



## Decreasing Influenza Activity in BC

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has likewise shown a decrease over the past few weeks. (See graphs on pages 4-6.)

### ILI Outbreaks

In week 13, one influenza A/H3 outbreak was reported in a LTCF in FHA, and one ILI outbreak (no pathogen identified) was reported in a school in VCHA. Since the start of the season (Sept 28), specimens have been submitted to BCCDC Laboratory Services in relation to 113 ILI outbreak investigations (97 in LTCFs, 10 in ACFs, 4 in schools, 1 in a correctional facility, and 1 in a substance abuse treatment centre). Influenza was identified in 44 (39%) of the investigations (33 in LTCFs, 7 in ACFs, and 4 in schools). Among the 33 influenza outbreaks in LTCFs this season, 29 (88%) were attributed to influenza A/H3, 1 to influenza A/H1, 2 to influenza A (sub-type not available), and 1 to influenza B. Rhino/enterovirus was furthermore identified in 13 (12%) of the investigations, RSV in 7 (6%), human metapneumovirus (HMPV) in 5 (4%), parainfluenza in 3 (3%), coronavirus in 2 (2%), and adenovirus in 1 (1%). No pathogen was identified in the other 38 investigations. (See graph on page 5.)

**Please remember to notify BCCDC of any ILI outbreaks occurring in your region by sending an e-mail to [ilioutbreak@bccdc.ca](mailto:ilioutbreak@bccdc.ca) and attaching the outbreak report form (a copy is found at the end of this report).**

### Laboratory Reports

During week 13, BCCDC Laboratory Services tested 134 respiratory specimens. Seventeen (13%) specimens tested positive for influenza A, and 10 (7%) tested positive for influenza B. Of the 17 influenza A specimens received during week 13, 15 (88%) were A/H3 and 2 (12%) were A/H1. An additional 16 specimens tested positive for rhino/enterovirus, 6 for parainfluenza, 4 for HMPV, 3 for RSV, 2 for coronavirus, and 1 for adenovirus.

During week 13, Children's and Women's Health Centre Laboratory tested 64 respiratory specimens. Fourteen (22%) specimens tested positive for parainfluenza, 9 (14%) for RSV, 3 (5%) for adenovirus, 2 (3%) for influenza B, and 1 (2%) for influenza A. (See graphs on page 6.)

### Highlights

During week 13 (Mar 29 - Apr 4), the rate of ILI visits to sentinel physicians declined to 0.19%, which is within the expected range for this time of year. One lab-confirmed influenza A/H3 outbreak occurred in a LTCF in FHA, and one ILI outbreak occurred in a school in VCHA. Fifteen percent (30 / 198) of respiratory specimens tested in BC laboratories (BCCDC and Children's and Women's Health Centre) during week 13 were positive for influenza. This is a decrease from week 12, in which 32% were positive for influenza. Sixty percent of influenza detections during week 13 were influenza A, and of those, 88% were A/H3. To date this season (Apr 7), 76% (665 / 876) of influenza isolates have been type A, and of those sub-typed, 69% (406 / 590) have been A/H3.

### Sentinel Physicians / MSP

In week 13, 0.19% of all patient visits to sentinel physicians were attributed to ILI. This proportion constitutes a decrease from last week (0.32%) and is below the average proportion for this time of year (0.40%). Influenza illness as a proportion of all submitted BC Medical Services Plan (MSP) claims

# BRITISH COLUMBIA (BC) INFLUENZA SURVEILLANCE

2008-2009

UPDATE



BC Centre for Disease Control  
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To date this season (Apr 7), 76% (665 / 876) of influenza isolates tested at both laboratories have been type A, and of those sub-typed, 69% (406 / 590) have been A/H3.

## Oseltamivir Resistance

To date (Apr 7) during the 2008-09 season, BCCDC has assessed 156 A/H1N1 isolates for oseltamivir resistance; 144 show genotypic evidence of oseltamivir resistance, and the other 12 are indeterminate and undergoing further assessment through sequencing of the neuraminidase gene. Thus, all A/H1N1 specimens for which oseltamivir sensitivity could be determined have so far been found resistant to date in BC during the 2008-09 season.

**Health care providers considering use of antivirals are advised to consult public health and surveillance updates and to stay informed about influenza activity and resistance patterns throughout the season. The BCCDC has posted interim guidelines, for clinician reference, concerning antiviral options in the context of evolving resistance patterns:**

[http://www.bccdc.org/downloads/pdf/epid/reports/BC\\_Interim\\_Antiviral\\_Treatment\\_Guidelines\\_Influenza.pdf](http://www.bccdc.org/downloads/pdf/epid/reports/BC_Interim_Antiviral_Treatment_Guidelines_Influenza.pdf) .

