESSION 1	SESSION 2	SESSION 3	TIME	NOTE
Abbotsford	Food Sense	Gurdwara Sahib Kalgidhar Darbar	05-Jul-23	12-Jul-23	19-Jul-23	-	Senior's group, Punjabi speaking

***Introduction Pilot Programs are 1-3 sessions long that run for 1hr per session. To register, contact the host organization directly.***