British Columbia (BC) COVID-19 Situation Report Week 12: March 21 – March 27, 2021

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Provincial COVID-19 incidence increasing rapidly, driven by 15-49 year olds, with more recent and gradual increase in hospitalizations

There were 5,793 COVID-19 cases (113 per 100K) in week 12, marking the highest weekly incidence since the start of the pandemic.

Regional incidence increased everywhere except in Northern Health (NH):

- Since week 4, Fraser Health incidence increased (from 70 to 150 per 100K).
- Since week 5, Vancouver Coastal incidence increased (from 53 to 160 per 100K).
- Since week 10, Interior Health incidence increased (from 24 to 41 per 100K).
- Since week 10, Island Health incidence increased (from 19 to 35 per 100K).
- Since week 11, NH incidence decreased (from 122 to 102 per 100K).

From week 10 to 12, the highest age-specific incidences, as well as steepest increase in trends, were among the 15 to 49 year-olds, followed by the 10-14 and 50-59 year-olds. Week 12 represents the highest age-specific incidence among children <15 years and 20-59-year-olds since the start of the pandemic, peaking at 202 per 100K in the 20-29-year-olds.

Testing of MSP-funded specimens increased slightly from week 11 to week 12, while positivity increased dramatically from 8.9% to 12.0%.

Hospital admissions increased since week 10 from 149 to 201. Deaths were stable since week 7 (average of 23 per week).

Following increasing vaccination rates in the elderly, the weekly number of deaths in 80+ year olds has decreased by 88% between weeks 50 and 12 (from 85 to 10). Similarly, the number of weekly deaths has decreased in 70-79-year olds by 83% between weeks 51 and 12 (from 23 to 4).

By case of earliest onset date, there have been 2 outbreaks reported in care settings in week 12. There has been an important decline in the number of cases and deaths among residents of long-term care settings 70+ years old.

SARS-CoV-2 variants of concern have been identified in 3,760 cases in BC: 2,837, 51 and 872 with the B.1.1.7, B.1.351 and P.1 variants, respectively.

BELOW ARE IMPORTANT NOTES relevant to the interpretation of data displayed in this bulletin:

- Episode dates are defined by dates of illness onset, hospital admission, or death. When those dates are unavailable, earliest laboratory date is used (collection or result date); if also unavailable, then public health care report date is used. Episode-based tallies for recent weeks are expected to increase as case data, in particular onset dates, are more complete.
- The weekly tally by surveillance date (result date, if unavailable then report date) includes cases with illness onset date in preceding weeks. Analyses based on episode date (or illness onset date) may better represent the timing of epidemic evolution.
- Per capita rates/incidences are based on PEOPLE2020 population estimates (n=5,139,568 for BC overall).
- Laboratory data include Medical Service Plan (MSP) funded (e.g. clinical diagnostic tests) and non-MSP funded (e.g. screening tests) specimens.

Table of <u>pandemic phases</u> defined by implementation or relaxation of population-level mitigation measures in BC:

Pre-Phase 1	PHASE 1	Phase 2	PHASE 3A	PHASE 3B	PHASE 3C
Pre-implementation	Implementation	Initial relaxation	Further relaxation	Start of school year	Re-implementation
Jan 15 (wk 3) to	Mar 14 (wk 11) to	May 19 (wk 21) to	Jun 24 (wk 26) to	Sept 13 (wk 38) to	Nov 8 (wk 46) to
Mar 13 (wk 11) 2020	May 18 (wk 21) 2020	Jun 23 (wk 26) 2020	Sept 12 (wk 37) 2020	Nov 7 (wk 45) 2020	Current wk, 2021
From earliest	Initial restrictions	Re-opening of services	Broader re-opening	From first complete	Core bubble
symptom onset date				epidemiological week	interaction only
				of 2020-21 school year	