## CANADA

### FluWatch

During week 12 (Mar 22-28), influenza activity in Canada decreased slightly. Twenty-four ILI outbreaks were reported: 12 in LTCFs (BC, AB, SK, ON, QC, NB, & NS), 11 in schools (NB), and 1 in a hospital (BC). The proportion of tests that were positive for influenza decreased from 18% in week 11 to 15% in week 12. Since August 24, 2008, provincial/territorial laboratories have detected 7,849 cases of influenza, of which 4,678 (60%) were influenza A and 3,171 (40%) were influenza B. The national rate of ILI visits to sentinel physicians decreased from 28 ILI consultations per 1,000 patient visits in week 11 to 18 ILI consultations per 1,000 patient visits in week 12, which is within the expected range for this time of the season. <http://www.phac-aspc.gc.ca/fluwatch/>

### National Microbiology Laboratory

Since Sept 1 and as of Apr 2, 751 influenza isolates from provincial and hospital labs have been characterized at the National Microbiology Laboratory (NML):

174 A/Brisbane/59/07(H1N1)-like\* † from BC, AB, SK, MB, ON, QC, NB, NS, & PEI;  
138 A/Brisbane/10/07(H3N2)-like\* † from BC, AB, SK, MB, ON, QC, NB, PEI, & NL;  
7 B/Florida/04/06(Yamagata)-like\* from AB, ON, & QC;

365 B/Malaysia/2506/04(Victoria)-like from all ten provinces;  
and, 67 B/ Brisbane/60/08(Victoria)-like † from BC, SK, MB, ON, QC, and NL.

\* indicates a strain match to the 2008-09 vaccine

† indicates a strain match to the 2009-10 vaccine

## Antiviral Resistance

Drug susceptibility testing at the NML as of Apr 2 indicated that all (n=191) H1N1 isolates tested to date were resistant to oseltamivir, while all H3N2 (n=142) and influenza B (n=409) isolates tested were sensitive to oseltamivir. Of those isolates tested for amantadine resistance, all (n=184) H1N1 isolates were found to be sensitive, and all (n=203) H3N2 isolates were found to be resistant. All 694 (146 H1N1, 139 H3N2, and 409 influenza B) isolates that have been tested for zanamivir resistance were sensitive.

## INTERNATIONAL

During week 12 (Mar 22-28), influenza activity in the United States continued to decrease. To date this season, US laboratories have detected influenza in 23,849 (14.2%) respiratory specimens, of which 68% were influenza A. Of the influenza A isolates that have been sub-typed, 90% were A/H1. Six hundred and forty-nine of 654 (99%) A/H1 viruses tested this season have been found to be resistant to oseltamivir, and three (1%) A/H1 viruses have been found resistant to adamantanes. For more information, visit: <http://www.cdc.gov/flu/weekly/>.

During week 12 (Mar 22-28), the Russian Federation continued to report high influenza activity, while most other European countries indicated decreasing trends. Of the 27,247 influenza virus detections in Europe since the start of the season (week 40), 87% were influenza A, and of those sub-typed, 90% were A/H3. For more information, visit: <http://www.eiss.org> .

## Avian Influenza

Since 2003 and to date (Apr 8, 2009), the WHO has confirmed 417 human avian influenza A/H5N1 cases and 257 deaths, with additional recent cases reported

# BRITISH COLUMBIA (BC) INFLUENZA SURVEILLANCE

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in Egypt and Vietnam. For more information on human avian influenza cases, please visit:

[http://www.who.int/csr/disease/avian\\_influenza](http://www.who.int/csr/disease/avian_influenza) .

For information on confirmed avian influenza outbreaks in poultry, please visit:

[http://www.oie.int/downld/AVIAN%20INFLUENZA/A\\_AI-Asia.htm](http://www.oie.int/downld/AVIAN%20INFLUENZA/A_AI-Asia.htm) .

## Vaccine Composition

This year's (2008-09) influenza vaccine contains the following virus antigens:

- A/Brisbane/59/2007(H1N1)-like
  - A/Brisbane/10/2007(H3N2)-like
- Note: A/Uruguay/716/2007(H3N2) is antigenically equivalent to A/Brisbane/10/2007(H3N2) and may be included by vaccine producers.
- B/Florida/04/2006(Yamagata lineage)-like

The WHO has announced the recommended components of the 2009-10 northern hemisphere influenza vaccines:

- A/Brisbane/59/2007(H1N1)-like
- A/Brisbane/10/2007(H3N2)-like
- B/Brisbane/60/2008(Victoria lineage)-like

Thus, only the B component will be changed from the 2008-09 vaccine. Additional information can be found here:

[http://www.who.int/csr/disease/influenza/recommendations2009\\_10north/en/index.html](http://www.who.int/csr/disease/influenza/recommendations2009_10north/en/index.html) .

