Episodic Overdose Prevention Services (eOPS)

CHECKLIST

1	Check if you are ready to provide eOPS
	You have the training to safely deliver eOPS
	You have drug poisoning response equipment like a take home naloxone ki
	You are able to get emergency help if an accidental drug poisoning happen
	You are in a safe space to witness substance use
	You are comfortable to witness substance use and provide support
	You can follow the person's lead and view the person as the expert of their own health
2	Provide support during substance use
	Agree on a safety plan in case of accidental drug poisoning or prolonged sedation
	Clean your hands and put on appropriate personal protective equipment for exposure concerns
	Provide access to harm reduction supplies
	Ask if they would like information or props for safer substance use
	Properly dispose of sharps
3	Provide support after substance use
	Monitor for at least 20 minutes for signs of accidental drug poisoning
	Respond to accidental drug poisoning and get emergency help if it happens
	Provide care for prolonged sedation if it happens
	Clean and disinfect any surfaces used

Ask if they would like resources or referrals for health or social services

BC Centre for Disease Control
Provincial Health Services Authority

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