



## Competencies for Dispensing Prophylactic Medications Post Sexual Assault by CRNBC Sexually Transmitted Infection Certified Practice Registered Nurses

Knowledge of:	Skill in:	Judgement in:	Attitude by:
<ul style="list-style-type: none"> <li>• client centred-care as it relates to offering prophylactic medications after sexual assault</li> <li>• factors that impact the transmission of STI/HIV</li> <li>• community, educational, and health care resources available to assist in client care, follow-up, and referral</li> <li>• prophylactic STI treatment recommendations post sexual assault</li> <li>• pharmacology, common side effects, adverse events, and contraindications related to medications</li> <li>• client teaching points including means of protecting others from potential transmission of infection</li> <li>• documentation and reporting requirements for sexual assault and STI/HIV</li> <li>• criteria for consultation and/or referral to sexual assault services, physician, or nurse practitioner</li> </ul>	<ul style="list-style-type: none"> <li>• engaging in a highly sensitive manner with a client who has experienced a sexual assault in ways that allow for the client to direct his or her care</li> <li>• obtaining a relevant sexual health history including sexual assault history</li> <li>• assessing the level of potential risk for acquiring an STI/HIV in relation to the type of exposure</li> <li>• assessing possibility of pregnancy and performing urine pregnancy test</li> <li>• performing relevant STI physical assessment, specimen collection, and testing</li> <li>• providing appropriate client information</li> <li>• administering and dispensing medication</li> <li>• assessing mental health status of client and need for referral or support post sexual assault</li> </ul>	<ul style="list-style-type: none"> <li>• referring for HIV post-exposure prophylaxis (PEP) assessment</li> <li>• determining appropriate strategies for providing client care and follow-up</li> <li>• maintaining client confidentiality</li> <li>• consulting and/or referring to a specialized sexual assault program, physician, or nurse practitioner</li> </ul>	<ul style="list-style-type: none"> <li>• demonstrating self-awareness of own beliefs and biases</li> <li>• demonstrating sensitivity when obtaining history of a client who has experienced a sexual assault</li> <li>• demonstrating empathy for client anxiety regarding risk of STI/HIV acquisition</li> <li>• respecting client's choice regarding assessment, taking medications, and/or accessing follow-up care</li> </ul>