## Activity Level Definitions

*Sporadic influenza activity:* sporadically occurring ILI and laboratory-confirmed influenza during previous 4 weeks, with no outbreaks.

*Localized influenza activity:* as for sporadic activity, but with ILI outbreaks in schools and worksites, or laboratory-confirmed influenza outbreaks in residential institutions occurring in less than 50% of the influenza surveillance regions during the week of reporting.

*Widespread influenza activity:* as for localized activity, but with outbreaks occurring in greater than or equal to 50% of the influenza surveillance regions during the week of reporting.

## List of Acronyms

**ACF:** Acute Care Facility  
**AI:** Avian Influenza  
**FHA:** Fraser Health Authority  
**HMPV:** Human metapneumovirus  
**HSDA:** Health Service Delivery Area  
**IHA:** Interior Health Authority  
**ILI:** Influenza-Like Illness  
**LTCF:** Long Term Care Facility  
**MSP:** BC Medical Services Plan  
**NHA:** Northern Health Authority  
**NML:** National Microbiological Laboratory  
**OIE:** World Organization for Animal Health  
**RSV:** Respiratory syncytial virus  
**VCHA:** Vancouver Coastal Health Authority  
**VIHA:** Vancouver Island Health Authority  
**WHO:** World Health Organization

## Web Sites

### 1. Influenza Web Sites

Canada – Flu Watch:

<http://www.phac-aspc.gc.ca/fluwatch/>

NACI Statement on Influenza Vaccination for the 2008-09 Season: <http://www.phac-aspc.gc.ca/publicat/ccdr-rmtc/08vol34/acs-3/index-eng.php>

Washington State Flu Updates:

<http://www.doh.wa.gov/ehsphl/epidemiology/CD/HTML/FluUpdate.htm>

USA Weekly Surveillance reports:

<http://www.cdc.gov/flu/weekly/>

European Influenza Surveillance Scheme:

<http://www.eiss.org/index.cgi>

WHO – Global Influenza Programme:

<http://www.who.int/csr/disease/influenza/mission/>

WHO – Weekly Epidemiological Record:

<http://www.who.int/wer/en/>

Influenza Centre (Australia):

<http://www.influenzacentre.org/>

### 2. Avian Influenza Web Sites

World Health Organization – Avian Influenza:

[http://www.who.int/csr/disease/avian\\_influenza/en/](http://www.who.int/csr/disease/avian_influenza/en/)

World Organization for Animal Health:

[http://www.oie.int/eng/en\\_index.htm](http://www.oie.int/eng/en_index.htm)

