



PYRIDOXINE (VITAMIN B₆)

Pyridoxine is another name for vitamin B₆. Vitamin B₆ is used to prevent numbing and tingling of the hands or feet sometimes caused by isoniazid or other TB medicines.

When should I take this?

- Take this medicine at the same time every day. This will help you remember to take the medicine.

How should I take this?

- Take as directed by your doctor.

What should I do if I miss a dose?

- If you miss a dose, take that dose as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.
- **You do not need to take a double dose.**

Is there anything I should avoid when taking this?

- Tell your doctor and pharmacist if you are taking any other medicines, including any over-the-counter (non-prescription) products.

What are some possible side effects?

- If you experience persistent numbing or tingling of your hands or feet even after taking the Vitamin B₆, tell your doctor or nurse.
- Advise your doctor or pharmacist if you experience sensitivity to sunlight or changes to your skin and/or muscle movement.

Tell your doctor if you experience any unusual symptoms not mentioned on this handout.

Where should I store this medication?

- Keep away from the reach of children.
- Store at room temperature in a cool, dry place.
- Protect from light.

Where do I call if I have any other questions?

Your doctor, clinic or Public Health Unit:

Vancouver TB Services Clinic:

604-707-2692

New Westminster TB Services Clinic:

604-707-2698

BCCDC Vaccine and Pharmacy Services:

604-707-2580