



# CORONAVIRUS (COVID-19)

British Columbia Centre for Disease Control  
Indigenous KT Working Group  
BC Immunization Forum 2023  
Wednesday, March 1, 2023



BC Centre for Disease Control  
Provincial Health Services Authority



BC Immunization  
Forum 2023

BC  
Immunization  
Forum 2023  
Presenter  
Disclosure

**Harlan Pruden and Melanie Kurrein**

**Relationships with financial sponsors:**

- WE WISH!
- No conflicts of Interests, but statements of relationship (relational accountability)



# Background

In late January, there was a CV-19 outbreak in Tsq'escen' (Canim Lake Community)

# Purpose of Working Group

- To identify priority topics for Indigenous peoples and communities with a focus on prevention and vaccination messaging
- Working group to support content development, engagement and dissemination of new resources

# Members

- Note: membership continues to grow and changes as we are inviting new organizations to join

Name	Role - Organization
David Murphy	BCAAFC (BC Association of Aboriginal Friendship Centres)
Ricki-Lee Jewell	BCAAFC
Noella Horoscoe	BCAAFC
Amanda Porter	BCCDC (BC Centre for Disease Control)
Andrea Boyce	BCCDC
Harlan Pruden (co-chair)	BCCDC
Zahra Abdulla	BCCDC
Melanie Kurrein (co-chair)	BCCDC
Estella Lum	BCCDC
Julienne Jagdeo	BCCDC
Leela Steiner	BCCDC
Leah Boulton-Chaykowski	BCCDC
Adrian MacNair	FNHA (First Nations Health Authority)
Ashley Simpson	FNHA
Shoshannah Greene	Indigenous Artist + Illustrator
Angel Gunn	MNBC (Métis Nation B.C.)
Jillian Jones	MNBC
Sheri Gee	MNBC
Tak Ishikawa	BC Behavioural Insights Group
Steph Wilkie	BC Behavioural Insights Group

# COVID-19 Prevention Messages



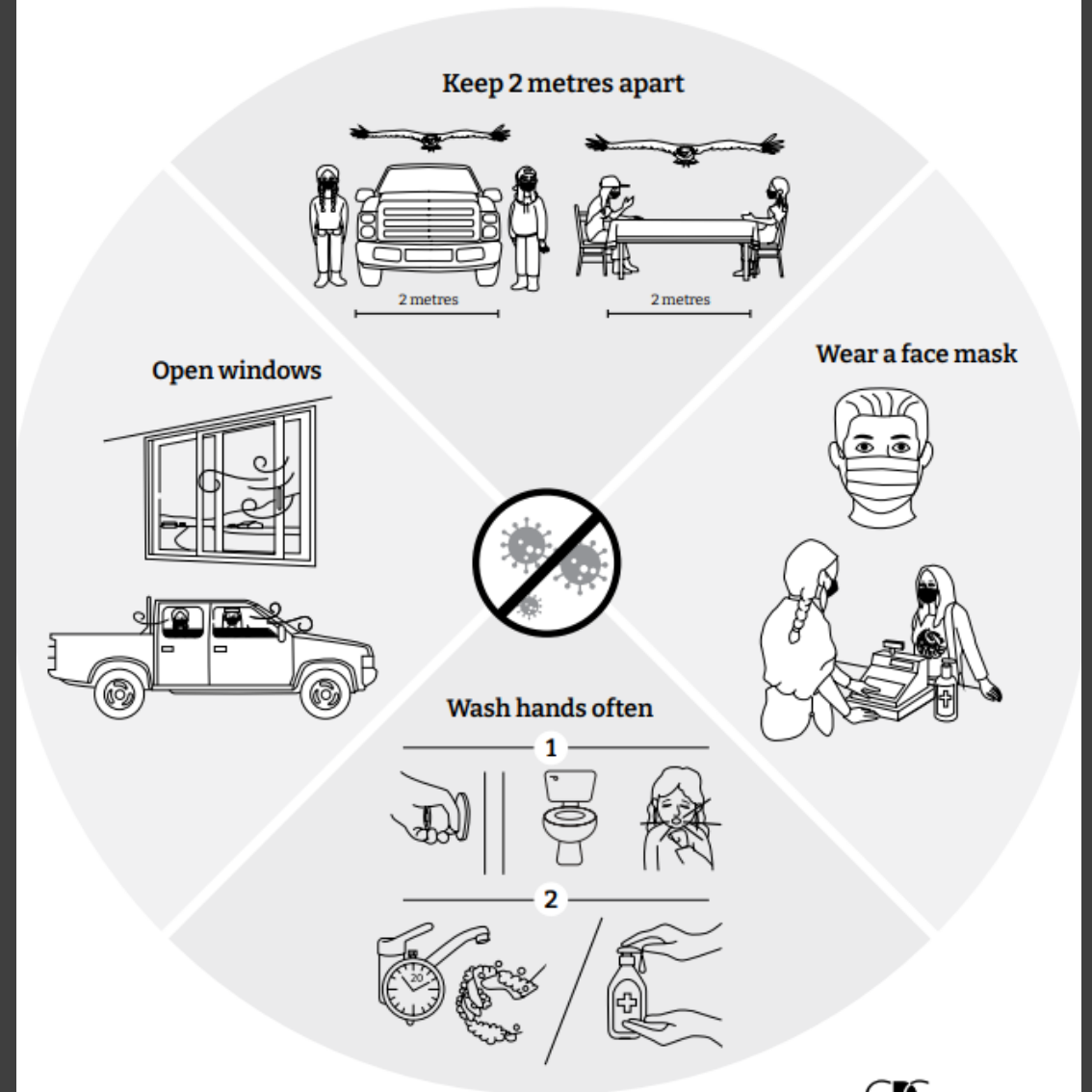
Cover image of "What we heard: Indigenous Peoples and COVID-19," a CPHO Report