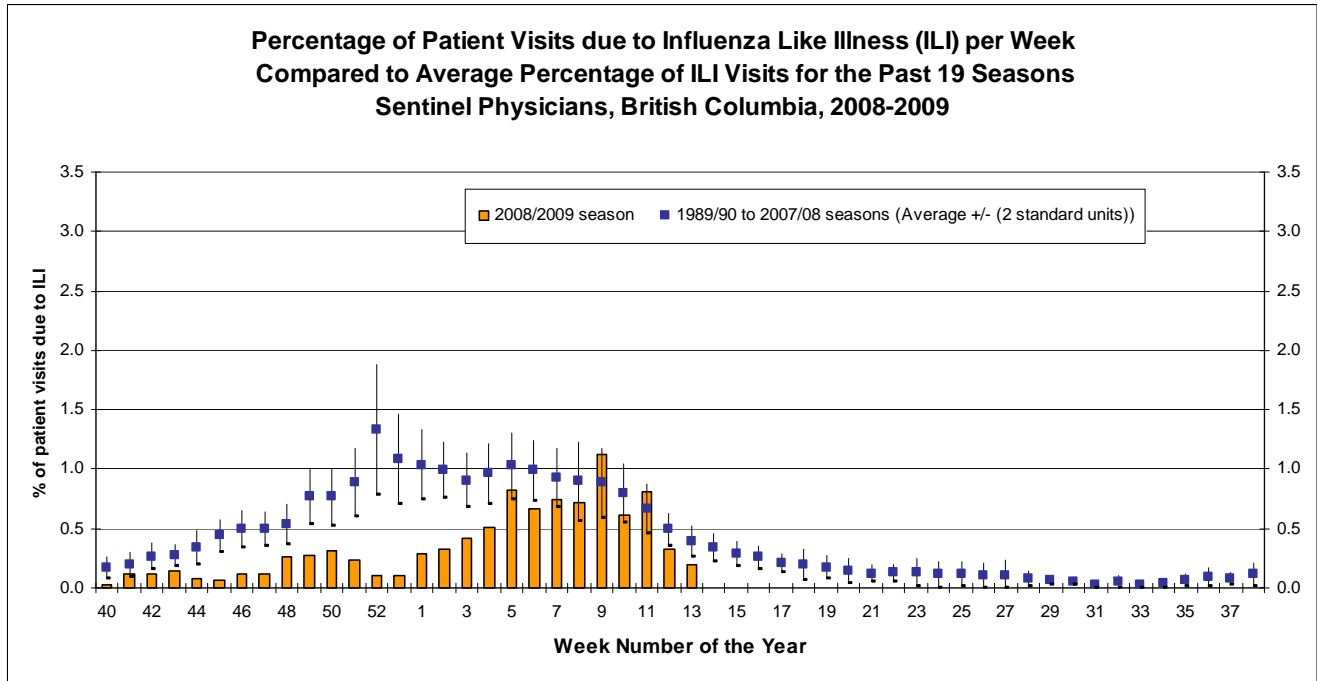
### 3. This Report On-line

<http://www.bccdc.org/content.php?item=35>

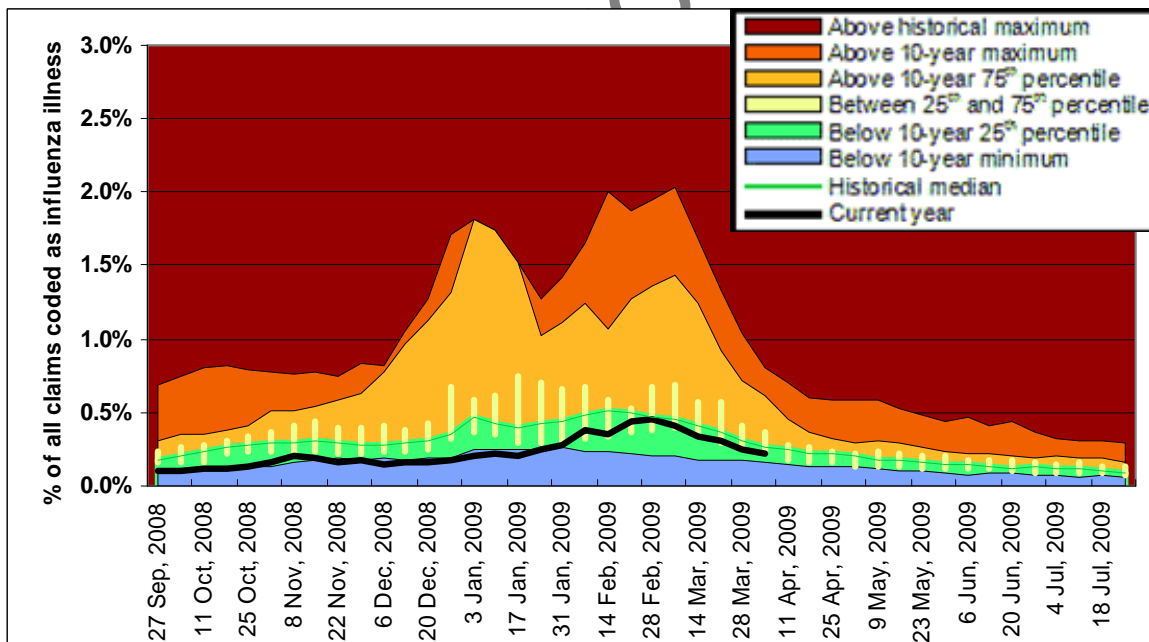
## Epidemiology Services

BC Centre for Disease Control (BCCDC)  
655 W. 12<sup>th</sup> Ave, Vancouver BC V5Z 4R4  
Tel: (604) 660-6061 / Fax: (604) 660-0197  
[InfluenzaFieldEpi@bccdc.ca](mailto:InfluenzaFieldEpi@bccdc.ca)

### SENTINEL ILI ACTIVITY



### INFLUENZA ILLNESS CLAIMS\* VIA BC MEDICAL SERVICES PLAN (MSP) ENTIRE PROVINCE

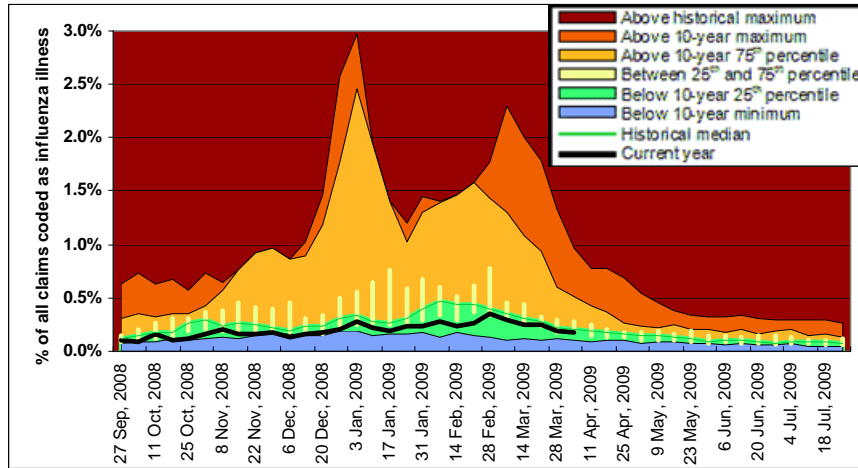


\* Influenza illness is tracked as the percentage of all submitted MSP general practitioner claims with ICD-9 code 487 (influenza).