A. COVID-19 case counts and epidemic curve

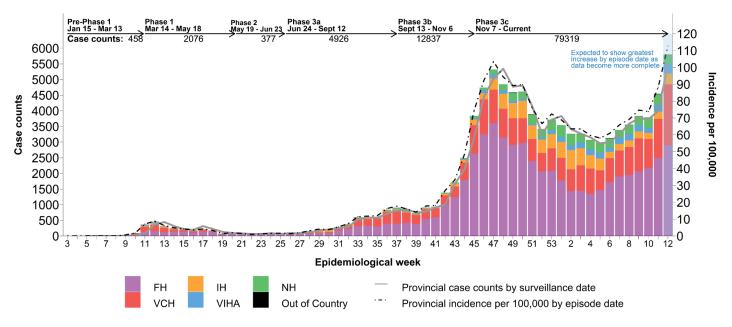
Provincially, from week 3 2020 to week 12 2021, there have been 99,993 cases, corresponding to a cumulative incidence of 1,942 per 100K (<u>Table 1, Figure 1</u>). As shown in <u>Figure 1</u>, after a gradual increase in incidence from week 5 to week 10, incidence increased by >50% in week 12 compared to week 10 (from 74 to 113 per 100K). Week 12 marked the highest incidence since the beginning of the pandemic to date, followed by week 47 of Phase 3c (104 per 100K). Week 12 incidence is also likely to increase further as data become more complete.

Recent provincial incidence trends have been driven by FHA and VCH incidence trends. As shown in <u>Figure 2</u>, incidence has been increasing since week 4 in Fraser Health (FH) from 70 to 150 per 100K; since week 5 in Vancouver Coastal Health (VCH) from 53 to 160 per 100K; since week 10 in Interior Health (IH) from 24 to 41 per 100K, and Island Health (VIHA) from 19 to 35 per 100K. Since week 11, incidence has decreased in Northern Health (NHA) from 122 to 102 per 100K. By health service delivery area, incidence increased since week 4 in Fraser South; since week 7 in North Shore/Coast Garibaldi; since week 8 in Okanagan and South Vancouver Island; since week 9 in Kootenay Boundary and Northeast; since week 10 in Vancouver, Richmond, Fraser East, Fraser North, East Kootenay, Thompson Cariboo Shuswap, and Central Vancouver Island; and since week 11 in North Vancouver Island.

Table 1. Episode-based case tallies by health authority, BC^a January 15, 2020 (week 3) – March 27, 2021 (week 12) (N= 99,993)

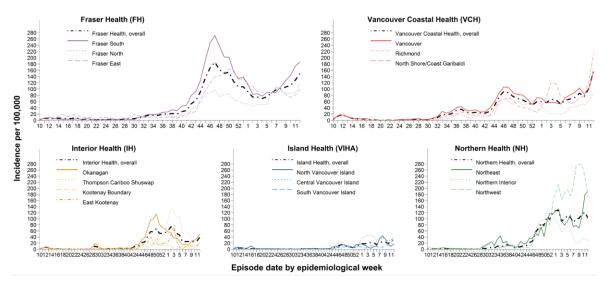
	H	lealth Au	thority o	Residing			
Case tallies by episode date	FH	ІН	VIHA	NH	VCH	Outside Canada	Total
Week 12, case counts	2,903	346	301	294	1,942	7	5,793
Cumulative case counts	57,766	8,537	3,330	6,048	24,135	177	99,993
Week 12, cases per 100K population	150	41	35	102	160	NA	113
Cumulative cases per 100K population	2,979	1,023	384	2,106	1,994	NA	1,942

Figure 1. Episode-based epidemic curve (bars), surveillance date (line) and health authority (HA), BC ^a January 15, 2020 (week 3) – March 27, 2021 (week 12) (N= 99,993)



Displayed data extracted on April 6, 2021.

Figure 2. Weekly episode-based incidence rates by HA and health service delivery area (HSDA), BC March 1, 2020 (week 10) – March 27, 2021 (week 12)



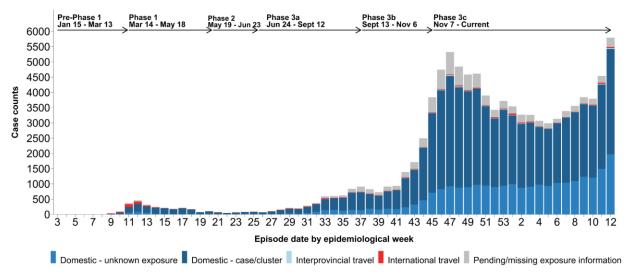
B. Likely sources of infection

As shown in <u>Table 2</u> and <u>Figure 3</u>, domestic contact with a known case or cluster has been the most commonly reported source of infection across the pandemic to date. Travel within or outside of Canada has been the least reported source of exposure. The number of cases with domestic-unknown exposure has increased in weeks 11-12, commensurate with increasing case counts. This category may decrease as data become more complete.