# Stop the Spread of COVID-19

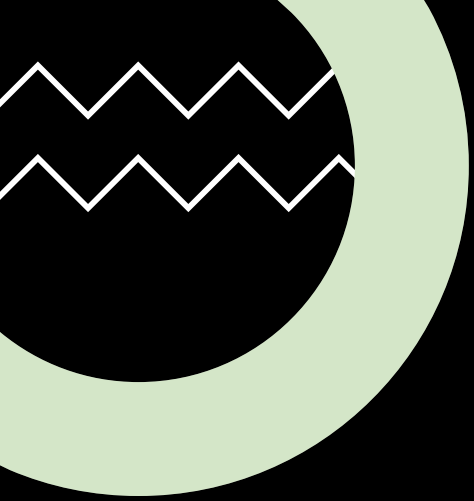
## Resource

# Stop the spread of COVID-19



For more info on COVID-19, visit [www.bccdc.ca](http://www.bccdc.ca)

Questions? Call Healthlink BC at  8-1-1



# COVID-19 Vaccination Messages



Cover image of “What we heard: Indigenous Peoples and COVID-19,” a CPHO Report





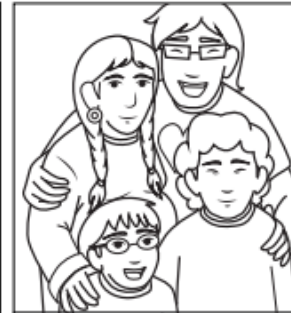
# About Vaccination

# Resource

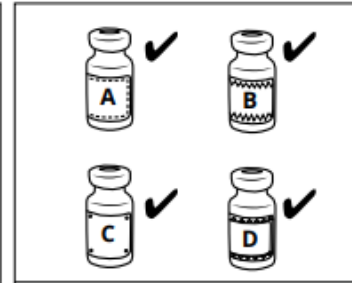
## Protecting communities: COVID-19 vaccination



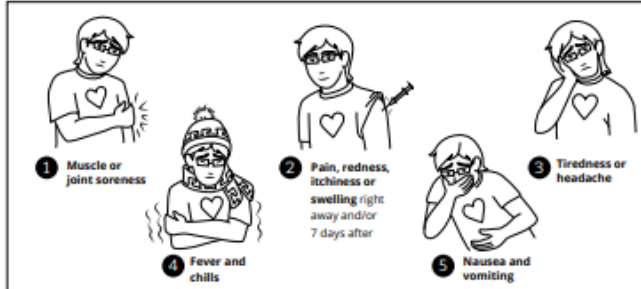
Max has questions about the COVID-19 vaccine. He calls his doctor for more information.



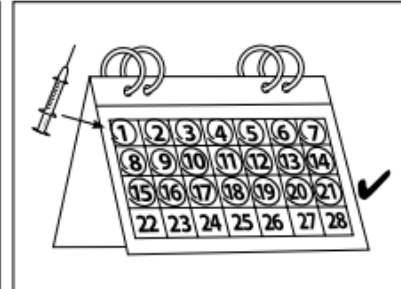
Getting vaccinated will protect Max's family and community.