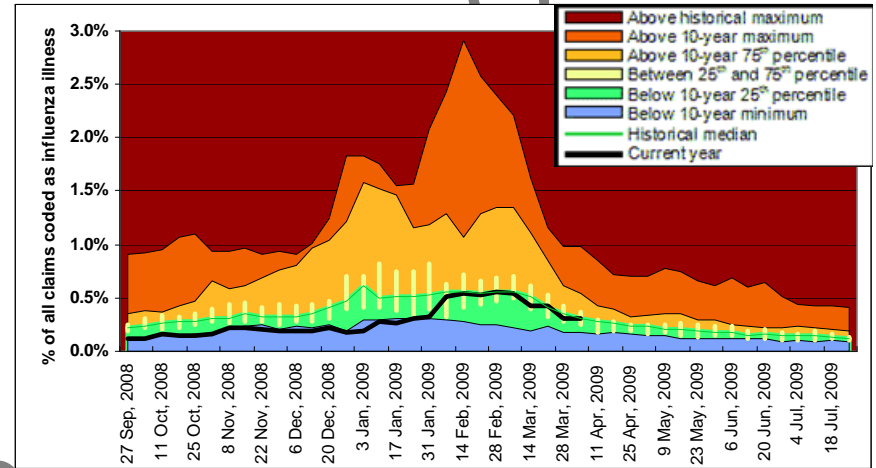
NOTE: MSP week 27 Sep 2008 corresponds to sentinel ILI week 40.

