Coronavirus COVID-19
BC Centre for Disease Control | BC Ministry of Health

Coronavirus Prevention

✅ Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

❌ Avoid touching your eyes, nose, and mouth with unwashed hands.

✅ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

❌ Avoid close contact with people who are sick.

✅ Clean and disinfect frequently touched objects and surfaces.

✅ Stay home when you are sick.

‼️ WEARING A MASK IS NOT AN EFFECTIVE MEASURE TO KEEP YOURSELF SAFE FROM VIRAL INFECTION.