



BC Centre for Disease Control  
An agency of the Provincial Health Services Authority

## PYRIDOXINE (VITAMIN B6)

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### What is Pyridoxine?

Pyridoxine is another name for Vitamin B6. Vitamin B6 is used to prevent numbing and tingling of the hands or feet sometimes caused by Isoniazid.

### When should I take this?

Take this together with Isoniazid.

### How should I take this?

- Take as directed by your doctor.
- You are to take this medicine:
  - One tablet once each day
  - Other: \_\_\_\_\_

### What should I do if I miss a dose?

- If you miss a dose, take that dose as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.
- **You do not need to take double dose.**

### Is there anything I should avoid when taking this?

Tell your doctor and pharmacist if you are taking any other medicines, including any over-the-counter (non-prescription) products (e.g. other vitamin preparations).

### What are some possible side effects?

If you experience the numbing or tingling of your hands or feet even after taking the Vitamin B6, this may mean that you require more Vitamin B6. Tell your doctor or nurse.

### Where should I store this medication?

- Keep away from the reach of children
- Store at room temperature in a cool, dry place.
- Protect from light

### Where do I call if I have any other questions?