**INFLUENZA ILLNESS CLAIMS\* VIA BC MEDICAL SERVICES PLAN (MSP)  
BY REGIONAL HEALTH AUTHORITY (RHA)**

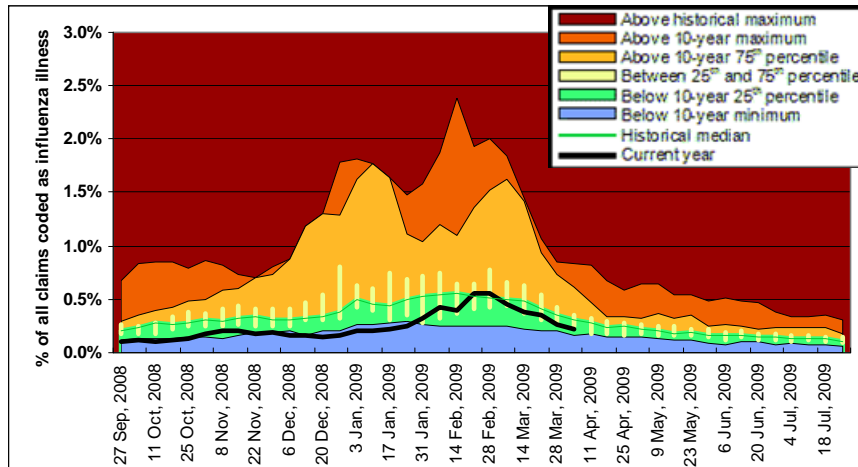
**Interior**



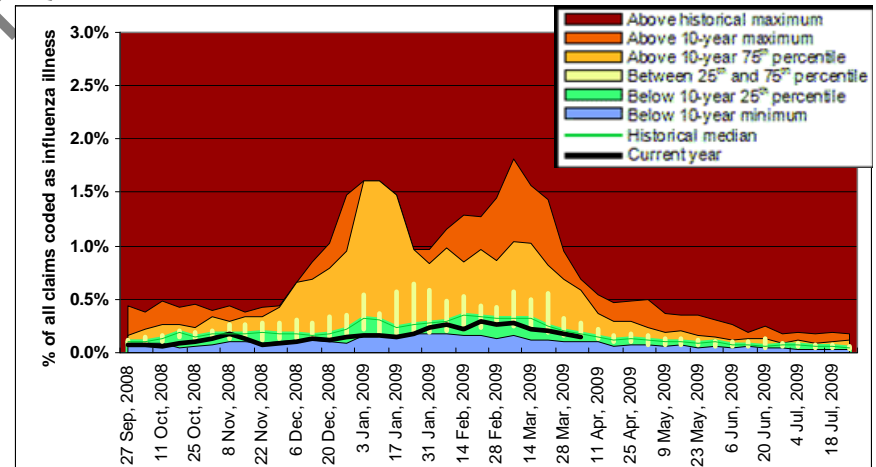
**Vancouver Coastal**



**Fraser**

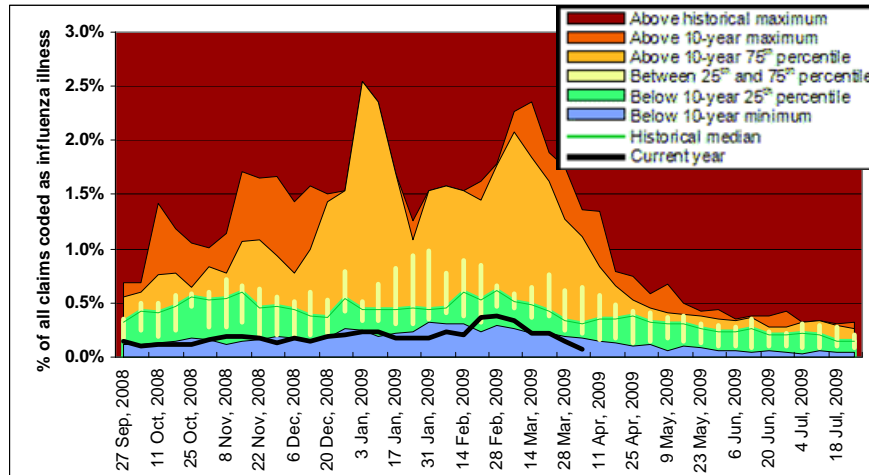


**Vancouver Island**



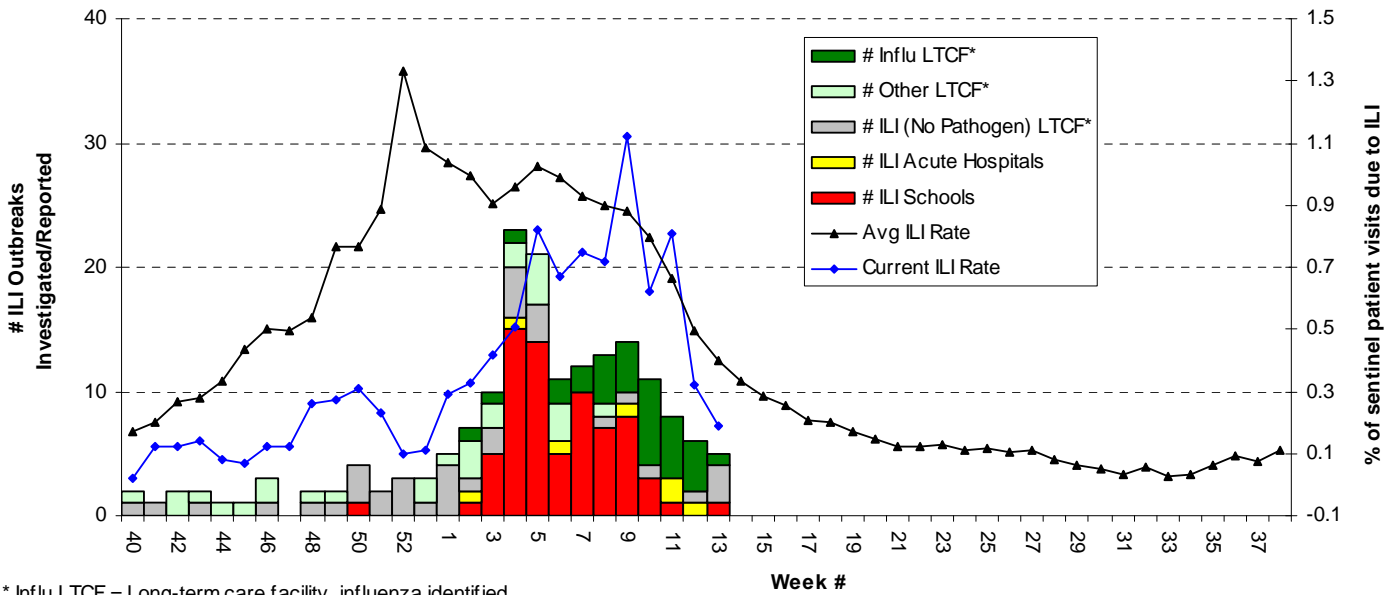
DRAFT

**Northern**



**ILI OUTBREAKS**

**Number of Influenza-Like Illness (ILI) Outbreaks Investigated or Reported, Compared to Current ILI Rate and Average ILI Rate for past 19 years, per Week British Columbia, 2008-2009**

