Embedding culturally safe practice considerations into the Immunization Skills Checklist

BC Immunization Forum
March 1, 2023
Acknowledgement

Skwxwú7mesh (Squamish)

səl̓ilwətaɬ (Tsleil-Waututh)

x�เขาθəκ̓wəyəm (Musqueam)
BC Immunization Forum 2023
Presentation: **Embedding culturally safe practice considerations into the Immunization Skills Checklist**

Presentation by:
   Bhavna Sharma on behalf of FNHA’s Immunization Support Team

Presenter Disclosure:
- This speaker has no financial relationships with any sponsor and no conflicts of interest to disclose
- No products will be discussed
- Our project received funding from BC Immunization Committee
Since time immemorial

- 10,000+ years
- Economic systems
- Education and training
- Resource management
- Leadership structures
- Languages and cultures
- Health and Wellness
What have Indigenous peoples told us about their experiences with healthcare?
Definitions

Cultural Safety

• Cultural safety is an outcome based on respectful engagement that recognizes and strives to address power imbalances inherent in the healthcare system. It results in an environment free of racism and discrimination, where people feel safe when receiving health care.

Cultural Humility

• Cultural humility is a process of self-reflection to understand personal and systemic biases and to develop and maintain respectful processes and relationships based on mutual trust. Cultural humility involves humbly acknowledging oneself as a learner when it comes to understanding another’s experience.
Cultural Safety, Cultural Humility, and Anti-racism in Immunization Clinics
Immunization Skills Checklist
IMPROVEMENT PROJECT 2022

BCIC-funded project led by FNHA Immunization Team

First Nations Health Authority

LITERATURE REVIEW 2020

INFORMED BY
- TWO EYED SEEING APPROACH
- INDIGENOUS VOICES
- BCOWM PRACTICE STANDARD: INDIGENOUS CULTURAL SAFETY, CULTURAL HUMILITY, AND ANTI-RACISM
- BCPOSC GUIDE: WHAT MATTERS TO INDIGENOUS PATIENT PARTNERS

THE PLAN
- INTEGRATE CULTURAL SAFETY AND HUMILITY IN IMMUNIZATION SKILLS CHECKLIST
- ENSURE CUSTOMIZED, INFORMED, AND RESPECTFUL APPROACHES
- ESTABLISH PARAMETERS AND PROCESS FOR VIRTUAL SIGN-OFF
- SUPPORT IMMUNIZERS TO BE PREPARED TO CREATE SAFE SPACES WITH CLIENTS
- IMPROVE CLIENT CARE AND ACCESS TO IMMUNIZATIONS

WHY?
- SUPPORT IMMUNIZERS TO BE PREPARED TO CREATE SAFE SPACES WITH CLIENTS
- IMPROVE CLIENT CARE AND ACCESS TO IMMUNIZATIONS

THE CHANGES INCLUDE
- SELF-REFLECTION
- LEARNING PLAN
- RELATIONAL PRACTICE
- RESPECTFUL ENGAGEMENT
- EXPLORING HEALTH AND WELLNESS GOALS
- HUMILITY AND LEARNING ABOUT CLIENT EXPERIENCES
- ACCESSIBLE LANGUAGE

RECOMMENDED NEXT STEPS FOR PARTNERS
- OPTION FOR VIRTUAL SIGN-OFF
- STRENGTH-BASED ASSESSMENT
- PROVINCIAL ADAPTATION
- INDIGENOUS CULTURAL SAFETY, HUMILITY, AND ANTI-RACISM

ONGOING CULTURAL SAFETY, HUMILITY, AND ANTI-RACISM EDUCATION AND LEARNING FOR BC'S IMMUNIZERS
Equity and access

THE PLAN

Embed cultural safety and humility in immunization skills checklist

WHY?

Support immunizers to be prepared to create safe spaces with clients

Improve client care and access to immunizations
Immunization Skills Checklist
IMPROVEMENT PROJECT 2022
BCIC-funded project led by FNHA Immunization Team

INFORMED BY

TWO EYED SEEING APPROACH
- INDIGENOUS VOICES

BCCNM PRACTICE STANDARD:
INDIGENOUS CULTURAL SAFETY,
CULTURAL HUMILITY, AND ANTI-RACISM

BCPQSC GUIDE: WHAT
MATTERS TO INDIGENOUS
PATIENT PARTNERS

INPUT FROM:
- ELDER AND KNOWLEDGE KEEPER
- FRONT LINE IMMUNIZERS / PILOT PROJECT
Priority areas identified in practice standard

Self-reflective Practice (It starts with me)

Strengths-based and Trauma-Informed Practice (Looking beneath the surface)

Person-led Care (Relational care)
The changes include:
- Self-reflection
- Learning plan
- Emphasize:
  - Relational practice
  - Respectful engagement
  - Exploring health and wellness goals
  - Humility and learning about client experiences
  - Accessible language
- Option for virtual sign-off
- Strength-based assessment
The changes: Considerations for culturally safe practice
The changes: Considerations for culturally safe practice

- Immunization Skills Checklist

<table>
<thead>
<tr>
<th>Performs appropriate client assessment prior to immunization</th>
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<tbody>
<tr>
<td>• Introduces self, welcomes client and establishes rapport. Respectfully engages with the client to identify, understand, and address the client’s health and wellness goal for the appointment. (Indigenous cultural safety and humility Practice Standard, Principles 5.1-5.2)</td>
</tr>
<tr>
<td>• Identifies any language or literacy barriers and makes appropriate accommodations. Welcomes support person (e.g. family member or interpreter), if available. (Indigenous cultural safety and humility Practice Standard, Principle 4.4)</td>
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<tr>
<td>• Assesses whether the client is comfortable in the environment or whether adjustments are needed (light, sound, etc.) (Indigenous cultural safety and humility Practice Standard, Principle 4.2).</td>
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<tr>
<td>• Obtains permission from client for pre-vaccination assessment. Assess client health status and health history. (Indigenous cultural safety and humility Practice Standard, Principle 6.2)</td>
</tr>
<tr>
<td>• Assesses client’s previous experience with vaccines, if any (e.g. what has worked well in the past to improve the immunization experience). Makes appropriate accommodations. (Indigenous cultural safety and humility Practice Standard, Principle 6.1).</td>
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</tbody>
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The changes: Process

- Immunization Skills Checklist
Provincial implementation

Recommended next steps for partners

Provincial adoption of robust immunization skills checklist

Include cultural safety and humility as an immunization competency for health professionals.

BC CDC • PHAC

Ongoing cultural safety and humility and anti-racism

Education and learning for BC’s immunizers
Thank you

Gayaxsixa (Haiłhqwəɬ)
Huy tseep q’u (Stz’uminus)
Dun’kwu (Haida)
Gilakas’la (Kwakwaka’wakw)
Kleco Kleco (Nuu-Chah-Nulth)
kwuk’stéyp (Nlaka’pamux)
Snachailya (Carrier)

Mussi Cho (Kaska Denā)
Tooyksim niin (Nisga’a)
Kukwstsétsemc (Secwepemc)
čeeχəθec (Ayajuthem)
Sechanalyagh (Tsilhqot’in)
kw’as hoy (Halq̓eméylem)
T’oyaxsim nisim (Gitxsan)