

Preventative Treatment for Tuberculosis

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**Information on
ISONIAZID
and
PYRIDOXINE (Vitamin B6)**

Preventative Treatment for Tuberculosis

Our skin test for tuberculosis (TB) indicates that you have the TB germ in your body. **You do not have active TB disease. You are not infectious.** Therefore, you do not have to worry about passing the TB germ to someone else.

To kill the TB germ in your body and prevent it from causing active TB disease in the future, it is important to take **ISONIAZID** daily for nine (9) months. **ISONIAZID** is an antibiotic which is very good at killing the TB germ.

PYRIDOXINE is the chemical name for **Vitamin B6**. Taking **PYRIDOXINE (Vitamin B6)** will help prevent numbness and tingling of the hands or feet sometimes caused by **ISONIAZID**.

How should I take ISONIAZID and PYRIDOXINE (Vitamin B6)?

Take **ISONIAZID** and **PYRIDOXINE (Vitamin B6)** together at the same time every day, on an empty stomach (1 hour before or 2 to three hours after eating food.)

It is important to take **ISONIAZID** and **PYRIDOXINE (Vitamin B6)** every day, as prescribed by your doctor. If you miss a dose, take your pills as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.

Do not take a double dose.

Do ISONIAZID and PYRIDOXINE (Vitamin B6) interact with other drugs?

- Try to avoid or limit alcohol consumption.
- If you need to take an antacid for stomach-ache or heartburn, take the antacid at least 2 hours apart from **ISONIAZID**.
- Tell your doctor, nurse, and pharmacist if you are taking any other medicines, including any non-prescription remedies.

What are the possible side effects of ISONIAZID?

Most people do not experience any side effects with **ISONIAZID**.

- If **ISONIAZID** bothers your stomach when you take it on an empty stomach, try to take **ISONIAZID** with a piece of bread, or a few crackers. This may help make your stomach feel better.

Stop taking ISONIAZID and contact a TB Control doctor or nurse if you experience the following:

- Skin itchiness or rash
- Unusual tiredness or weakness
- Fever
- Loss of appetite
- Nausea (urge to vomit)
- Stomach upset or diarrhea
- Brown (tea-color) urine
- Yellowing of skin or eyes

Tell your doctor if you experience numbness or tingling in your hands or feet. This may mean that you need more **PYRIDOXINE (Vitamin B6)**.

Your doctor will order blood tests for you while you are taking these medicines. **It is very important that you keep your appointments at the TB Clinic and go for all your blood tests.**

How should I store ISONIAZID and PYRIDOXINE (Vitamin B6)?

- Keep the bottles tightly closed, and away from the reach of children.
- Store in a cool, dry place.
- Protect from light.