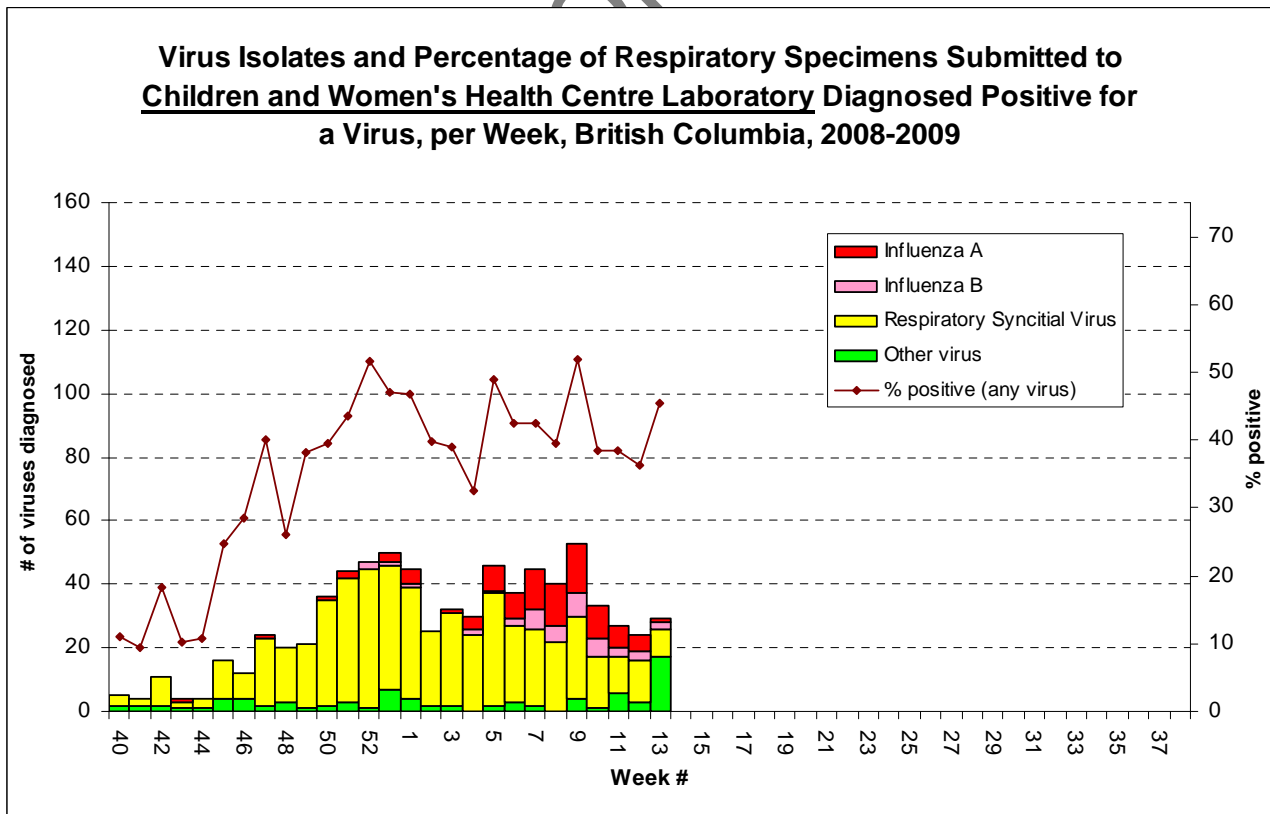
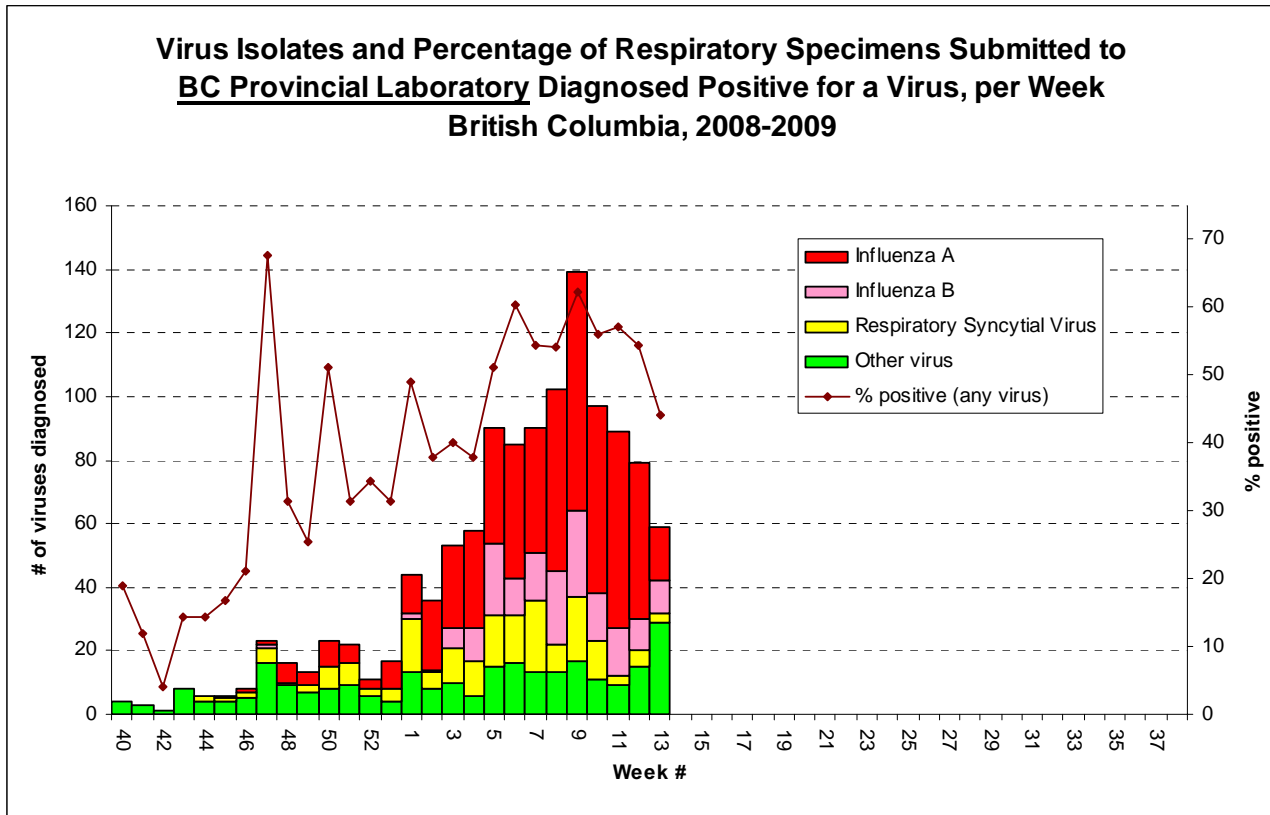