Table 2. Likely source of COVID-19 infection by episode date, BC <u>January 15, 2020 (week 3)</u> – March 27, 2021 (week 12)

Likely exposure (row %)	International travel	Interprovincial travel	Domestic – case/cluster	Domestic – unknown	Pending/ missing
Week 12, Exposures	37 (1)	29 (1)	3,453 (60)	1,970 (34)	304 (5)
Cumulative Exposures	1,123 (1)	383 (<1)	65,063 (65)	24,699 (25)	8,725 (9)

Figure 3. Likely source of COVID-19 infection by episode date, BC <u>January 15, 2020 (week 3)</u> – March 27, 2021 (week 12)



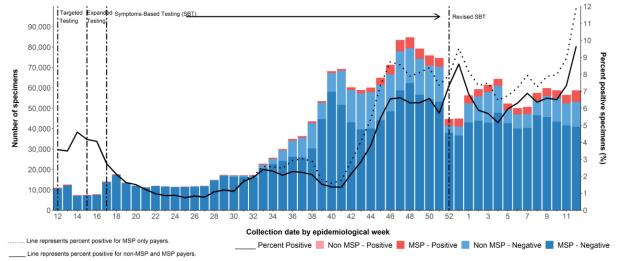
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C. Test rates and percent positive

As shown by the darker-colored bars in <u>Figure 4</u>, testing of MSP-funded specimens has increased slightly since week 11 (from ~45,800 to ~46,600 specimens). Concurrently, positivity of MSP-funded specimens increased dramatically from 8.9% in week 11 to 12.0% in week 12. This is the highest percent positivity since the start of the pandemic in BC.

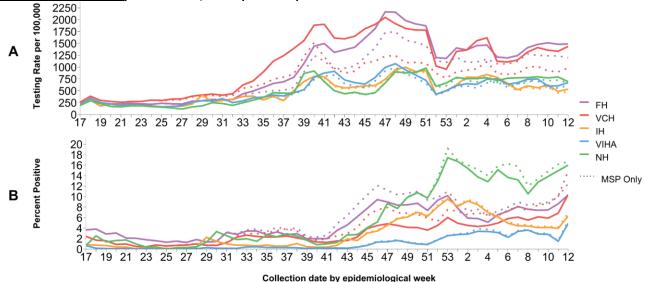
As shown in **Panel A** of <u>Figure 5</u>, the per capita testing rates for MSP-only specimens in week 12 continue to be highest in FH and VCH; the testing rate has remained stable in FH, but increased slightly in VCH since week 11. Testing was lower but decreasing in NHA, while increasing slightly in IHA and VIHA since week 11. As shown in **Panel B**, percent positivity for week 12 MSP-funded tests remains highest in NH at 16.7% followed by VCH at 14.9%, FH at 12.5%, IH at 6.9%, and lowest in VIHA at 5.4%. Percent positivity has increased in all HAs since prior weeks: since week 8, positivity has increased in NH (from 12.1%), in FH (from 8.4%), and most rapidly, in VCH (from 7.3%), where the increase was more than double; and since week 11 in IH (from 4.2%) and VIHA (from 1.6%).

Figure 4. Number of specimens tested and percent SARS-CoV-2 positive, by collection week, BC March 15, 2020 (week 12) – March 27, 2021 (week 12) ^{a,b,c}



a. Invalid (n=1,187) and indeterminate (n=5,689) results have been excluded.

Figure 5. Testing rates and percent SARS-CoV-2 positive by health authority and collection week, BC March 15, 2020 (week 12) – March 27, 2021 (week 12) ^{b,c}



b. PLOVER extract on April 1, 2021.

D. Age profile - Testing and cases

Testing rates and percent positivity by age group

As shown by the coloured bars in <u>Figure 6</u>, compared to prior weeks of Phase 3c, testing rates in week 12 were lower in all age groups except in children 15-19 years of age. The highest testing rate in week 12 was among adults 20-39 years of age, similar to weeks 46-11 of phase 3c.