All of the COVID-19 vaccines will help protect Max from serious illness, hospitalization and death.



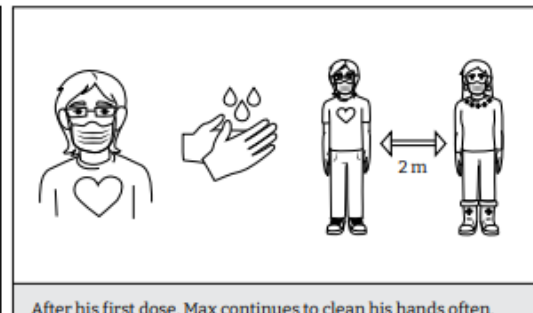
After his 1st or 2nd dose, Max might get side effects that will make him feel sick. If they don't go away after a few days, Max calls his doctor or 8-1-1. **None of the vaccines can give Max COVID-19.**



Max isn't protected right away. It takes 2-3 weeks for his body to build immunity after his vaccine.



The person who gives Max his 1st dose will let him know **how** and **when** he will get his 2nd dose. This can be up to 16 weeks later.



After his first dose, Max continues to clean his hands often, wear a face mask and keep a distance from others. This protects him and his community until everyone is vaccinated.

why it's important to get your second dose of COVID-19 vaccine to protect yourself, your family and your community

Resource

# COVID-19 vaccination

Protecting your community with a 2<sup>nd</sup> dose

The 1<sup>st</sup> dose of the COVID-19 vaccine only protects you part way. The 2<sup>nd</sup> dose gives you the most protection.



One drummer is powerful, but...




The circle is complete and most powerful when all drummers join.

Get the facts about COVID-19 vaccination from trusted sources. Stay safe and healthy.



Questions?

Call Healthlink BC at  8-1-1



The 2<sup>nd</sup> dose makes it harder to spread the virus – so you're protecting yourself, your family AND your community.



Illustration: Shoshannah Greene

Register for your 1<sup>st</sup> or 2<sup>nd</sup> dose at [www.getvaccinated.gov.bc.ca](http://www.getvaccinated.gov.bc.ca)

For more info on COVID-19, visit [www.fnha.ca](http://www.fnha.ca) or [www.bccdc.ca](http://www.bccdc.ca)



Protect your  
community with  
COVID-19 immunity

## COVID-19 Vaccination Promotion

Protecting communities by building immunity: Indigenous physicians share stories about COVID-19 vaccination.



Questions? Call Healthlink BC at 1-877-308-3080  
For more info on COVID-19, visit [www.healthlinkbc.ca](http://www.healthlinkbc.ca)  
[www.nh.ca/covid19info](http://www.nh.ca/covid19info) or [www.mhlb.ca](http://www.mhlb.ca)



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Facebook graphics



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(PRINT)

Protect your  
community with  
COVID-19 immunity

Resource

Protect your community  
with COVID-19 immunity

“Take care of yourself  
so you can take care  
of others. Get your  
COVID-19 vaccine –  
I did.”

**Dr. Kate Elliott**

Métis Nation

*Métis Women BC Chairperson*

*MNBC Minister of Women & Gender Equity*

*MNBC Minister of Mental Health & Addictions*

“When you fly on an airplane, the flight attendant instructs you to put your oxygen mask on first, before helping others. Why is this important? Because if you do not help yourself, you can’t help anyone else. The same is true for the COVID-19 vaccine. In order to care for our families and communities, it is important that we ensure our own safety first.

It’s okay to have questions about the vaccine and the potential side effects. We are here to support you so you can feel confident and safe.”

**Dr. Kate Elliott** | Métis Nation

Questions? Call Healthlink BC at  8-1-1

For more info on COVID-19, visit [www.bccdc.ca](http://www.bccdc.ca),  
[www.fnha.ca/coronavirus](http://www.fnha.ca/coronavirus) or [www.mnbc.ca](http://www.mnbc.ca)



(Social Media)  
Protect your  
community with  
COVID-19 immunity

Resource

Protect your community  
with COVID-19 immunity

“Take care of yourself  
so you can take care  
of others. Get your  
COVID-19 vaccine –  
I did.”

**Dr. Kate Elliott**  
Métis Nation





**Protect your community with COVID-19 immunity**

“I really do believe that vaccines are good medicine, and we have a duty to protect our Elders and children by getting vaccinated.”

