More pieces and layers of PPE doesn’t mean more protection

Wearing extra PPE complicates the doffing process and increases the risk of self-contamination

Evidence-based guidance from international experts* does NOT recommend double gloving, head, neck or shoe covers for precautions needed for protection from COVID-19.

If you wear items such as ear savers, barrettes, hooks etc. make sure you know how to remove them without contaminating yourself

Exceptions:

- Areas requiring routine use of hair or shoe coverings (e.g., operating rooms, medical device reprocessing, food service areas).
- Exceptions made by institutional Infection Prevention and Control and Workplace Health and Safety teams.

* World Health Organization, Public Health Agency of Canada, Center for Disease Control and Prevention, Public Health England, and Department of Health Australia