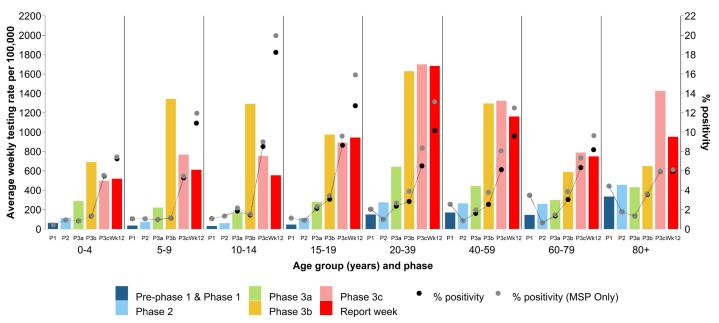
As shown by the grey dots in <u>Figure 6</u>, the percent positivity for MSP-only specimens in week 12 was clearly higher in all age groups, most prominently in the 10-14-year-olds (from 9.0% to 20.0%), compared to prior weeks of Phase 3c, except in the 80+ year-olds where positivity was the same.

Case distribution and weekly incidence by age group

As shown in <u>Figure 7</u>, the percentage contribution of ages from 15 to 49 years of age increased from week 11 to week 12 by 3%, met mainly by a decrease in the 60-69-year-olds by 2.7% and the 70-79-year-olds by 0.9%. The remaining age groups' contributions remained relatively stable.

As shown in Figure 8, from week 10 to 12, the highest age-specific incidences, as well as steepest increase in trends, were among the 15 to 49-year-olds. Specifically, increases in the 15-19-year-olds were from 86 to 138 per 100K, the 20-29-year-olds were from 122 to 202 per 100K, the 30-39-year-olds were from 98 to 153 per 100K, and the 40-49-year-olds were from 86 to 132 per 100K. Also experiencing increases since week 10 were the 10-14 and 50-59 year-olds (both from ~65 per 100K to 100 per 100K). Week 12 represents the highest age-specific incidence among children <15 years and 20-59-year-olds since the start of the pandemic. However, since week 11, incidence in the 60-69-year-olds has decreased from 63 to 57 per 100K, and in the 80-89-year-olds, has remained stable from 41 to 42 per 100K.

Figure 6. Average weekly SARS-CoV-2 testing rates and percent positive by known age group and phase^a, BC January 20, 2020 (week 4) – March 27, 2021 (week 12) ^b



- a. Phase based on specimen collection date, of which January 20 was the earliest. The average weekly rate by phase is derived as the phase-specific per capita test rate divided by the number of weeks for Pre-Phase 1 + Phase 1 (P1: 17 weeks), Phase 2 (P2: 5 weeks), Phase 3a (P3a: 11.5 weeks), Phase 3b (P3b: 8 weeks), and Phase 3c, excluding the current report week (P3c: 19 weeks). The current report week, although part of Phase 3c, is excluded from Phase 3c as displayed here to enable comparison.
- b. Laboratory extract from PLOVER on April 1, 2021. Testing rates displayed are based on all specimens (MSP and non-MSP).

Figure 7. COVID-19 case distribution by known age group (years) and episode date, BC March 15, 2020 (week 12) – March 27, 2021 (week 12) (N= 99,457)

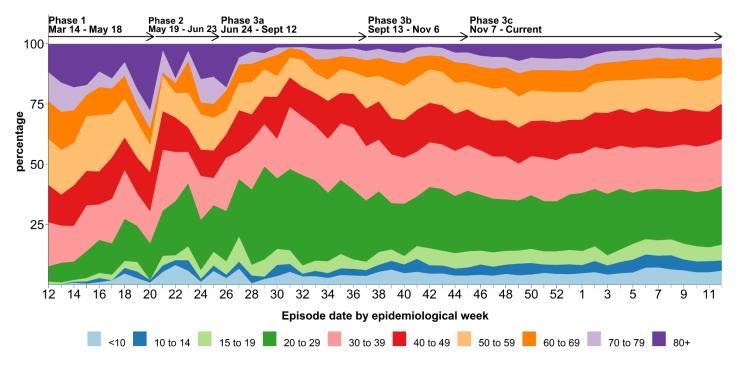
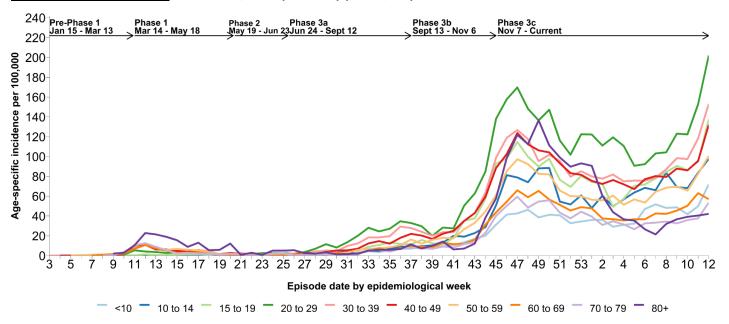