**Dr. Terri Aldred** | Tl’Azt’En Nation  
*Medical Director, Primary Care,  
First Nations Health Authority*

“When we do our prayers, when we give thanks and are in ceremony and receive our medicines in a good way, they have the most powerful effect. And it’s the same when we use Western medicine technologies.”

**Dr. Terri Aldred** | Tl’Azt’En Nation

Questions? Call Healthlink BC at **8-1-1**  
For more info on COVID-19, visit [www.bccdc.ca](http://www.bccdc.ca),  
[www.fnha.ca/coronavirus](http://www.fnha.ca/coronavirus) or [www.mnbc.ca](http://www.mnbc.ca)



**(PRINT)**  
Protect your community with COVID-19 immunity  
**Resource**

# (PRINT) Protect your community with COVID-19 immunity

## Resource

Protect  
your  
community  
with COVID-19  
immunity



"I really do believe that vaccines are good medicine, and we have a duty to protect our Elders and children by getting vaccinated."

**Dr. Teri Aldred**  
Tl'Azt'En Nation

"I use my medical training and my understandings of health and wellness to make informed decisions for my own life. I gladly chose to receive the vaccine."

**Dr. Kelsey Louie**  
Tla'Amin Nation



"Take care of yourself so you can take care of others. Get your COVID-19 vaccine – I did."

**Dr. Kate Elliot**  
Métis Nation



"You have a choice to take the vaccine when it is available to you. I, for one, will be rolling up my sleeve when it is my turn to be vaccinated."

**Dr. Nel Wieman**  
Little Grand Rapids First Nation  
Anishinaabe Nation

"I'm not just a doctor, I'm also a wife, a mother, and a grandmother. I got vaccinated to protect my community."

**Dr. Shannon McDonald**  
Métis/Anishinaabe



Questions? Call Healthlink BC at 8-1-1

For more info on COVID-19, visit [www.bccdc.ca](http://www.bccdc.ca),  
[www.fnha.ca/coronavirus](http://www.fnha.ca/coronavirus) or [www.mnbc.ca](http://www.mnbc.ca)



Tk'emlúps te  
Secwépemc

Billboard

Vaccines are  
good medicine.  
Protect your  
community.

**Dr. Terri Aldred**  
Medical Director, Primary Care  
First Nations Health Authority  
Tl'Azt'En Nation

First Nations Health Authority  
Health through wellness

TK'EMLÚPS  
TE SECWÉPEMC

Q'wemtsín  
HEALTH SOCIETY

BC Centre for Disease Control  
Prevent. Protect. Promote.

PATTISON  
91791



# Pregnancy & COVID-19 Vaccination

## Resource

### Pregnancy and COVID-19 vaccination



Emma wants to visit Kokum, but has not been vaccinated yet. Kokum asks, "Why?"



Emma explains, "I want children and I'm not sure how safe the vaccines are if I'm pregnant."



"My friends are also wondering because some of them are pregnant."



As of October 2021, there has been no evidence that vaccines cause harm to either the baby or the pregnant person.

"I talked to my doctor and she said it's actually safer for you and your baby if you get vaccinated. People who are pregnant are more likely to have a serious case of COVID-19."



"If you get vaccinated, you can pass on COVID-19 protection to your baby if you breast or chest feed them."



"You and your baby would be safer if you got a COVID-19 vaccine. The best way to protect and grow our community is for everyone to get vaccinated."



Visit [www.bccdc.ca](http://www.bccdc.ca) or talk to your health care provider for more vaccine information.

Illustration: Shoohannah Greene

# Feeling Sick?

# Stop the spread

# Resource

## Feeling sick? Stop the spread



Lots of people are getting sick this season. It could be a cold, the flu, or COVID-19. If you're not feeling well – no matter what virus you have – help stop the spread.