\* In flu LTCF = Long-term care facility, influenza identified

\* Other LTCF = Long-term care facility, other pathogen identified (including RSV, parainfluenza, adenovirus, and rhino/enterovirus)

\* ILI (No Pathogen) LTCF = Long-term care facility, no pathogen identified

## LABORATORY SUMMARY



# Influenza-Like Illness (ILI) Outbreak Summary Report Form

Please complete and email to [ilioutbreak@bccdc.ca](mailto:ilioutbreak@bccdc.ca) or fax to (604) 660-0197

**ILI:** Acute onset of respiratory illness with fever and cough and with one or more of the following: sore throat, arthralgia, myalgia, or prostration which *could* be due to influenza virus. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

**Schools and work site outbreak:** greater than 10% absenteeism on any day, most likely due to ILI.

**Residential institutions (facilities) outbreak:** two or more cases of ILI within a seven-day period.

## SECTION A: Reporting Information

Person Reporting: \_\_\_\_\_ Title: \_\_\_\_\_  
 Contact Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Health Authority: \_\_\_\_\_ HSDA: \_\_\_\_\_  
 Full Facility Name: \_\_\_\_\_

Is this report:  First Notification (*complete section B below; Section D if available*)  
 Update (*complete section C below; Section D if available*)  
 Outbreak Over (*complete section C below; Section D if available*)

## SECTION B: First Notification

Type of facility:  LTCF  Acute Care Hospital  Senior's Residence  
 (if ward or wing, please specify name/number: \_\_\_\_\_ )  
 Workplace  School (grades: \_\_\_\_\_ )  Other ( \_\_\_\_\_ )

Date of onset of first case of ILI (dd/mm/yyyy): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

| Numbers to date     | Residents/Students | Staff |
|---------------------|--------------------|-------|
| <b>Total</b>        |                    |       |
| <b>With ILI</b>     |                    |       |
| <b>Hospitalized</b> |                    |       |
| <b>Died</b>         |                    |       |

## SECTION C: Update AND Outbreak Declared Over

Date of onset for most recent case of ILI (dd/mm/yyyy): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

If over, date outbreak declared over (dd/mm/yyyy): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

| Numbers to date     | Residents/Students | Staff |
|---------------------|--------------------|-------|
| <b>Total</b>        |                    |       |
| <b>With ILI</b>     |                    |       |
| <b>Hospitalized</b> |                    |       |
| <b>Died</b>         |                    |       |

## SECTION D: Laboratory Information

Specimen(s) submitted?  Yes (location: \_\_\_\_\_ )  No  Don't know  
 If yes, organism identified?  Yes (specify: \_\_\_\_\_ )  No  Don't know