Figure 8. Weekly age-specific COVID-19 incidence per 100K population by epidemiological week, BC January 15, 2020 (week 3) – March 27, 2021 (week 12) (N= 99,970)



E. Severe outcome counts and epi-curve

The number of hospital admissions has increased since week 10 from 149 to 201 hospitalizations in week 12. The number of deaths has been stable from week 7 to 12 with an average of 23 deaths per week (<u>Table 3, Figure 9</u>). These numbers may increase in future reports as more data become available.

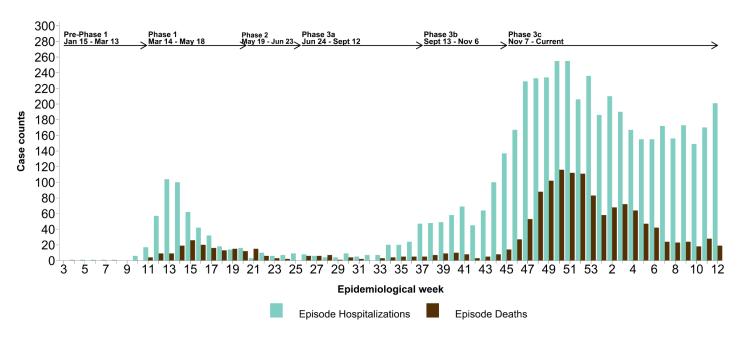
Cumulatively, there have been 10 confirmed cases of <u>Multi-system Inflammatory Syndrome in children and adolescents (MIS-C)</u> in BC since January 1, 2020 (no new confirmed cases since last report). The median age of these cases is 7.5 (range 1-15) years.

Table 3. COVID-19 severe outcomes by episode date, health authority of residence, BC January 15, 2020 (week 3) – March 27, 2021 (week 12)

Severe outcomes by episode date	ı	lealth a	uthority	of reside	nce	Residing	T-4-1 (NIŽ (O/)	
	FH	IH	VIHA	NH	VCH	outside of Canada	Total n/N ^a (%)	
Week 12, hospitalizations	109	14	7	33	38	0	201	
Cumulative hospitalizations	2,806	457	164	527	1,172	12	5,138/99,993 (5)	
Week 12, ICU admissions	31	1	3	5	10	0	50	
Cumulative ICU admissions	539	131	43	129	334	2	1,178/99,993 (1)	
Week 12, deaths	11	1	1	2	4	0	19	
Cumulative deaths		115	29	124	405	0	1,460/99,993 (1)	

a. Cases with unknown outcome are included in the denominators (i.e. assumed not to have the specified severe outcome).

Figure 9. COVID-19 hospital admissions and deaths by episode date, BC January 15, 2020 (week 3) – March 27, 2021 (week 12)



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F. Age profile, severe outcomes

<u>Table 4</u> display the distribution of cases and severe outcomes as well as the BC population for each age group. In week 12, median age of hospitalization was 65 years, while median age of death was 80 years (data not shown).

As shown in <u>Figure 10</u>, following increasing vaccination rates in the elderly, the weekly number of deaths in 80+ year olds has decreased by 88% between weeks 50 and 12 (from 85 to 10). Similarly, the number of weekly deaths has also decreased in 70-79-year olds by 83% between weeks 51 and 12 (from 23 to 4).