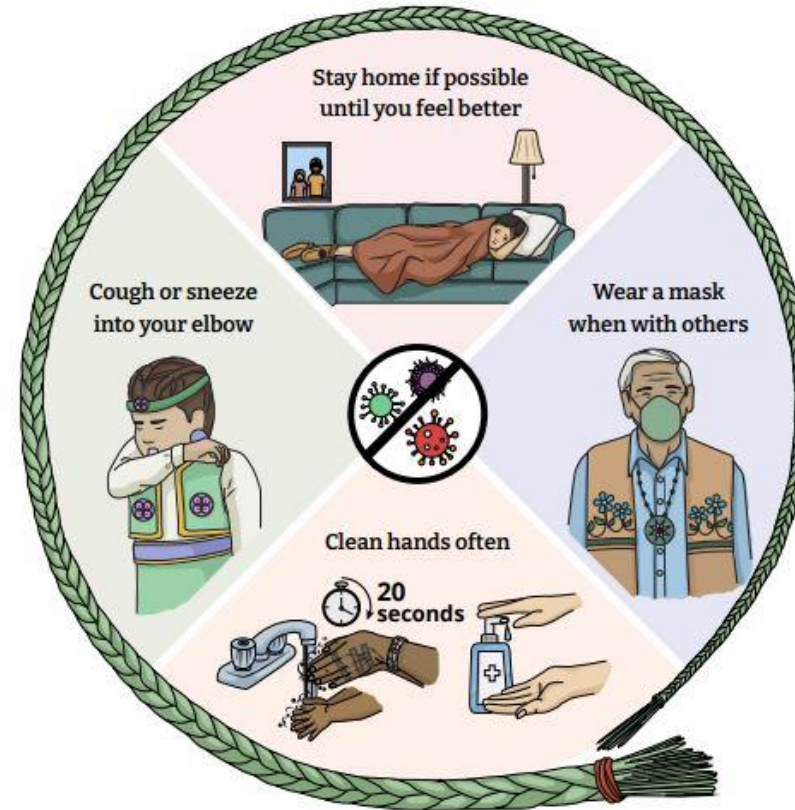


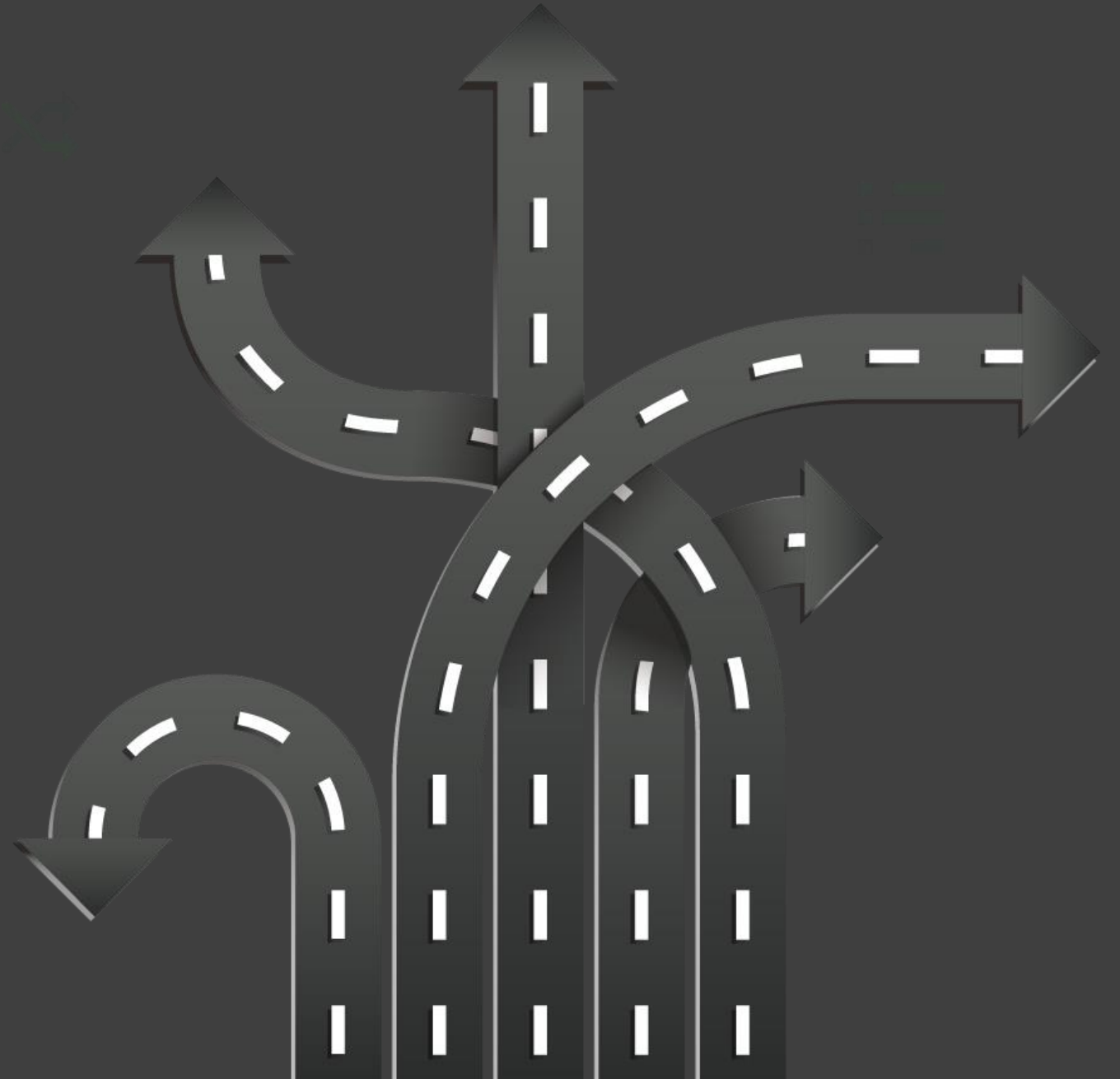
Illustration: Shoshannah Greene

**Keep up to date with your vaccines.**

Check with your healthcare provider for more information.



Where is  
IKTWG going?



# Pathways to healing from pandemic stress and loss

## Resource

### Pathways to healing from pandemic stress and loss



Max feels sad and empty. Max has little energy to do anything and can't sleep well. Max talks to Kookum about it.

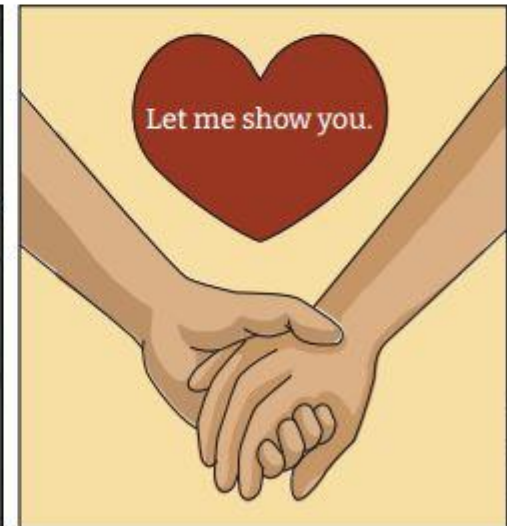


Illustration: Shoshannah Griggs

# Mpox (monkeypox)

# Resource

## What is Monkeypox (Mpox)?

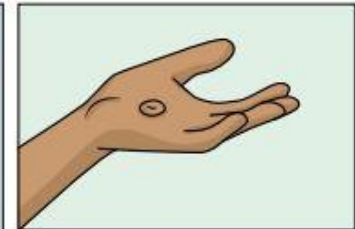
Part 1 of a 3-part series



Alex tells Taylor, "I've been hearing there's Monkeypox going around."



"Do you know what that is?"



"I've heard it's a virus. You can get sores on your skin from it. It starts as a red spot, then turns into a bump that looks like a pimple."



Skin lesions

"Some people only get one sore, while others can get a lot. They can show up anywhere on your body."



Body aches or pain



Chills



Fever



Feeling tired

"It can also make you feel like you have the flu. You can get one, some or all of these symptoms. People can experience symptoms differently. Some people may barely feel them while others can get very sick"



"If you get Monkeypox, it lasts about 21 days. You don't need to isolate, but you need to be careful not to spread it to others by covering your sores and wearing a mask."



"It's good to know what symptoms to watch out for." For information on Monkeypox (Mpox) and the vaccine, contact **HealthLink BC** or call **8-1-1**.

Continue to Part 2: How does Monkeypox (Mpox) spread?



- Our work and how we work is informed by Indigenous ways of knowing, doing and being
- Emphasis on context of the lived or living experience of Indigenous peoples
- We are a working group of and for Reconcila(c)tion,
- The working group is building trust while sharing (health) info
- Listening to communities and meeting communities where they are
- The importance of partnership and collaboration:
  - FNHA
  - MNBC
  - BCAAFC
  - BC Patient Safety and Quality Council
  - Tk'emlúps te Secwépemc Band
  - Chee Mamuk staff and network
  - Health Canada(?)
- Hyper attentiveness to content priorities, language and accessibility, so information is timely, accurate and culturally relevant
- Open to possibilities and not tied to one's position(s), agenda or outcome



Artist Credit  
Corey Bulpitt (Haida)

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Melanie Kurrein – [Melanie.Kurrein@bccdc.ca](mailto:Melanie.Kurrein@bccdc.ca)