BC has a 24-hour telephone support line for adults and children who have been exposed to drugs or poisons. The lines are staffed with nurses and pharmacists who can help you, your family, and your friends deal with all sorts of emergencies. Call DPIC for:

- Drug and Poison Information Centre (DPIC)
- Don’t guess, be sure. Get help at 1-800-567-8911

DPIC staff will also follow up to make sure you’re ok and to talk you through next steps if you need to see a medical professional.