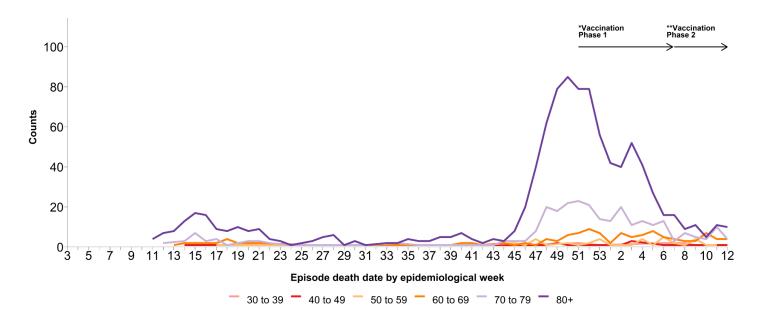
In week 12, 333/5,793 (6%) cases, 78/201 (39%) hospitalizations, 19/50 (38%) ICU admissions, and 14/19 (74%) deaths were in 70+ year-olds (data not shown).

Table 4: Age distribution: COVID-19 cases, hospitalizations, ICU admissions, deaths, and BC population by age group January 15, 2020 (week 3) – March 27, 2021 (week 12) (N= 99,970)^a

Age group	Cases	Hospitalizations	ICU	Deaths	General BC population
(years)	n (%)	n (%)	n (%)	n (%)	n (%)
<10	4,747 (5)	53 (1)	4 (<1)	0 (0)	469,351 (9)
10-19	9,841 (10)	41 (1)	4 (<1)	0 (0)	527,805 (10)
20-29	22,733 (23)	243 (5)	26 (2)	0 (0)	697,691 (14)
30-39	18,174 (18)	452 (9)	83 (7)	12 (1)	735,052 (14)
40-49	14,814 (15)	508 (10)	101 (9)	19 (1)	646,035 (13)
50-59	12,821 (13)	725 (14)	200 (17)	45 (3)	718,272 (14)
60-69	8,226 (8)	930 (18)	296 (25)	123 (8)	673,131 (13)
70-79	4,510 (5)	1,066 (21)	314 (27)	293 (20)	435,062 (8)
80-89	2,764 (3)	827 (16)	135 (11)	534 (37)	187,443 (4)
90+	1,340 (1)	293 (6)	15 (1)	434 (30)	49,726 (1)
Total	99,970	5,138	1,178	1,460	5,139,568
Median age	36	66	66	85	41

a. Among those with available age information only.

Figure 10. Weekly age-specific COVID-19 deaths by episode date, BC January 15, 2020 (week 3) – March 27, 2021 (week 12) (N= 1,460)^a



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G. Care facility outbreaks

As shown in <u>Table 5</u> and <u>Figure 11</u>, 304 care facility (acute and long-term care setting) outbreaks were reported in total in BC to the end of week 12, with two new outbreaks in week 12. Reported outbreaks in long-term care settings (i.e. long-term care or assisted living facilities) have decreased since week 51. The decline in acute care facility outbreaks has been less pronounced. Since week 5, there have been 9 long-term care setting outbreaks (average 1 outbreak per week), whereas there have been 18 acute care facility outbreaks (average 1 outbreak per week).

Figure 12 displays a decrease in long-term care setting resident cases 70+ years of age as opposed to other cases of the same age group following the start of the vaccination of the LTCF population in week 51. Since week 5, the weekly number of long-term care setting resident cases 70+ years of age has been below 20, while other 70+ years of age cases have been increasing since week 7.

None of the 19 deaths reported provincially during week 12 were associated with an outbreak in a long-term care setting. This compares with a peak of 78 of 112 (70%) deaths associated with a long-term care outbreak in week 51.

<u>Figure 13</u> shows a larger decrease in long-term care setting resident deaths 70+ years of age as compared to deaths in the same age group outside of these settings following the start of the vaccination of the LTCF population in week 51. Since week 6, there have been an average of two deaths per week within these settings, while there has been an average of 16 deaths per week in 70+ years outside these settings.

