

## **Coronavirus COVID-19**

**BC Centre for Disease Control | BC Ministry of Health** 



### **Intubation Checklist for Suspect and** Confirmed Cases of COVID-19

Safety of the health care team is paramount and during a pandemic, health care worker safety is prioritised over the patient. Effective communication is key.

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#### **Intubation Goals**

### 1. Minimise Aerosol Exposure:

- RSI (avoid BMV)
- Inflate Cuff Prior to Ventilation
- Clamp ETT Before Circuit Disconnection

### 2. Minimise Waste:

Rationalise Kit

### **Equipment**

### **Intubation Bag:**

- ETT (EVAC) w/ Stylet
- · Syringe & Gel
- Videolaryngoscope + Blade
- · Anchorfast or Tie
- ETT Clamp
- Flex-Tube
- In-Line Suction

### **Drugs:**

- Ketamine 200mg
- · Rocuronium 200mg
- · Phenylephine 100mcg/ml
  - 2 syringes
- Propofol infusion
- Norepinepherine Infusion
- · Additional drugs available on request

### Crash Bag:

- Bougie
- ETT 6.5, 7.0, 7.5, 8.0
- Alternate VL Blades
- X Mcgrath Blade
- LMA 3 & 4 & 5
- DL MAC 3 & 4
- Cricothyroidotomy Set
- ACLS Drug Box + Defibrillator

### Anteroom Bag:

Plan B Kit (Assembled during brief from Crash Bag)

### **Team Brief (Lead by Anesthesia)**

- 1. Team Introduction & Assign Roles
- 2. Patient Allergies/Consent/Code Status
- 3. Empty Pocket Check
- 4. Review Intubation Plan & Prepare Kit
  - Plan A/B/C
  - RSI Sequence & Drug Dosing Recommend 1-2mg/kg Ketamine, 1.5 mg/kg Rocuronium
  - Prepare Intubation Bag & Drugs
  - Prepare Anteroom Bag from Crash Bag
  - · Surgeon notified if Necessary for FONA
  - Review Communication Prompts

- 5. Room Check
  - · Ambu-Bag /OPA/HEPA Filter
  - Capnography
  - Suction + Yankauer
  - > 2 IV Pumps
  - IV Access
  - Ventilator + Closed Suction
  - Plastic Drape
- 6. Cardiac Arrest: AIRWAY THEN **COMPRESSION!**

### **Team Roles:**

Intubator/Room Lead

**Drug Administration** 

RN

**Airway Assistant** 

**Anteroom Runner (PPE ON)** 

Second RN (External, Observer/Chart)

**Second Intubator** 

**Intensivist** (External)

**ANESTHESIOLOGIST** RT or RN









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# **Intubation Checklist for Suspect and Confirmed Cases of COVID-19**

### **Before Room Entry**

- Collect Intubation Bag & Drugs
- Collect Anteroom Bag
- Collect Additional Discussed Equipment +/- CVC, Arterial Line
- DON PPE
- · Buddy Check

#### **Pre-Intubation**

### Ready Intubation Equipment

- Videolaryngoscope & Blade
- ETT w/ Stylet & Syringe
- Anchorfast
- Suction
- Ventilator + Closed Suction + Capnography
- Ambu-Bag (No PEEP Valve) + HEPA + Mask + OPA
- Clamp
- · Ventilator preset on stand-by

### **Check Patient**

- Position
- Monitors
- IV Access
- Prepare Infusions

### **Check Patient**

- Review Intubation Plan
- · Address Concerns
- Reinforce Key Points to Minimize Exposure:
  - Avoid BMV if possible
  - Tolerance of Hypoxemia
  - Clamp ETT for Circuit Disconnect

### Intubation

PRE-OXYGENATE 3-5 MIN W/ AMBU-BAG

RSI

TIME 60S + DRAPE

PLAN A

FAIL (Alert if Sats < 80%)

CALL FOR ANTEROOM BAG +/- SECOND INTUBATOR +/- EXTERNAL CRASH BAG PLAN B

PLAN C

### Secure Tube

**Post-Intubation** 

Confirm ETC02

· Inflate Cuff

Success

- · Initiate Sedation Infusion
- Initiate Ventilation Strategy
- Insert NGT

### **Before Exit**

- · Ensure Patient Stability
- · Discard Disposables
- RT Clean videolaryngoscope then hand off to Anteroom for second clean

 Attach to Closed Suction + HEPA + Capnography + Ventilator Circuit

DOFF PPE with Observer

### **End**

- · Wash Exposed Areas
- · Hot Debrief; Critical Points
- · Restock and Clean Kit