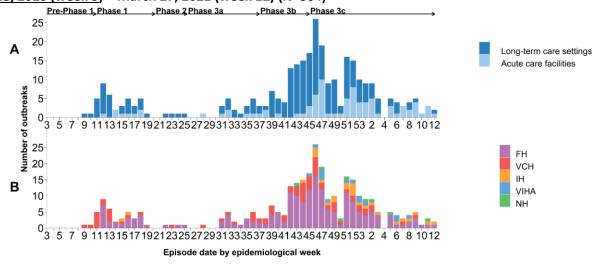
Table 5. COVID-19 care facility^{a,b} outbreaks by earliest case onset^{a,c}, associated cases and deaths by episode date, BC^d

January 15, 2020 (week 3) - March 27, 2021 (week 12) (N=304)

Care facility outbreaks and cases		Cases				Deaths			
y episode date	Outbreaks	Residents	Staff/ other	Unknown	Total	Residents	Staff/ other	Unknown	Total
Week 12, Care Facility Outbreaks	2	17	13	0	30	7	0	0	7
Cumulative, Care Facility Outbreaks	304	3,369	2,220	7	5,596	973	0	0	973

a. New outbreaks reported since the last report with an earliest case onset date prior to the current reporting week will be included in the cumulative care facility outbreak total.

Figure 11. COVID-19 care facility^b outbreaks by earliest case onset^c, facility type (A) and health authority (B), BC^d January 15, 2020 (week 3) – March 27, 2021 (week 12) (N=304)



- b. Care facility settings include acute care or long-term care settings (defined as long-term care facility or assisted living).
- c. Earliest dates of onset of outbreak cases are subject to change as investigations and data are updated.
- d. As of week 46, VCH and FH no longer declare outbreaks with single staff cases unless there is evidence of transmission within the facility.

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Figure 12. COVID-19 long-term care setting resident^a cases (n=2,083) vs other cases (n=5,601) ≥70 years of age, by episode date, BC

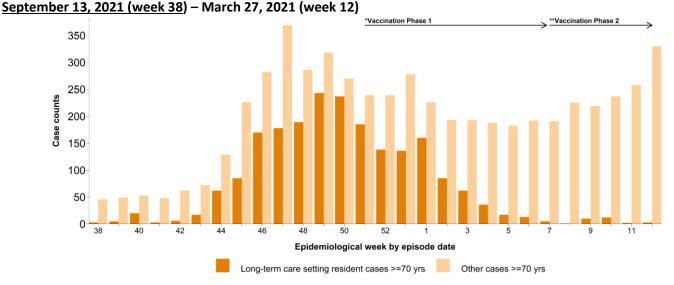
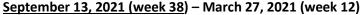
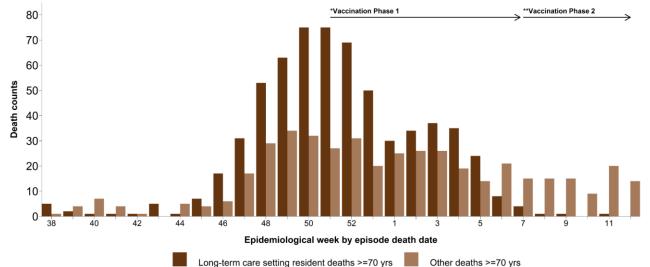


Figure 13. COVID-19 long-term care setting resident^a deaths (n=631) vs other deaths (n=441) ≥70 years of age, by episode death date, BC





^{*}Vaccination Phase 1 (Dec 2020-Feb 2021). Target populations include residents, staff and essential visitors to long-term care settings; individuals assessed and awaiting a long-term care placement; health care workers providing care for COVID-19 patients; and remote and isolated Indigenous communities.

H. Emerging respiratory pathogens update

As of April 6, there were 3,760 cases infected with variants of concern (VOC) (as identified by sequencing) with onset up to week 12 in BC. Of those, 2,837 (75%) were infected with variant B.1.1.7; 872 (23%) were infected with variant P.1; and 51 (1%) were infected with variant B.1.351. Episode dates range from week 51 to week 12. Adults 20-49 years of age comprised 61% of all SARS-CoV-2 VOC cases in BC, and also comprised 1,609 (57%) of the B.1.1.7, 644 (74%) of the P.1 variants and 22 (43%) of the B.1.351 that were detected.

^{**&}lt;u>Vaccination Phase 2 (</u>Feb 2021-present). Target populations include seniors, age ≥80; Indigenous peoples age ≥65 and Indigenous Elders; Indigenous communities; hospital staff, community general practitioners and medical specialists; vulnerable populations in select congregate settings; and staff in community home support and nursing services for seniors. Vaccinations of populations within each phase is staggered depending on vaccine availability and health region.

a. Long-term care setting residents are cases within long-term care or assisted living facilities who were part of reportable outbreaks only; these represent the majority of long-term care setting resident cases.